

Medicinal Plant Spread Sheet

Scientific Name	Common Name	Medicinal Uses	Tribe	Oklahoma Counties	East/ West of Miss. River	Citation	Note
Galium boreale L. (Galium circaezans Michx. var. circaezans)	Northern Bedstraw (USDA - Licorice Bedstraw)	Abortifacient; Contraceptive; Diaphoretic; Diuretic	Choctaw	Bryan, Caddo, Cherokee, Cleveland, Latimer, Le Flore, McCurtain, Muskogee	East & West	Campbell, T.N. "Medicinal Plants," 41, p. 286-287	
Verbesina virginica L.	White Crownbeard	Abortifacient; Diuretic; Gynecological aid; Stimulant; Venereal aid;	Chickasaw	Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Tulsa, Wagoner, Washington, Woodward	East & West	Campbell, T.N. "Medicinal Plants," 41, p. 289	

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Verbesina virginica L.	White Crownbeard	Febrifuge	Choctaw	Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Tulsa, Wagoner, Washington, Woodward	East & West	Bushnell, "The Choctaw of Bayou Lacomb," p. 23; Taylor, "Plants Used," p. 18.	referred in Cho Disser: source
Verbesina virginica L.	White Crownbeard	Analgesic; Antirheumatic; Ceremonial medicine; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Laxative; Oral aid; Urinary aid	Seminole	Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa,	East & West	Sturtevant, "The Mikasuki Seminole," p. 162, 167, 198, 203, 209, 276, 283	

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Polygonum aviculare L.	Prostrate Knotweed	Gynecological aid (to prevent abortion)	Choctaw	Adair, Alfalfa, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Dewey, Ellis, Garfield, Garvin, Grady, Hughes, Kay, Kingfisher, Lincoln, Logan, Major, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Noble, Nowata, Osfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Texas, Tulsa, Wagoner, Washtington, Woods, Woodward	East & West	Campbell, "Medicinal Plants," 41 p. 286	
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Polygonum aviculare L.	Prostrate Knotweed	Analgesic; Antidiarrheal; Dermatological Aid; Poultice; Pediatric Aid; Poison; Urinary Aid	Cherokee	Adair, Alfalfa, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Dewey, Ellis, Garfield, Garvin, Grady, Hughes, Kay, Kingfisher, Lincoln, Logan, Major, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Noble, Nowata, Osfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Texas, Tulsa, Wagoner, Washtington, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)	
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Ulmus americana L.	American Elm	Analgesic; Gynecological aid	Choctaw	Beaver, Beckham, Blaine, Ottawa, Delaware, Adair, Cherokee, Choctaw, Sequoyah, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Mayes, Nowata, Tulsa, Creek, Payne, Atoka, Bryan, Marshall, Love, Carter, Murray, Garvin, McClain, Cleveland, Oklahoma, Canadian, Grady, Comanche, Coal, Caddo, Cotton, Craig, Blaine, Major, Alfalfa, Woodward, Dewey, Custer, Washita, Kiowa, Greer, Harmon, Roger Mills, Ellis, Garfield, Grady, Grant, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Logan, McIntosh, Noble, Okfuskee, Okmulgee, Osage, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Rogers, Stephens, Tillman, Wagoner, Washington, Woods, Washita	East & West	Taylor, "Plants Used," p. 18.	
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Adiantum pedatum L.	Northern Maidenhair (Maidenhair-Fern per Banks; Hamel)	Respiratory aid (asthma); Antirheumatic; Emetic; Febrifuge; Heart Medicine; Other	Cherokee	Ottawa, Adair, Delaware, Grady, Sequoyah, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Pittsburg, Atoka, Bryan, Marshall, Love, Murray, Cleveland, Canadian, Caddo, Comanche	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 3); Mooney, "Sacred Formulas of the Cherokees," (pg. 326 & 350); Mooney "The Swimmer Manuscript" (p. 228); Hamel and Chiltoskey, Cherokee Plants, (p. 8, 34); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Taylor, "Plants Used," (p. 3)	
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Allium sativum L.	Cultivated Garlic	Respiratory aid (asthma); Carminative; Cathartic; Diuretic; Ear Medicine; Expectorant; Kidney aid; Pediatric aid; Pulmonary aid; Stimulant	Cherokee	Cleveland, Delaware, Grady, Oklahoma, Osage, Pawnee, Payne, Seminole, Washington per OK Vascular	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 35	
Allium vineale L.	Wild Garlic	Respiratory aid (asthma); Carminative; Cathartic; Diuretic; Ear Medicine; Expectorant; Kidney aid; Pediatric aid; Pulmonary aid; Stimulant	Cherokee	Adair, Cherokee, Delaware, Le Flore, Logan, Muskogee, Oklahoma, Osage, Ottawa, Payne, Sequoyah	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 35	

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Anthemiscotula L.	Stinking Chamomile	Respiratory aid (asthma); Analgesic; Anticonvulsive; Antirheumatic (internal); Dermatological aid; Diaphoretic; Emetic; Febrifuge; Kidney aid; Sedative; Tonic	Cherokee	Adair, Atoka, Delaware, Mayes, Cherokee, Garfield, Jackson, LeFlore, McCurtain, Choctaw, Pushmataha, Latimer, Haskell, Muskogee, Tulsa, Bryan, Pittsburg, Hughes, Murray, Cleveland, Blaine, Oklahoma, Payne, Sequoyah,	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 32	
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Apocynum cannabinum L.	Indian hemp	Respiratory aid (asthma); Abortifacient; Antirheumatic (internal); Cough medicine; Dermatological aid; Kidney aid; Pulmonary aid;	Cherokee	Adair, Atoka, Blaine, Bryan, Delaware, Cherokee, Choctaw, Cimarron, Coal, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Sequoyah, Haskell, Muskogee, McIntosh, Tulsa, Washington, Osage, Pawnee, Payne, Lincoln, Pottawatomie, Johnston, Marshall, Carter, Murray, McClain, Cleveland Oklahoma, Logan, Grant, Garfield, Kingfisher, Canadian, Grady, Comanche, Caddo, Major, Alfalfa, Woods, Woodward, Beaver, Custer, Roger Mills, Beckham, Greer, Harmon, Harper, Jefferson, Johnston, Kay, Kiowa, Le Flore, Love, Mayes, McIntosh, Noble, Nowata, Osfuskee, Okmulgee, Ottawa, Pittsburg, Pontotoc, Rogers, Seminole, Stephens, Texas, Tillman, Wagoner, Washita,	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 104, 105); Hamel and Chiltoskey, Cherokee Plants, p. 38	
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Brassica napus L.	Rape	Respiratory aid (asthma); Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Stimulant; Tonic	Cherokee	Cleveland, Kay, Oklahoma, Payne, Sequoyah	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 46	
Brassica nigra (L.) W.D.J. Koch	Black Mustard	Respiratory aid (asthma); Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Stimulant; Tonic	Cherokee	Adair, Carter, Cleveland, Craig, Delaware, Le Flore, Tulsa, Bryan, Grady, Kay, Lincoln, Oklahoma, Osage, Payne, Pushmataha, Woods	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 46	
Conyza canadensis var. canadensis	Canadian Horseweed	Respiratory aid (asthma); Cold remedy; Cough medicine; Love medicine;	Seminole	Bryan, Caddo, Cherokee, Cimarron, Cleveland, Comanche, Craig, Custer, Garfield, Garvin, Latimer, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Texas, Washington, Woodward	East & West	Sturtevant, "The Mikasuki Seminole," p. 279, 401	

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Datura stramonium L.	Jimsonweed	Respiratory aid (asthma); Dermatological aid	Cherokee	Atoka, Beaver, Bryan, Caddo, Canadian, Cherokee, Coal, Creek, Delaware, Ellis, Ottawa, Le Flore, McCurtain, Muskogee, Tulsa, Kay, Payne, Pottawatomie, Murray, Marshall, Bryan, Kay, Lincoln, Logan, Oklahoma, Cleveland McClain, Grady, Greer, Johnston, Blaine, Custer, Woods, Texas, Cimarron, Okmulgee, Osage, Pawnee, Pushmataha, Rogers, Woods	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 114); Hamel and Chiltoskey, Cherokee Plants, p. 41	
Galium circaezans Michx.	Licorice Bedstraw	Respiratory aid (asthma); Cough medicine; Expectorant; Throat aid	Cherokee	Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Cleveland, Coal, Comanche, Delaware, Grady, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Tulsa, Wagoner, Washington, Woodward	East & West	Hamel and Chiltoskey, Cherokee Plants, (p. 43)	

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<p>Pseudognaphalium obtusifolium ssp. Obtusifolium (gnaphalium obtusifolium per Hamel)</p>	<p>Rabbit Tobacco (catfoot per Banks)</p>	<p>Respiratory aid (asthma); Analgesic; Antirheumatic; Cold remedy; Cough medicine; Misc. disease remedy; Oral aid; Orthopedic aid; Throat aid</p>	<p>Cherokee</p>	<p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 129); Mooney "The Swimmer Manuscript" (p. 207, 262); Hamel and Chiltoskey, Cherokee Plants, (p. 51, 52); Taylor, "Plants Used," (p. 61)</p>	
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<p>Pseudognaphalium obtusifolium ssp. Obtusifolium</p>	<p>Rabbit Tobacco</p>	<p>Analgesic; Cold remedy; Pulmonary aid</p>	<p>Choctaw</p>	<p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p>	<p>East & West</p>	<p>Bushnell, "The Choctaw of Bayou Lacomb," p. 24; Taylor, "Plants Used" p. 61; Swanton, "Religious Beliefs," p. 237; Taylor, "Plants Used," (p. 61)</p>	
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<p>Pseudognaphalium obtusifolium ssp. Obtusifolium</p>	<p>Rabbit Tobacco</p>	<p>Adjuvant; Antiemetic; Cold remedy; Misc. disease remedy (Munps); Psychological aid; Sedative; Witchcraft medicine</p>	<p>Creek (Alabama)</p>	<p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p>	<p>East & West</p>	<p>Swanton, "Religious Beliefs," p. 661(?), 663, 664; Taylor, "Plants Used," (p. 61)</p>	<p>Swanton page 6 talks about tobacco not clear it is rabbit tobacco Pages 663, 664 are listed as Alabar medicinal</p>
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<p>Stillingia sylvatica L. ssp. Sylvatica</p>	<p>Queen's- delight</p>	<p>Astringent; Venereal aid</p>	<p>Cherokee</p>	<p>Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Choctaw, Cleveland, Comanche, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harper, Jackson, Johnston, Kay, Kiowa, Le Flore, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Washita, Woods, Woodard</p>	<p>East & West</p>	<p>Ina S. Dowdy (Cherokee), May 10, 1937, IPH 25, p. 320; Hamel and Chiltoskey, Cherokee Plants p. 51</p>	
<p>Stillingia sylvatica L. ssp. Sylvatica</p>	<p>Queen's- delight</p>	<p>"Bird sickness" - diarrhea, vomiting, & appetite loss</p>	<p>Seminole</p>	<p>Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Choctaw, Cleveland, Comanche, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harper, Jackson, Johnston, Kay, Kiowa, Le Flore, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Washita, Woods, Woodard</p>	<p>East & West</p>	<p>Sturtevant, "The Mikasuki Seminole," p. 234, 275</p>	

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Angelica sp. (L.)	Angelica	Orthopedic aid (back pain); Sedative; Pediatric aid/Anthelmintic (roots given to children as vermifuge); Gastrointestinal aid; Carinative; Analgesic	Creek	Adair, Cherokee, Choctaw, Delaware, Johnston, Le Flore, McCurtain	East & West	Swanton, "Religious Beliefs," p. 657	
Salix sp. (L)	Willow	Gastrointestinal aid; Antiemetic; Antirheumatic; Dermatological aid; Emetic; Febrifuge; Kidney aid; Misc. Disease Remedy (Malaria, Biliousness, Dropsy); Venereal aid (Clap)	Creek	All counties	East & West	Swanton, "Religious Beliefs," (p. 655, 659); Taylor, "Plants Used," (p. 12)	
Salix sp. (L)	Willow	Analgesic; Antidiarrheal; Hemostat	Chickasaw	All counties	East & West	Taylor, "Plants Used," (p. 22)	

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<p>Alnus serrulata (Ait.) Willd.</p>	<p>Hazel Alder (red, smooth, tag)</p>	<p>Gastrointestinal aid; Analgesic; Blood medicine; Cathartic; Cough medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gynecological aid; Heart medicine; Hemorrhoid remedy; Hypotensive; Kidney aid; Oral aid; Orthopedic aid; Pediatic aid; Toothache remedy; Urinary aid;</p>	<p>Cherokee</p>	<p>Atoka, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, Lok up, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 22, 27, 31, 47, 64, 67, 104); Mooney "The Swimmer Manuscript" (p. 185, 216, 218, 219, 246, 257, 298, 308); Hamel and Chiltoskey, Cherokee Plants, (p. 22)</p>	
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Platanus occidentalis L.	American Sycamore (sycamore), big mulberry, buttonwood per Hamel)	Abortifacient; Antidiarrheal; Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Misc. Disease Remedy (Measles); Other; Pediatric aid; Urinary aid	Cherokee	Bryan, Caddo, Canadian, Choctaw, Coal, Creek, Custer, Haskell, Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Washington, Tulsa, Pawnee, Kay, Payne, McIntosh, Pittsburg, Atoka, Mayes, McClain, Marshall, McIntosh, Love, Murray, Cleveland, Hughes, Johnston, Carter, Garvin, McCain, Grady, Oklahoma, Okmulgee, Pottwatomie, Seminole, Blaine, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Woods	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 17, 32, 58, 59, 81, 86, 90); Mooney "The Swimmer Manuscript" (p. 200, 244, 246, 298); Hamel and Chiltoskey, Cherokee Plants, (p. 58); Taylor, "Plants Used," (p. 26)	
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Platanus occidentalis L.	American Sycamore	Tuberculosis remedy	Creek	Bryan, Caddo, Canadian, Choctaw, Coal, Creek, Custer, Haskell, Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Washington, Tulsa, Pawnee, Kay, Payne, McIntosh, Pittsburg, Atoka, Mayes, McClain, Marshall, McIntosh, Love, Murray, Cleveland, Hughes, Johnston, Carter, Garvin, McCain, Grady, Oklahoma, Okmulgee, Pottwatomie, Seminole, Blaine, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Woods	East & West	Taylor, "Plants Used," (p. 26); Swanton, "Religious Beliefs," (p. 659)	
Prunus cerasus L.	Sour Cherry	Gastrointestinal aid; Blood medicine; Cold remedy; Cough Medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid;	Cherokee	Cleveland, Grady, Le Flore	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 28, 29	

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Prunus serotina Ehrh.	Black Cherry	Gastrointestinal aid (indigestion, biliousness, jaundice); Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid;	Cherokee	Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Haskell, Cherokee, Mayes, Craig, Nowata, Pittsburg, Bryan, Osage, Tulsa, Creek, Okfuskee, Hughes, Seminole, Pontotoc, Lincoln, Carter, Choctaw, Coal, Craig, Creek, Murray, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 26, 28, 31, 47, 52, 63, 64, 96, 97, 104); Mooney "The Swimmer Manuscript" (p. 170); Hamel and Chiltoskey, Cherokee Plants, (p. 28, 29); Taylor, "Plants Used," (p. 28); Witthoft, "Early Cherokee Ethnobotanical" (p. 74)	
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Prunus virginiana L.	Common Chokecherry	Gastrointestinal aid; Blood medicine; Cold remedy; Cough Medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid;	Cherokee	Cimarron, Harper, Comanche, Oklahoma	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 64, 65); Mooney "The Swimmer Manuscript" (p. 170, 199, 277, 298); Hamel and Chiltoskey, Cherokee Plants, (p. 28, 29); Taylor, "Plants Used," (p. 28);	
Ceanothus sp.	California Lilac	Antihemorrhagic - decoction of roots taken in small doses for lung hemorrhage	Choctaw			Bushnell, "The Choctaw of Bayou Lacombe," (p. 24)	Referr as "red in Cho Disser: resourc nk sho error o USDA could r tell wh variety

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Aruncus dioicus (Walt.) Fern.	Bride's Feathers	Gynecological aid; Dermatological aid; Eye medicine; Orthopedic aid; Urinary aid	Cherokee	Delaware & Cherokee	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 60); Hamel and Chiltoskey, Cherokee Plants, (p. 36)	
Euphorbia corollata L.	Flowering Spurge	Gynecological aid; Cancer treatment; Cathartic; Dermatological aid; Pediatric aid; Toothache remedy; Urinary aid; Venereal aid;	Cherokee	Start of OK Vascular Counties: Adair, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Delaware, Garfield, Garvin, Grady, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Look Up, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pontotoc, Potawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 77, 78); Mooney "The Swimmer Manuscript" (p. 180, 307); Hamel and Chiltoskey, Cherokee Plants, (p. 45); Taylor, "Plants Used," (p. 35)	

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Panax quinquefolius L.	American Ginseng	Dermatological aid; Hemostat; Diaphoretic, Febrifuge; Pulmonary aid	Creek	Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa	East & West	Taylor, "Plants Used" (p. 44); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 656)	
Panax quinquefolius L.	American Ginseng	Antirheumatic; Dermatological aid; Love medicine; Unspecified; Pediatric aid; Respiratory aid; Sedative; Tonic; Witchcraft medicine	Seminole	Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa	East & West	Sturtevant, "The Mikasuki Seminole," (p. 158, 161, 164, 193, 221, 243, 278, 302, 318, 394, 401, 422)	

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Panax quinquefolius L.	American Ginseng	Analgesic; Anticonvulsive; Expectorant; Gastorintestinal aid; Gynecological aid; Oral aid; Other; Tonic	Cherokee	Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 93); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Hamel and Chiltoskey, Cherokee Plants, (p. 45); Taylor, "Plants Used," (p. 36)	
Berchemia scandens (Hill) K. Koch	Alabama Supplejac k	Blood medicine - plant used for the blood; Tonic	Choctaw	Atoka, Bryan, Cherokee, Choctaw, Coal, Haskell, Johnston, Latimer, Le Flore, Look up, Love, Marshall, McCurtain, Murray, Muskogee, Pontotoc, Pushmataha, Sequoyah	East & West	Taylor, "Plants Used," (p. 40)	
Berchemia scandens (Hill) K. Koch	Alabama Supplejac k	Other - complex infusion of stems taken for chronic conditions	Seminole	Atoka, Bryan, Cherokee, Choctaw, Coal, Haskell, Johnston, Latimer, Le Flore, Look up, Love, Marshall, McCurtain, Murray, Muskogee, Pontotoc, Pushmataha, Sequoyah	East & West	Sturtevant, "The Mikasuki Seminole," (p. 272)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Sassafras albidum (Nutt.) Nees	Sassafras	Blood medicine; Misc. disease remedy (Measles)	Choctaw	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Taylor, "Plants Used," (p. 24)	
Sassafras albidum (Nutt.) Nees	Sassafras	Anthelmintic; Antidiarrheal; Blood medicine; Cold remedy; Dermatological aid; Eye medicine; Misc. disease remedy - taken for ague; Oral aid; Pediatric aid; Venereal aid	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 53); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Hamel and Chiltoskey, Cherokee Plants, (p. 54); Taylor, "Plants Used," (p. 24); Perry, "Food Use of Wild Plants", (p. 44)	

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Medicinal Plant Spread Sheet

Sassafras albidum (Nutt.) Nees	Sassafras	Unspecified - plant used for unspecified medicinal purpose	Creek	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Swanton, "Religious Beliefs," (p. 661)	
Sassafras albidum (Nutt.) Nees	Sassafras	Analgesic; Antidiarrheal; Antiemetic; Cathartic; Ceremonial medicine; Cold remedy; Cough medicine; Dermatological aid; Dietary aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Laxative; Oral aid; Other; Pediatric aid; Throat aid; Urinary aid;	Seminole	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Sturtevant, "The Mikasuki Seminole," (p. 158, 161, 164, 167, 188, 218, 219, 220, 222, 224, 225, 227, 228, 275, 281, 306, 307)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Lindera benzoin var. benzoin ((L.) Blume)	Northern Spicebush	Analgesic; Diaphoretic; Emetic; Herbal Steam	Creek	Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner	East & West	Swanton, "Religious Beliefs," (p. 655, 657; 663)	Swanton refers to it as "spicebush" (Benzoin aestiva)
Lindera benzoin var. benzoin ((L.) Blume)	Northern Spicebush (allspice tree, spicewood)	Abortifacient; Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Misc. disease remedy (Measles); Pulmonary aid; Respiratory aid; Tonic	Cherokee	Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 52, 53, 58, 64; 96); Hamel and Chiltoskey, Cherokee Plants, (p. 56)	
Agrimonia gryposepala Wallr.	Tall Hairy Agrimony	Antidiarrheal; Blood medicine; Dermatological aid (pox); Dietary aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Pediatric aid;	Cherokee	Delaware only (also not on USDA map)	East & West	Hamel and Chiltoskey, Cherokee Plants," (p. 22)	

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Medicinal Plant Spread Sheet

Agrimonia parviflora Ait.	Harvestlic e	Antidiarrheal; Blood medicine; Dermatological aid (pox); Dietary aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Pediatic aid	Cherokee	Adair, Bryan, Cherokee, Choctaw, Cleveland, Comanche, Craig, Delaware, Grady, Kiowa, Latimer, Marshall, Mayes, McCurtain, Okfuskee, Oklahoma, Osage, Rogers, Stephens, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 59, 60); Mooney "The Swimmer Manuscript" (p. 274); Hamel and Chiltoskey, Cherokee Plants,(p. 22)	
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Medicinal Plant Spread Sheet

Asarum canadense L.	Canadian Wildginger	Abortifacient; Analgesic; Anthelmintic; Antidiarrheal; Blood medicine; Breast treatment; Cold remedy; Cough medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Gynecological aid; Heart medicine; Misc. disease remedy; Sedative; Stimulant	Cherokee	Adair, Cherokee, Delaware, Look Up, Mayes, McCurtain, Murray, Ottawa, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 28, 47, 64); Mooney "The Swimmer Manuscript" (p. 209, 252); Hamel and Chiltoskey, Cherokee Plants, (p. 35, 36); Taylor, "Plants Used," (p. 21)	
Barbarea vulgaris Ait. f.	Garden Yellowrocket	Blood medicine - cooked salad eaten to purify blood	Cherokee	Adair, Cherokee, Cleveland, Craig, Delaware, Muskogee, Oklahoma, Osage, Ottawa, Sequoyah,	East & West	Hamel and Chiltoskey, Cherokee Plants, (p. 31)	

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Medicinal Plant Spread Sheet

Bignonia capreolata L.	Crossvine	Blood medicine - infusion of leaf taken to purify blood/used to cleanse blood	Cherokee	Choctaw & McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119); Hamel and Chiltoskey, Cherokee Plants, (p. 31); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	
Bignonia capreolata L.	Crossvine	Kidney aid - decoction of mashed bark used as a steambath for dropsy	Choctaw	Choctaw & McCurtain	East & West	Taylor, "Plants Used," (p. 23, 28, 57, 58)	
Bignonia capreolata L.	Crossvine	Unspecified - plant used medicinally for unspecified purpose	Creek	Choctaw & McCurtain	East & West	Swanton, "Religious Beliefs," (p. 670)	

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Medicinal Plant Spread Sheet

<p>Cornus florida L.</p>	<p>Flowering Dogwood</p>	<p>Analgesic; Anthelmintic; Antidiarrheal; Antidote; Blood medicine; Dermatological aid; Diaphoretic; Disinfectant; Febrifuge; Gastrointestinal aid; Gynecological aid; Misc. disease remedy (Measles); Pediatric aid; Stimulant; Throat aid; Tonic; Poultice</p>	<p>Cherokee</p>	<p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Coal, Comanche, Craig, Creek, Delaware, Haskell Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Okmulgee, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 52, 64, 96); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Mooney "The Swimmer Manuscript" (p. 199, 283); Taylor, "Plants Used," (p. 46); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey, Cherokee Plants, (p. 32)</p>	
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Medicinal Plant Spread Sheet

Goodyera pubescens (Willd.) R. Br. ex Ait. f.	Downy Rattlesnake Plantain	Blood medicine; Burn dressing; Cold remedy; Dietary aid; Emetic; Eye medicine; Kidney aid; Toothache remedy	Cherokee	Le Flore & McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 22, 28, 31, 47, 64); Hamel and Chiltoskey, Cherokee Plants, p. 50	
Ostrya virginiana (P. Mill.) K. Koch	(Eastern) Hophornbeam	Blood medicine; Orthopedic aid; Toothache remedy	Cherokee	Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Okmulgee, Osage, Ottawa, Pushmataha, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 30; 51); Hamel and Chiltoskey, Cherokee Plants, (p. 39)	

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Medicinal Plant Spread Sheet

Oxalis corniculata L.	Creeping Woodsorr el	Anthelmintic; Antiemetic; Blood medicine; Cancer treatment; Dermatological aid; Oral aid; Pediatric aid; Throat aid	Cherokee	Alfalfa, Atoka, Beckham, Bryan, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Jackson, Hefferson, Johnston, Kay, Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Texas, Tillman, Tulsa, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey, Cherokee Plants, (p. 56)	
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Medicinal Plant Spread Sheet

Phytolacca americana L.	American Pokeweed	Antirheumatic (internal); Blood medicine; Dermatological aid; Febrifuge; Kidney aid; Laxative; Other; Poison; Unspecified	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 42); Hamel and Chiltoskey, Cherokee Plants, (p. 50)	
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Medicinal Plant Spread Sheet

Phytolacca americana L.	American Pokeweed	Analgesic & Antirheumatic	Seminole	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 50; Witthoft, John 1977 Cherokee Indian Use of Potherbs. Journal of Cherokee Studies 2(2):250-255 (p. 251); Perry, Myra Jean 1975 Food Use of "Wild" Plants by Cherokee Indians. The University of Tennessee, M.S. Thesis (p. 51)	
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Medicinal Plant Spread Sheet

Viola bicolor Pursh	Field Pansy	Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garvin, Grady, Grant, Greer, Haskell, Hughes, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward,	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 60	
Viola pedata L. (pro sp.)	Birdfoot Violet (Pansey Violet per Banks)	Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Haskell, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 89); Hamel and Chiltoskey, Cherokee Plants, (p. 60)	

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Medicinal Plant Spread Sheet

Viola pubescens Ait.	Downy Yellow Violet	Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Delaware, Grady, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa	East & West	Hamel and Chiltoskey, Cherokee Plants, (p. 60)	
Vitis aestivalis Michx.	Summer Grape	Antidiarrheal; Blood medicine; Gastrointestinal aid; Gynecological aid; Liver aid; Oral aid; Other, Pediatric aid; Tonic; Urinary aid	Cherokee	Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 58, 59, 90); Mooney "The Swimmer Manuscript" (p. 253, 283); Hamel and Chiltoskey, Cherokee Plants, (p. 37); Taylor, "Plants Used," (p. 41)	

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Medicinal Plant Spread Sheet

Vitis aestivalis Michx.	Summer Grape	Febrifuge; Gynecological aid; Lactation Stimulant; Tonic	Choctaw	Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Campbell, "Medicinal Plants," 41(p. 287)	
Vitis aestivalis Michx.	Summer Grape	Analgesic; Ceremonial medicine; Emetic; Febrifuge; Gastrointestinal aid; Pediatric aid	Seminole	Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Sturtevant, "The Mikasuki Seminole,"(p. 282, 328, 342, 409)	
Aralia spinosa L.	Devil's Walkingst ick	Dermatological aid (boils) & Poultice	Choctaw	Choctaw, McCurtain, Pushmataha	East & West	Taylor, "Plants Used," p. 44	referre as as "herc club" i Chocta Disser: source

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Medicinal Plant Spread Sheet

<p>Aralia spinosa L.</p>	<p>Devil's Walkingst ick</p>	<p>Antirheumatic; Carminative; Diaphoretic; Emetic; Orthopedic aid; Dermatological aid; Poison; Tonic; Toothache remedy; Venereal aid</p>	<p>Cherokee</p>	<p>Choctaw, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 91, 92); Hamel and Chiltoskey, Cherokee Plants, p. 31, 32; Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p>	
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Medicinal Plant Spread Sheet

Rhus aromatica Ait.	Fragrant Sumac	Dermatological aid	Natchez (possibly Cherokee per Swanton)	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Swanton, "Religious Beliefs," p. 667	
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Medicinal Plant Spread Sheet

Arisaema triphyllum (L.) Schott	Jack In The Pulpit	Analgesic; Carminative; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Expectorant; Orthopedic aid; Stimulant; Throat aid; Tuberculosis remedy	Cherokee	Adair, Cherokee, Creek, Delaware, Le Flore, Logan, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 11); Hamel and Chiltoskey, Cherokee Plants, (p. 41)	
Arisaema triphyllum (L.) Schott	Jack In The Pulpit	Blood medicine - "to make blood"	Choctaw	Adair, Cherokee, Creek, Delaware, Le Flore, Logan, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" (pg. 23);	
Lobelia inflata L.	Indian Tobacco	Analgesic; Dermatological aid; Emetic; Gastrointestinal aid; Orthopedic aid; Other; Pulmonary aid; Respiratory aid; Throat aid	Cherokee	Adair, Delaware, Le Flore, McCurtain, Pittsburg; Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123); Mooney, "Sacred Formulas of the Cherokees," (pg. 361-362, 368-369); Hamel and Chiltoskey, Cherokee Plants, (p. 40)	

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Medicinal Plant Spread Sheet

<p>Mirabilis nyctaginea (Michx.) MacM.</p>	<p>Heartleaf Four O'clock</p>	<p>Dermatological aid; Insecticide</p>	<p>Cherokee</p>	<p>Alfalfa, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Sequoyah, Texas, Tulsa, Washita, Woods</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41, 42); Hamel and Chiltoskey, Cherokee Plants, p. 34, 35</p>	
<p>Nepeta cataria L.</p>	<p>Catnip</p>	<p>Abortifacient; Anthelmintic; Anticonvulsive; Cold remedy; Cough medicine; Dermatologica aid; Febrifuge; Gastrointestinal aid; Pediatric aid; Sedative; Stimulant; Tonic</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Carter, Cherokee, Cleveland, Comanche, Creek Custer, Delaware, Grady, Greer, Harmon, Johnston, Kay, Kingfisher, Mayes, Murray, Muskogee, Payne, Pontotoc, Roger Mills</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111); Hamel and Chiltoskey, Cherokee Plants, p. 28</p>	

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Medicinal Plant Spread Sheet

Passiflora incarnata L.	Purple Passionflower	Dermatological aid; Dietary aid; Ear medicine; Liver aid; Pediatric aid	Cherokee	Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 89, 90); Hamel and Chiltoskey, Cherokee Plants, p. 47	
Ricinus communis L.	Castorbean	Cathartic; Dermatological aid	Cherokee	Cleveland, Grady, Jackson, Kingfisher, Muskogee, Payne	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 24	
Ricinus communis L.	Castorbean	Cathartic	Seminole	Cleveland, Grady, Jackson, Kingfisher, Muskogee, Payne	East & West	Sturtevant, "The Mikasuki Seminole," p. 167, 275	

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Medicinal Plant Spread Sheet

Rubus idaeus L.	American Red Raspberry	Analgesic; Antirheumatic (external); Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Tonic; Toothache remedy	Cherokee	Harmon	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Hamel and Chiltoskey, Cherokee Plants, (p. 52)	
Rubus occidentalis L.	Black Raspberry	Analgesic; Antirheumatic (external); Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Tonic; Toothache remedy	Cherokee	Adair, Bryan, Cherokee, Choctaw, Delaware, Kay, Le Flore, Look Up, Marshall, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pushmataha, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66, 67); Mooney "The Swimmer Manuscript" (p. 246); Hamel and Chiltoskey, Cherokee Plants, p. 52; Taylor, "Plants Used," p. 30	
Saponaria officinalis L.	Bouncing bet	Dermatological aid - used as a poultice for boils	Cherokee	Bryan, Caddo, Canadian, Cherokee, Cleveland, Delaware, Kay, Mayes, McClain, Muskogee, Oklahoma, Ottawa, Payne, Sequoyah, Wagoner	East & West	Hamel and Chiltoskey, Cherokee Plants, p. (p. 26)	

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Medicinal Plant Spread Sheet

Smilax glauca Walt. (Smilax Rotundifolia, S. Tamnifolia, S. Herbacea per Hamel)	Cat Greenbrier (common greenbrier, carrion flower, sawbrier per Hamel)	Analgesic; Antirheumatic (internal); Dermatological aid; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Other	Cherokee	Bryan, Cherokee, Chotaw, Johnston, Latimer, Le Flore, McCurtain, Muskogee, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 17, 18, 31, 58, 59, 81, 86, 90); Hamel and Chiltoskey, Cherokee Plants, p. 37	
Smilax rotundifolia L.	Roundleaf Greenbrier	Analgesic; Antirheumatic (internal); Burn dressing; Dermatological aid; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Other	Cherokee	Adair, Alfalfa, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Hughes, Jefferson, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washita, Woodward	East & West	Hamel and Chiltoskey, Cherokee Plants, p. (p. 37)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Tilia americana var. heterophylla (Vent.) Loud.	American Basswood	Antidiarrheal; Cough medicine; Dermatological aid; Gastrointestinal aid; Snake bite remedy; Tuberculosis remedy	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Delaware, Le Flore, McCurtain, Nowata, Ottawa, Pittsburg, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50, 86, 87); Hamel and Chiltoskey, Cherokee Plants, (p. 24)	
Uvularia sessilifolia L.	Sessileleaf Bellwort	Antidiarrheal; Dermatological aid	Cherokee	McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 19); Hamel and Chiltoskey, Cherokee Plants, p. 25	

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Medicinal Plant Spread Sheet

Viola sororia Willd.	Common Blue Violet	Analgesic; Antidiarrheal; Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington, Woods	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 60	
Asplenium rhizophyllum L.	Walking Fern	Breast treatment; Emetic	Cherokee	Adair, Cherokee, Delaware, Johnston, Le Flore, McCurtain, Muskogee, Nowata, Osage, Pawnee, Rogers, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 3); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Taylor, "Plants Used," (p. 3); Hamel and Chiltoskey, Cherokee Plants,(p. 61)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Arundinaria gigantea ssp. tecta (Walt.) McClure	Switchcane	Analgesic - decoction of roots taken for breast pain	Choctaw	Atoka, Coal, McCurtain, Nowata	East & West	Taylor, "Plants Used," p. 6	
Sambucus nigra ssp. canadensis (L.) R. Bolli	American Elder	Breast treatment; Gynecological aid	Creek	Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward	East & West	Taylor, "Plants Used," p. 58; Swanton, "Religious Beliefs," p. 661	

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Medicinal Plant Spread Sheet

<p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p>	<p>American Elder</p>	<p>Antirheumatic; Burn dressing; Cathartic; Dermatological aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney aid; Other; Pediatric aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey, Cherokee Plants, p. 33</p>	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Sambucus nigra ssp. canadensis (L.) R. Bolli	American Elder	Analgesic	Chickasa w	Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward	East & West	Taylor, "Plants Used," p. 58	
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<p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p>	<p>American Elder</p>	<p>Liver aid - decoction of seeds and roots taken for liver troubles</p>	<p>Choctaw</p>	<p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p>	<p>East & West</p>	<p>Taylor, "Plants Used," p. 58-59</p>	
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Medicinal Plant Spread Sheet

<p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p>	<p>American Elder</p>	<p>Ceremonial medicine, Emetic, Gastrointestinal aid</p>	<p>Seminole</p>	<p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p>	<p>East & West</p>	<p>Sturtevant, "The Mikasuki Seminole," p. 167, 276</p>	
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Medicinal Plant Spread Sheet

Populus sp. (L.)	Cottonwood	Kidney aid (dropsy); Orthopedic aid	Creek	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Swanton, "Religious Beliefs," p. 660; Taylor, "Plants Used," p. 11	
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Medicinal Plant Spread Sheet

Populus sp. (L.)	Cottonwood	Snake bite remedy-poultice to the bites	Choctaw	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23	
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Medicinal Plant Spread Sheet

Hydrangea arborescens L.	Wild Hydrangea	Abortifacient; Antiemetic; Burn dressing; Cancer treatment; Cathartic; Dermatological aid; Disinfectant; Emetic; Gastrointestinal aid; Hypotensive; Liver aid; Orthopedic aid; Pediatric aid; Stimulant	Cherokee	Adair, Cherokee, Delaware, Johnston, Le Flore, Mayes, McCurtain, Ottawa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 56, 57); Mooney "The Swimmer Manuscript" (p. 246); Hamel and Chiltoskey, Cherokee Plants, p. 54	
Plantago aristata Michx.	Large bracted Plantain	Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid	Cherokee	Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Delaware,	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50	

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Medicinal Plant Spread Sheet

Plantago lanceolata L.	Narrowleaf Plantain	Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid	Cherokee	Adair, Bryan, Cadoo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Delaware, Grady, Kay, Le Flore, McClain, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Tulsa, Wagoner, Washington, Washita	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50	
Plantago major L.	Common Plantain	Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid	Cherokee	Adair, Beaver, Bryan, Caddo, Cherokee, Comanche, Jefferson, Marshall, Oklahoma, Pawnee, Pontotoc, Rogers Sequyah, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50	

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Prunella vulgaris L.	Common Selfheal	Adjuvant; Burn dressing; Dermatological aid	Cherokee	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111, 112); Hamel and Chiltoskey, Cherokee Plants, p. 54	
Smallanthus uvedalius (L.) Mackenzie ex Small	Hairy Leafcup	Burn dressing; Dermatological aid; Emetic; Gynecological aid; Other	Cherokee	Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Johnston, Le Flore, McCurtain, Murray, Muskogee, Oklahoma, Pontotoc, Pushmataha, Tulsa	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 42; Taylor, "Plants Used," p. 63	
Smilax laurifolia L.	catesbaei	Burn dressing; Dermatological aid; Tonic	Cherokee	Choctaw, Le Flore, McCurtain, Pushmataha	East & West	Hamel and Chiltoskey, Cherokee Plants, p. 24	

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<p>Ulmus rubra Muhl.</p>	<p>Slippery Elm</p>	<p>Antidiarrheal; Burn dressing; Cold remedy; Cough medicine; Dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Laxative: Respiratory aid; Throat aid; Tuberculosis remedy</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburgh, Pontotoc, Pottawatomie, Pushmataha, Roger mills, Rogers, Seminole, Tulsa, Wagoner, Washita, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 34, 83 84, 118); Mooney "The Swimmer Manuscript" (p. 119, 244); Hamel and Chiltoskey, Cherokee Plants, p. 33</p>	
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Medicinal Plant Spread Sheet

<p>Ulmus rubra Muhl.</p>	<p>Slippery Elm</p>	<p>Witchcraft medicine</p>	<p>Creek (actually listed as Alabama Medicine by Swanton and not Creek)</p>	<p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburgh, Pontotoc, Pottawatomie, Pushmataha, Roger mills, Rogers, Seminole, Tulsa, Wagoner, Washita, Woodward</p>	<p>East & West</p>	<p>Swanton, "Religious Beliefs," p. 665</p>	<p>Moerr entry d not see correct</p>
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Medicinal Plant Spread Sheet

Malvella leprosa (Ortega) Krapov.	Alkali Mallow	Antidiarrheal; Burn dressing; Gastrointestinal aid	Choctaw	Jackson, Texas, Tillman	West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287)	
Quercus sp.	Red Oak	Othopedic aid; Pediatic aid; also including Pulmonary Aid; Throat Aid; Emetic; Dermatological Aid	Creek (actually listed as Alabama Medicine by Swanton)	Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa	East & West	Swanton, "Religious Beliefs," p. 665	Moerr entry d not see correct

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Rhus glabra L.	Smooth Sumac	Antidiarrheal (dysentery); Other - leaves mixed with tobacco and smoked for "all cephalic and pectoral complaints"	Creek	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Swanton, "Religious Beliefs," p. 659; Taylor, "Plants Used," p. 36	"red su
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Rhus glabra L.	Smooth Sumac	Antiemetic; Burn dressing; Dermatological aid; Gynecological aid; Urinary aid	Cherokee	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 78, 79); Mooney "The Swimmer Manuscript" (p. 130, 251); Hamel and Chiltoskey, Cherokee Plants, p. 57; Taylor, "Plants Used," p. 37	
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Medicinal Plant Spread Sheet

Stillingia sp.		Abortifacient; Cathartic; Gynecological Aid; Reproductive Aid;	Creek			Swanton, "Religious Beliefs," p. 662; Taylor, "Plants Used," p. 36	Was missin, on M t docum and incomj entry c Moern SDA
Morella cerifera (L.) Small	Southern Bayberry (Wax Myrtle per USDA)	Febrifuge; Throat aid	Choctaw	Choctaw & McCurtain	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23; Taylor, "Plants Used," p. 14	
Morella cerifera (L.) Small	Southern Bayberry (Wax Myrtle per USDA)	Analgesic; Febrifuge; Gastrointestinal aid; Love medicine	Seminole	Choctaw & McCurtain	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis p. 250, 282	

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Medicinal Plant Spread Sheet

Pluchea foetida (L.) DC.	Stinking Camphor weed	Febrifuge	Choctaw	Pushmataha	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23; Taylor, "Plants Used," p. 63	referred as "r fleabar Choctaw Disser: source
Rubus sp. (L)	Blackberry	Antidiarrheal; Circulation Aid; Tonic	Choctaw	Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Craig, Grady, Greer, Haskell, Johnston, Kay, Latimer, Le Flore, Logan, Love, Marshall, Mayes, McCurtain, Murray, Noble, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Tulsa, Washita, Woods	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 24; Taylor, "Plants Used," p. 29	

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Eryngium yuccifolium Michx.	Button Eryngo	Analgesic (Neuralgia); Antirheumatic; Blood medicine; Cathartic; Gastrointestinal aid; Kidney aid; Sedative; Snake bite remedy; Venereal aid	Creek	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 655,656); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45)	
Eryngium yuccifolium Michx.	Button Eryngo	Pulmonary aid; Snake bite remedy; Toothache remedy	Cherokee	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 94); Mooney "The Swimmer Manuscript" (p. 76); Hamel and Chiltoskey, "Cherokee Plants," p. 27	Button Snaker per Mc

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Medicinal Plant Spread Sheet

<p>Eryngium yuccifolium Michx.</p>	<p>Button Eryngo</p>	<p>Snake bite remedy-poultice to the bites; Gonorrhoea remedy</p>	<p>Choctaw</p>	<p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p>	<p>East & West</p>	<p>Cushman, pg. 170; Campbell, "Medicinal Plants," p. 287.</p>	<p>referred as "rattike mas" in Choctaw; source</p>
<p>Pycnanthemum albescens Torr. & Gray</p>	<p>Whiteleaf Mountain mint</p>	<p>Cold remedy; Diaphoretic</p>	<p>Choctaw</p>	<p>Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Delaware, Johnston, Latimer, Le Flore, Marshall, McCurtain, Oklahoma, Ottawa, Pontotoc, Pushmataha, Sequoyah</p>	<p>East & West</p>	<p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48. p. 24; Taylor, "Plants Used," p. 54.</p>	

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Medicinal Plant Spread Sheet

Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston	Oak Mistletoe	Pulmonary aid; Tuberculosis	Creek	Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner	East & West	Swanton, "Religious Beliefs," p. 659; Taylor, "Plants Used," p. 20	
Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston	Oak Mistletoe	Analgesic; Anticonvulsive; Gynecological aid; Hypotensive; Love medicine	Cherokee	Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 36); Hamel and Chiltoskey, "Cherokee Plants," p. 45	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston	Oak Mistletoe	Antirheumatic (external); Emetic; Pediatric aid	Seminole	Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner	East & West	Sturtevant, "The Mikasuki Seminole," p. 192, 329, 409	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Tephrosia virginiana (L.) Pers.	Virginia Tephrosia	Abortifacient; Reproductive aid; Tuberculosis; Urinary aid	Creek	Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Grady, Harper, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Swanton, "Religious Beliefs," p. 658, 668; Taylor, "Plants Used," p. 33	Other names devil's shoesti (per Swanto and C Virgin (per Swanto and US
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Medicinal Plant Spread Sheet

<p>Tephrosia virginiana (L.) Tephrosia Pers.</p>	<p>Virginia Tephrosia</p>	<p>Anthelmintic; Cathartic; Dermatological aid; Kidney aid; Lassitude; Orthopedic aid; Pediatric aid; Stimulant</p>	<p>Cherokee</p>	<p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Grady, Harper, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 74); Mooney, "Sacred Formulas of the Cherokees," (pg. 325); Taylor, "Plants Used," (p. 33); Mooney "The Swimmer Manuscript" (p. 128); Hamel and Chiltoskey, "Cherokee Plants," (p. 31)</p>	
<p>Acorus calamus L.</p>	<p>Calamus</p>	<p>Analgesic; Anthelmintic; Anticonvulsive; Antidiarrheal; Carminative; Cold remedy; Dermatological aid; Diaphoretic; Diuretic; Gastrointestinal aid; Kidney aid; Stimulant; Throat aid; Urinary aid</p>	<p>Cherokee</p>	<p>Cleveland, Comanche, Ottawa, Seminole, Stephens</p>	<p>North (does not border Miss. River)</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10, 11); Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey, "Cherokee Plants," p. 28</p>	

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Medicinal Plant Spread Sheet

Allium cernuum Roth	Nodding Onion	Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Kidney aid; Liver aid; Pediatric aid; Pulmonary aid; Respiratory aid; Throat aid; Urinary aid	Cherokee	Comanche	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 47	
Allium tricoccum Ait.	Wild Leek (ramp)	Antihemorrhagic; Cold remedy; Ear medicine; Pulmonary aid	Cherokee	Marshall	East & West (does not border Miss. River)	Hamel and Chiltoskey, "Cherokee Plants," p. 52	

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Medicinal Plant Spread Sheet

<p>Aristolochia serpentaria L.</p>	<p>Virginia Snakeroot</p>	<p>Abortifacient; Analgesic; Antirheumatic; Cold remedy; Cough medicine; Disinfectant; Diuretic; Febrifuge; Gastrointestinal aid; Misc. disease remedy; Nose medicine; Pulmonary aid; Snake bite remedy; Stimulant; Throat aid; Tonic; Toothache remedy</p>	<p>Cherokee</p>	<p>Cherokee, Choctaw, Le Flore, Mayes, McCurtain</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 36, 37, 38); Mooney, “Sacred Formulas of the Cherokees”, pg. 324; Mooney "The Swimmer Manuscript" (p. 177, 224, 286); Taylor, “Plants Used,” (p. 20); also possibly under Natchez listings by Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 667); Hamel and Chiltoskey, “Cherokee Plants,” p. 55</p>	
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Medicinal Plant Spread Sheet

Aristolochia serpentaria L.	Virginia Snakeroot	Analgesic; Gastrointestinal aid (stomach ache)	Choctaw	Cherokee, Choctaw, Le Flore, Mayes, McCurtain	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou"p. 24; Taylor, "Plants Used," p. 20	
Betula nigra L.	River Birch	Antidiarrheal; Cold remedy; Gastrointestinal aid; Urinary aid	Cherokee	Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Coal, Creek, Delaware, Haskell, Hughes, Kay, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okfuskee, Okmulgee, Osage, Ottawa, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 29); Mooney "The Swimmer Manuscript" (p. 200); Hamel and Chiltoskey, "Cherokee Plants," p. 25	
Betula sp.	White Birch	Tuberculosis Remedy	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659)	Error c USDA

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Carya alba (L.) Nutt. ex Ell.	Mockernut Hickory	Abortifacient; Analgesic; Cold remedy; Dermatological aid; Diaphoretic; Emetic; Gastrointestinal aid; Liver aid; Misc. disease remedy (Poliomyelitis pain); Oral aid; Orthopedic aid	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 26); Hamel and Chiltoskey, "Cherokee Plants," p. 38	
Carya alba (L.) Nutt. ex Ell.	Mockernut Hickory	Insecticide	Choctaw	Adair, Atoka, Bryan, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24)	

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Medicinal Plant Spread Sheet

<p>Carya laciniosa (Michx. f.) G. Don</p>	<p>Shellbark Hickory</p>	<p>Abortifacient; Analgesic; Cold remedy; Dermatological aid; Diaphoretic; Emetic; Gastrointestinal aid; Liver aid; Misc. disease remedy (poliomyelitis pain); Oral aid; Orthopedic aid</p>	<p>Cherokee</p>	<p>Adair, Cherokee, Choctaw, Craig, Delaware, McCurtain, Nowata, Ottawa, Sequoyah, Washington</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 26); Hamel and Chiltoskey, "Cherokee Plants," p. 38</p>	
<p>Carya laciniosa (Michx. f.) G. Don</p>	<p>Shellbark Hickory</p>	<p>Fleas were driven away by scattering around house</p>	<p>Choctaw</p>	<p>Adair, Cherokee, Choctaw, Craig, Delaware, McCurtain, Nowata, Ottawa, Sequoyah, Washington</p>	<p>East & West</p>	<p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou" p. 24</p>	

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<p>Cypripedium parviflorum Salisb.</p>	<p>Lesser Yellow Lady's Slipper</p>	<p>Analgesic (Neuralgia); Anthelmintic; Anticonvulsive; Cold remedy; Gastrointestinal aid; Gynecological aid; Kidney aid; Misc. disease remedy; Sedative</p>	<p>Cherokee</p>	<p>Cherokee, Adair, Le Flore, Choctaw</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 21, 43); Mooney, "Sacred Formulas of the Cherokees," pg. 327; Mooney "The Swimmer Manuscript" (p. 249); Hamel and Chiltoskey, "Cherokee Plants," p. 42; Taylor, "Plants Used," p. 11</p>	
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Erigeron philadelphicus L.	Philadelphia Fleabane	Abortifacient; Analgesic; Anticonvulsive; Antihemorrhagic; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Diuretic; Eye medicine; Kidney aid	Cherokee	Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garfield, Garvin, Grady, Hughes, Johnston, Kingfisher, Kiowa, Le Flore, Lincoln, Logan Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Rogers, Seminole, Tulsa, Washington, Woodward	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 35	
Erigeron pulchellus Michx.	Robin's Plantain	Abortifacient; Analgesic; Anticonvulsive; Antihemorrhagic; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Diuretic; Eye medicine; Kidney aid	Cherokee	Adair, Cherokee, Choctaw, Cleveland, Delaware, Grady, Le Flore, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa, Pushmataha, Tulsa	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 35	

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Eupatorium perfoliatum L.	Common Boneset	Cathartic; Cold remedy; Diaphoretic; Disinfectant; Diuretic; Emetic; Febrifuge; Gastrointestinal aid; Misc. disease remedy; Stimulant; Throat aid; Tonic	Cherokee	Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 128); Mooney "The Swimmer Manuscript" (p. 262); Hamel and Chiltoskey, "Cherokee Plants," p. 26	
Eupatorium perfoliatum L.	Common Boneset	Emetic; Febrifuge	Seminole	Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283)	
Eupatorium perfoliatum L.	Common Boneset	Emetic	Choctaw	Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah	East & West	Swanton, "Religious Beliefs," p. 237	

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Glechoma hederacea L.	Ground ivy	Cold remedy; Dermatological aid; Misc. disease remedy (Measles); Pediatric aid	Cherokee	Adair, Blaine, Bryan, Cherokee, Cimarron, Cleveland, Creek, Delaware, Grady, Johnston, Kay, Oklahoma, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Texas, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 109); Hamel and Chiltoskey, "Cherokee Plants," p. 37	
Goodyera pubescens (Willd.) R. Br. ex Ait. f.	Downy Rattlesnake Plantain	Blood medicine; Burn dressing; Cold remedy; Dietary aid; Emetic; Eye Medicine; Kidney aid; Toothache remedy	Cherokee	Le Flore & McCurtain	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 50	
Hamamelis virginiana L.	American Witchhazel (witchhazel)	Analgesic; Cold remedy; Dermatological aid; Febrifuge; Gynecological aid; Throat aid; Tuberculosis remedy	Cherokee	Le Flore, McCurtain, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 52, 53, 57, 58); Hamel and Chiltoskey, "Cherokee Plants," p. 62	

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Hedeoma pulegioides (L.) Pers.	American False pennyroyal	Abortifacient; Analgesic; Antidiarrheal; Cold remedy; Cough medicine; Diaphoretic; Expectorant; Febrifuge; Insecticide; Pulmonary aid; Toothache remedy	Cherokee	Adair; Bryan; Delaware; Le Flore; Mayes; McCurtain; Nowata; Osage; Pontotoc	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 109); Hamel and Chiltoskey, "Cherokee Plants," p. 48	
Hedeoma pulegioides (L.) Pers.	American False pennyroyal	Eye medicine	Chickasaw	Adair; Bryan; Delaware; Le Flore; Mayes; McCurtain; Nowata; Osage; Pontotoc	East & West	Taylor, "Plants Used," p. 53	

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Juniperus virginiana L.	Eastern Redcedar	Abortifacient; Anthelmintic; Antirheumatic; Cold remedy; Dermatological aid; Diaphoretic; Misc. disease remedy (Measles)	Cherokee	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 28	
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<p>Linum usitatissimum L.</p>	<p>Common Flax</p>	<p>Cold remedy; Cough medicine; Febrifuge; Pulmonary aid; Urinary aid</p>	<p>Cherokee</p>	<p>Carter, Cleveland, Greer, Marshall, McCurtain, Murray, Payne</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Mooney "The Swimmer Manuscript" (p. 243); Hamel and Chiltoskey, "Cherokee Plants," p. 34</p>	
<p>Lobelia cardinalis L.</p>	<p>Cardinalflower</p>	<p>Analgesic; Anthelmintic; Antirheumatic; Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Hemostat; Pulmonary aid; Venereal aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Greer, Harper, Haskell, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Sequoyah, Texas, Tillman, Tulsa, Washington, Washita, Woods</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 122, 123); Mooney "The Swimmer Manuscript" (p. 91, 216); Hamel and Chiltoskey, "Cherokee Plants," p. 28</p>	

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Lobelia siphilitica L.	Great Blue Lobelia	Analgesic; Anthelmintic; Antirheumatic (internal); Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Hemostat; Pulmonary aid; Venereal aid	Cherokee	Adair, Cherokee, Delaware, Garvin, Johnston, Marshall, McCurtain, Murray, Ottawa, Pontotoc, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123); Hamel and Chiltoskey, "Cherokee Plants," p. 28	
Marrubium vulgare L.	Horehoun d	Breast treatment; Cold remedy; Cough medicine; Pediatric aid; Throat aid	Cherokee	Beaver, Bryan, Cherokee, Choctaw, Cimarron, Cleveland, Delaware, Garfield, Garvin, Grady, Kingfisher, Le Flore, Lincoln, Logan, Marshall, Murray, Muskogee, Osage, Pawnee, Payne, Pontotoc, Texas, Tulsa, Washington, Woods	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 39	
Melissa officinalis L.	Common Balm	Cold remedy; Febrifuge; Misc. disease remedy; Stimulant; Tonic	Cherokee	Cleveland, Grady, Mayes, McCurtain, Oklahoma	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 24	

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<p>Mentha ×piperita L. (pro sp.) [aquatica × spicata]</p>	<p>Water Mint (peppermi nt)</p>	<p>Adjuvant; Analgesic; Antiemetic; Carminative; Cold remedy; Febrifuge; Gastrointestinal aid; Hemorrhoid remedy; Misc. disease remedy; Pediatric aid; Sedative; Stimulant; Urinary aid</p>	<p>Cherokee</p>	<p>Bryan, Cherokee, Cleveland, Grady, Johnston, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa</p>	<p>East & West</p>	<p>Hamel and Chiltoskey, “Cherokee Plants,” p. 48, 49</p>	
<p>Mentha spicata L.</p>	<p>Spearmint (peppermi nt)</p>	<p>Adjuvant; Analgesic; Antiemetic; Carminative; Cold remedy; Febrifuge; Gastrointestinal aid; Hemorrhoid remedy; Misc. disease remedy; Pediatric aid; Sedative; Stimulant; Urinary aid</p>	<p>Cherokee</p>	<p>Cherokee, Cotton, Grady, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa, Payne, Pontotoc, Pushmataha, Tulsa</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 110); Hamel and Chiltoskey, “Cherokee Plants,” p. 48, 49</p>	

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Monarda fistulosa L.	Wildbergamot Beebalm	Abortifacient; Analgesic; Carminative; Cold remedy; Diaphoretic; Diuretic; Fegrifuge; Gastrointestinal aid; Heart medicine; Hemostat; Misc. disease remedy (Measles); Sedative	Cherokee	Ottawa & Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111); Hamel and Chiltoskey, "Cherokee Plants," p. 39	
Monarda fistulosa L.	Wildbergamot Beebalm	Analgesic; Cathartic; Laxative; Pediatric aid	Choctaw	Ottawa & Tulsa	East & West	Taylor, "Plants Used," p. 32, 54	
Polygala senega L.	Seneca Snakeroot	Abortifacient; Antirheumatic (internal); Cathartic; Cold remedy; Diaphoretic; Diuretic; Expectorant; Kidney aid; Other; Pulmonary aid	Cherokee	Murray	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76, 77); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 55)	

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<p>Porteranthus stipulatus (Muhl. ex Willd.) Britt.</p>	<p>Indian Physic (American ipecac)</p>	<p>Antirheumatic (external); Cold remedy; Dermatogical aid; Emetic; Kidney aid; Liver aid; Orthopedic aid; Respiratory aid; Toothache remedy; Veterinary aid</p>	<p>Cherokee</p>	<p>Adair, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Ottawa, Pittsburg, Pushmataha, Wagoner</p>	<p>East & West</p>	<p>Mooney, "Sacred Formulas of the Cherokees," pg. 326; Mooney "The Swimmer Manuscript" (p. 204); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 40); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p>	
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<p>Chamaecrista fasciculata (Michx.) Greene</p>	<p>Sleepingp lant (partridge pea)</p>	<p>Sports medicine; Stimulant</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward</p>	<p>East & West</p>	<p>Hamel and Chiltoskey, "Cherokee Plants," p. 54</p>	
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<p>Chamaecrista fasciculata (Michx.) Greene</p>	<p>Sleepingp lant (partridge pea)</p>	<p>Antiemetic (Nausea)</p>	<p>Seminole</p>	<p>Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward</p>	<p>East & West</p>	<p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276)</p>	
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Galactia volubilis (L.) Britt.	Downy Milkpea	Analgesic; Antidiarrheal; Antiemetic; Dietary aid; Febrifuge; Unspecified; Pediatric aid; Reproductive aid; Stimulant	Seminole	Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Delaware, Hughes, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 253, 255, 256, 306, 323	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Rudbeckia hirta var. angustifolia (T.V. Moore) Perdue</p>	<p>Blackeyed Susan</p>	<p>Analgesic; Febrifuge</p>	<p>Seminole</p>	<p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods</p>	<p>East & West (spars e)</p>	<p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283)</p>	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Rudbeckia hirta var. angustifolia (T.V. Moore) Perdue</p>	<p>Blackeyed Susan</p>	<p>Anthelmintic; Dermatological aid; Ear medicine; Eye Medicine; Gynecological aid; Kidney aid, Snake bite remedy; Venereal aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods</p>	<p>East & West (spars e)</p>	<p>Mooney, "Sacred Formulas of the Cherokees," pg. 327; Hamel and Chiltoskey, "Cherokee Plants," p. 30</p>	
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Medicinal Plant Spread Sheet

Salix caroliniana Michx.	Coastal Plain Willow	Analgesic; Antidiarrheal; Antirheumatic; Blood medicine; Ceremonial medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Hunting medicine; Love medicine; Oral aid; Orthopedic aid; Unspecified; Preventive medicine; Respiratory aid; Vertigo medicine; Stimulant; Strengtheners	Seminole	Adair, Atoka, Caddo, Carter, Cherokee, Comanche, Delaware, Garvin, Harper, Haskell, Johnston, Kiowa, Latimer, Le Flore, Look Up, Mayes, McCurtain, Murray, Muskogee, Noble, Okmulgee, Osage, Ottawa, Pittsburg, Pontotoc, Pushmataha, Sequoyah	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 95, 145, 161, 163, 164, 167, 203, 206, 209, 210, 213, 215, 232, 244, 247, 248, 249, 283, 288, 302, 305, 325, 371, 398, 408	
Xyris sp.	Yelloweyed Grass	Cold remedy; Witchcraft medicine	Seminole	Atoka, Bryan, Choctaw, Latimer, Le Flore, Marshall, McCurtain, Oklahoma, Pushmataha	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 281, 395	

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Medicinal Plant Spread Sheet

Hypericum crux-andreae (L.) Crantz	St. Peterswor t	Analgesic; Eye medicine	Choctaw	McCurtain & Pushmataha	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou", p. 23; Taylor, "Plants Used," p. 42	Alabar medici used fo dysent Swanto "Relig Beliefs 664
Callicarpa americana L.	American Beautyber ry	Antidiarrheal; Colic Aid; Gastrointestinal aid; Other (for dizziness)	Choctaw	Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" p. 23-24; Taylor, "Plants Used," p. 52-53	referre as as "Fre mulber in Cho Disser: source
Callicarpa americana L.	American Beautyber ry (French Mulberry per Swanton)	Diaphoretic; Febrifuge	Alabama	Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa	East & West	Swanton, "Religious Beliefs," p. 663	

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Medicinal Plant Spread Sheet

Callicarpa americana L.	American Beautyberry	Dermatological aid & Urinary aid	Seminole	Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis p. 166, 239	
Aesculus pavia L.	Red Buckeye	Antirheumatic (external); Cancer treatment; Dermatological aid; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Orthopedica aid; Stimulant; Good luck charm	Cherokee	Choctaw, Le Flore, McCurtain, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 82); Mooney "The Swimmer Manuscript" (p. 239); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 27); Taylor, "Plants Used," (p. 39)	

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Medicinal Plant Spread Sheet

Aletris farinosa L.	White Colicroot	Antirheumatic (internal); Carminative; Cough medicine; Febrifuge; Gynecological aid; Liver aid; Pulmonary aid; Tonic; Tuberculosis remedy; Urinary aid	Cherokee	Delaware, Mayes, McCurtain	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 57)	
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Medicinal Plant Spread Sheet

Allium canadense L.	Meadow Garlic	Carminative; Cathartic; Diuretic; Ear medicine; Expectorant; Kidney aid; Misc. disease remedy; Pediatric aid; Pulmonary aid; Respiratory aid; Stimulant	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woodward	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 35)	
Liatris spicata (L.) Willd.	Dense Gayfeather (dense blazing star)	Analgesic; Carminative; Diaphoretic; Diuretic; Expectorant; Gastrointestinal aid; Kidney aid; Stimulant	Cherokee	Grady	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 27)	

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Medicinal Plant Spread Sheet

Orbexilum pedunculatum var. psoralioides (Walt.) Isely	Sampson's Snakeroot	Abortifacient; Diaphoretic; Gastrointestinal aid; Gynecological aid; Tonic	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 55)	
Orbexilum pedunculatum var. psoralioides (Walt.) Isely	Sampson's Snakeroot	Snake bite remedy	Choctaw	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner	East & West	Swanton, "Religious Beliefs," p. 237	referred as "psoralioides" in Choctaw source
Populus nigra L.	Lombardy Poplar	Antirheumatic (internal); Dermatological aid; Gastrointestinal aid; Stimulant; Toothache remedy; Venereal aid	Cherokee	Comanche & Payne	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 24)	

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<p>Veronicastrum virginicum (L.) Farw.</p>	<p>Culver's Root</p>	<p>Analgesic; Cathartic; Diaphoretic; Disinfectant; Febrifuge; Gastrointestinal aid; Liver aid; Misc. disease remedy; Tonic</p>	<p>Cherokee</p>	<p>Adair, Cherokee, Choctaw, Le Flore, McCurtain, Ottawa, Pushmataha</p>	<p>East & West</p>	<p>Hamel and Chiltoskey, "Cherokee Plants," p. (p. 31)</p>	
<p>Gleditsia triacanthos L.</p>	<p>Honeylocust</p>	<p>Misc. disease remedy; Panacea, Pediatric aid; "ward off contagions such as smallpox and measles"</p>	<p>Creek</p>	<p>Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward</p>	<p>East & West</p>	<p>Swanton, "Religious Beliefs," p. 658; 669; Taylor, "Plants Used," p. 32</p>	

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Gleditsia triacanthos L.	Honeylocust	Adjuvant; Anthelmintic; Gastrointestinal aid; Misc. disease remedy (Measles); Pulmonary aid	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40, 71, 72); Mooney "The Swimmer Manuscript" (p. 239, 249); Taylor, "Plants Used," p. 32; Hamel and Chiltoskey, "Cherokee Plants," (p. 43)	
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Cercis canadensis L.	Eastern Redbud	Pulmonary aid	Cherokee	Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)	Alabar medici used for pulmonary aid; febrifuge respiratory aid Swanton "Religious Beliefs" 665
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Collinsia violacea Nutt.	Violet Blue Eyed Mary	Tuberculosis remedy; Cold remedy; Cough medicine; Pulmonary Aid	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Comanche, Craig, Creek Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington	West	Swanton, "Religious Beliefs," p. 667	Moerr entry d not see correct
Echinacea purpurea (L.) Moench	Eastern Purple Coneflower	Cough medicine; Gastrointestinal aid	Choctaw	Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Grady, Le Flore, Mayes, McCurtain, Oklahoma	East & West	Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 287-288)	
Verbascum thapsus L.	Common Mullein (spelled mullen in Swanton)	Cough medicine	Creek	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Swanton, "Religious Beliefs," p. (p. 660, 661)	

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Medicinal Plant Spread Sheet

Verbascum thapsus L.	Common Mullein	Analgesic; Cough medicine; Dermatological aid; Gynecological aid; Kidney aid; Misc. disease remedy (Mumps); Gland medicine	Cherokee	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31, 117, 118); Mooney "The Swimmer Manuscript" (p. 216,, 255); Hamel and Chiltoskey, "Cherokee Plants," (p. 45); Taylor, "Plants Used," (p. 57)	
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Antennaria sp.	Pussy Toes	Cold remedy; Cough medicine	Natchez (possibly Cherokee per Swanton)			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 60)	Error c USDA
Penstemon sp.	Penstemon	Tuberculosis remedy	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667)	Link sl error o USDA could r tell wh variety

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Medicinal Plant Spread Sheet

Aletris farinosa L.	White Colicroot	Antirheumatic; Carminative; Cough medicine; Febrifuge; Gynecological aid; Liver aid; Pulmonary aid; Tonic; Tuberculosis remedy; Urinary aid	Cherokee	Delaware, Mayes, McCurtain	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 57)	
Anemone virginiana L.	Tall Thimbleweed	Pulmonary aid	Cherokee	Adair, Bryan, Cherokee, Creek, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Ottawa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44); Hamel and Chiltoskey, "Cherokee Plants," (p. 58)	
Asplenium trichomanes L.	Maidenhair Spleenwort	Abortifacient; Breast treatment; Cough medicine; Liver aid	Cherokee	Adair, Atoka, Cherokee, Cimarron, Coal, Comanche, Delaware, Latimer, McCurtain, Muskogee, Osage, Payne	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 34)	

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Ipomoea pandurata (L.) G.F.W. Mey.	Man Of The Earth	Antirheumatic; Cough medicine; Diuretic; Expectorant; Insecticide; Kidney aid; Laxative; Misc. disease remedy; Respiratory aid; Turberculosis remedy; Urinary aid	Cherokee	Mayes, Cherokee, Adair, Sequoyah, Le Flore, McCurtain, Choctaw, Latimer, Muskogee, Tulsa, Bryan, Johnston, Pontotoc, Pottawatomie, Lincoln, Murray, Garvin. Grady, Cleveland, Oklahoma, Logan, Payne, Noble Kay, Kingfisher, Comanche, Kiowa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 106); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 51)	
Ipomoea pandurata (L.) G.F.W. Mey.	Man Of The Earth	Diuretic; Kidney aid	Creek	Mayes, Cherokee, Adair, Sequoyah, Le Flore, McCurtain, Choctaw, Latimer, Muskogee, Tulsa, Bryan, Johnston, Pontotoc, Pottawatomie, Lincoln, Murray, Garvin. Grady, Cleveland, Oklahoma, Logan, Payne, Noble Kay, Kingfisher, Comanche, Kiowa	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 670)	

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Polygonum virginianum L.	Jumpseed	Pulmonary aid	Cherokee	Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garvin, Johnston, Kay, Latimer, Le Flore, Logan, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 42)	
Prunus americana Marsh.	American Plum	Cough medicine; Kidney aid; Urinary aid	Cherokee	Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cimarron, Cleveland, Cotton, Creek, Grady, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Look up, Love, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tulsa, Washington	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 50)	

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Rubus sp. (L)	Tall Blackberry (Blackberry)	Cough medicine	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Logan, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington, Washita, Woods	East & West	Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	
Sanguinaria canadensis L.	Bloodroot	Cough medicine; Dermatological aid; Nose medicine; Respiratory aid; Analgesic; Gastrointestinal aid	Cherokee	Adair, Cherokee, Delaware, Latimer, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 54); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 26)	

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Solidago odora Ait.	Aniscescened Goldenrod	Abortifacient; Antidiarrheal; Cold remedy; Cough medicine; Diaphoretic; Febrifuge; Misc. disease remedy (Measles); Oral aid; Sedative; Stimulant; Tonic; Tuberculosis remedy	Cherokee	Atoka, Le Flore, Mayes, McCurtain, Murray, Oklahoma, Pushmataha	East & West	Mooney "The Swimmer Manuscript" (p. 275); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 36)	Solidago "Goldenrod" also known as Alamo medicinal Swanton "Religious Beliefs" 664
Tilia americana L.	American Basswood	Antidiarrheal; Cough medicine; Dermatological aid; Gastrointestinal aid; Snake bite remedy; Tuberculosis remedy	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Delaware, Le Flore, McCurtain, Nowata, Ottawa, Pittsburg, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50); Mooney "The Swimmer Manuscript" (p. 244); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 24)	
Nymphaea sp. (Nymphaea L.)	Pond Lily (waterlily)	Cough medicine; Respiratory aid; Sedative;	Seminole	Atoka, Cherokee, Choctaw, Haskell, Johnston, Latimer, Le Flore, Lincoln, Look Up, McCurtain, Okmulgee, Pushmataha, Sequoyah	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 237)	Moern link to USDA was incorre

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Nymphaea sp. (Nymphaea L.)	Pond Lily (waterlily)	"cure for burning maladies"	Possibly Cherokee	Atoka, Cherokee, Choctaw, Haskell, Johnston, Latimer, Le Flore, Lincoln, Look Up, McCurtain, Okmulgee, Pushmataha, Sequoyah	East & West	Swanton, "Religious Beliefs," p. 669	This is in Moern list
Dichanthelium laxiflorum (Lam.) Gould	Openflow er Rosette Grass	Analgesic; Antirheumatic; Cough medicine; Pulmonary aid; Throat aid	Seminole	Adair, Atoka, Cherokee, Choctaw, Craig, Creek, Hughes, Johnston, Latimer, Le Flore, Marshall, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Payne, Pushmataha	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 194, 236, 323	
Hydrocotyle umbellata L.	Manyflow er Marshpen nywort	Cough medicine; Respiratory aid; Sedative	Seminole	Atoka, Choctaw, Johnston, McCurtain, Murray, Pushmataha	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 237)	
Panicum L.	Panic Grass	Antirheumatic; Cough medicine; Pulmonary aid; Throat aid	Seminole	All counties	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p.166, 236)	

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Panicum L.	Panic Grass	Febrifuge; Misc. disease remedy (malaria)	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)	All counties	East & West	Swanton, "Religious Beliefs," p. 667; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 6)	Moerr entry d not see correct
Geum aleppicum Jacq.	Yellow Avens		Malecite/Micmac			Mechling, W.H. 1959 The Malecite Indians With Notes on the Micmacs. Anthropologica 8:239-263 (p. 249); Chandler, R. Frank, Lois Freeman and Shirley N. Hooper 1979 Herbal Remedies of the Maritime Indians. Journal of Ethnopharmacology 1:49-68 (p. 57)	

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Medicinal Plant Spread Sheet

Lepidium virginicum L.	Virginia Pepperweed	Dermatological aid; Pulmonary aid; Veterinary aid	Cherokee	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Washinton, Woods	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 48)	
Sinapis alba L.	White Mustard	Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Respiratory aid; Stimulant; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 46)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Sisymbrium officinale (L.) Scop.	Hedgemu stard	Pulmonary aid	Cherokee	Adair, Bryan, Cherokee, Choctaw, Comanche, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Oklahoma, Osage, Pushmataha, Rogers, Sequoyah, Washington	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 46)	
Asclepias verticillata L.	Whorled Milkweed	Diaphoretic; Snake Bite Remedy; Stimulant	Choctaw	Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Grant, Greer, Haskell, Jackson, Jefferson, Johnston, Kay, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Texas, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw , Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Asclepias tuberosa L.</p>	<p>Butterfly Milkweed</p>	<p>Analgesic; Antidiarrheal; Expectorant; Gynecological Aid; Heart Medicine; Laxative; Pulmonary Aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 105, 106); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27); also possibly Swanton page 668</p>	<p>referre as as "butt weed, pleuris root" in Chocta Disser: source</p>
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Asclepias tuberosa L.	Butterfly Milkweed	Cold treatment	Choctaw	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 238)	
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Medicinal Plant Spread Sheet

Podophyllum peltatum L.	Mayapple	Anthelmintic; Antirheumatic; Cathartic; Dermatological Aid; Ear Medicine;Insecticide; Laxative; Liver aid; Poison; purgative	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 48, 49); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 237); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Quercus marilandica Muenchh.</p>	<p>Blackjack Oak</p>	<p>Analgesic; Gynecological aid</p>	<p>Choctaw</p>	<p>Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Delaware, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Sequoyah, Haskell, Huges, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Love, Major, Mayes, McClain, McCurtain, Muskogee, McIntosh, Noble, Nowata, Oklahoma, Okmulgee, Ottawa, Tulsa, Washington, Osage, Pawnee, Payne, Lincoln, Pottawatomie, Marshall, Murray, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Wagoner, Woods, Woodward</p>	<p>East & West</p>	<p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 17)</p>	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Pinus echinata P. Mill.	Shortleaf Pine (Yellow Pine)	Anthelmintic; Dermatological aid (salve for boils, ulcers, wounds)	Choctaw	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah	East & West	Bushnell, Jr., David I. 1909 "The Choctaw of Bayou", (p. 24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 5)	
Pinus echinata P. Mill.	Shortleaf Pine (Yellow Pine)	Cough medicine; Taken for "hang on"	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49)	Was not listed in Moerman by this name or of the names by Har

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Smilax bona-nox L.	Saw Greenbrier	Tonic	Choctaw	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 8, 57)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Smilax bona-nox L.	Saw Greenbrier (cat briar per Swanton)	Other- ("To Make One Young")	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward	East & West	Swanton, "Religious Beliefs," p. 667	Moerr entry does not see correct
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Medicinal Plant Spread Sheet

<p>Quercus stellata Wangenh.</p>	<p>Post Oak</p>	<p>Gastrointestinal Aid</p>	<p>Choctaw</p>	<p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p>	<p>East & West</p>	<p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18)</p>	
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Medicinal Plant Spread Sheet

<p>Quercus stellata Wangenh.</p>	<p>Post Oak</p>	<p>Antidiarrheal; Dermatological aid (Mouth sores); Disinfectant; Emetic; Febrifuge; Gastrointestinal aid; Oral aid(Mouth sores); Respiratory aid; Throat aid; Tonic; Urinary aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p>	<p>East & West</p>	<p>Mooney "The Swimmer Manuscript" (p. 200); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)</p>	
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Medicinal Plant Spread Sheet

<p>Quercus stellata Wangenh.</p>	<p>Post Oak</p>	<p>Antidiarrheal (dysentery)</p>	<p>Creek</p>	<p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18)</p>	
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Medicinal Plant Spread Sheet

Quercus nigra L.	water oak	Gynecological aid (menstrual cramps)	Choctaw	Atoka, Bryan, Carter, Choctaw, Coal, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, McCurtain, McIntosh, Okfuskee, Okmulgee, Pittsburg, Pushmataha, Sequoyah	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18)	
Quercus nigra L.	water oak	Gynecological aid (menstrual cramps)	Cherokee	Atoka, Bryan, Carter, Choctaw, Coal, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, McCurtain, McIntosh, Okfuskee, Okmulgee, Pittsburg, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 32, 33, 82)	Not listed in Moern
Heuchera americana L.	American Alumroot	Antidiarrheal; Dermatological aid; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Oral aid	Cherokee	Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 56); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	

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Medicinal Plant Spread Sheet

Heuchera americana L.	American Alumroot	Dermatological Aid; Tonic	Chickasaw	Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287)	
Heuchera americana L.	American Alumroot	Dermatological Aid; Tonic	Choctaw	Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287)	

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Medicinal Plant Spread Sheet

Heuchera americana L.	American Alumroot	Dermatological Aid; Tonic	Creek	Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287)	
Liquidambar styraciflua L.	Sweetgum	Antidiarrheal; Dermatological aid; Gynecological aid; Other; Sedative	Cherokee	Bryan, Choctaw, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 58, 81, 86); Vogel 1970: 1970; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	

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Medicinal Plant Spread Sheet

Liquidambar styraciflua L.	Sweetgum	Dermatological aid	Choctaw	Bryan, Choctaw, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha, Tulsa	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 26)	
Geranium maculatum L.	Spotted Geranium	Dermatological Aid; Hemostat; Oral aid; Pediatric aid	Cherokee	Adair, Cherokee, Delaware, McCurtain, Ottawa, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35)	referred as as "v geranium in Cho Disser: source

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Geranium maculatum L.	Spotted Geranium	Dermatological Aid; Venereal aid	Choctaw	Adair, Cherokee, Delaware, McCurtain, Ottawa, Sequoyah	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286-287)	referred as as "v geranit in Cho Disser: source
Zanthoxylum clava-herculis L.	Hercules' Club	Toothache remedy	Choctaw	Bryan, Choctaw, Coal, Cotton, Harmon, Jefferson, Johnston, Le Flore, Look Up, Love, Marshall, McCurtain, Pontotoc, Pushmataha, Sequoyah, Tillman	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 238)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Ilex opaca Ait.	American Holly	Eye Medicine	Choctaw	Choctaw, Le Flore, Look Up, McCurtain, Pushmataha	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 37-38)	Alabar medici "Ilex" "holly" for sor eyes; Swant "Relig Beliefs 665
Ilex opaca Ait.	American Holly	Misc. Disease Remedy (Measles)	Catawba	Choctaw, Le Flore, Look Up, McCurtain, Pushmataha	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 37)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Ilex opaca Ait.	American Holly	Gastrointestinal Aid; Orthopedic aid	Cherokee	Choctaw, Le Flore, Look Up, McCurtain, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 80); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)	
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Medicinal Plant Spread Sheet

<p>Hypericum hypericoides ssp. hypericoides</p>	<p>St. Andrew's Cross</p>	<p>Colic remedy; Eye Medicine; Gastrointestinal aid</p>	<p>Choctaw</p>	<p>Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p>	<p>East & West</p>	<p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 23-24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 42)</p>	
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Medicinal Plant Spread Sheet

<p>Hypericum hypericoides ssp. hypericoides</p>	<p>St. Andrew's Cross</p>	<p>Diuretic; Pedicatric Aid; Urinary Aid</p>	<p>Natchez (possibly Cherokee per Swanton)</p>	<p>Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 87, 88); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473- 672 (p. 666); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 42)</p>	
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Medicinal Plant Spread Sheet

Symplocos tinctoria (L.) L'Hér.	Common sweetleaf	Febrifuge	Choctaw	McCurtain & Pushmataha	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 50)
Chionanthus virginicus L.	White Fringetree	Dermatological Aid; Disinfectant	Choctaw	Latimer, Le Flore, McCurtain, Pushmataha	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 50)

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Spigelia marilandica (L.) L.</p>	<p>Woodland Pinkroot</p>	<p>Anthelmintic</p>	<p>Cherokee</p>	<p>Le Flore, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 104); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)</p>	
<p>Spigelia marilandica (L.) L.</p>	<p>Woodland Pinkroot</p>	<p>Anthelmintic</p>	<p>Creek</p>	<p>Le Flore, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p>	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Spigelia marilandica (L.) L.	Woodland Pinkroot	Febrifuge; Tonic	Choctaw	Le Flore, McCurtain, Pushmataha	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 237)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Cephalanthus occidentalis L.	Common Buttonbush	Eye Medicine	Chickasaw	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Cephalanthus occidentalis L.	Common Buttonbush	Antidiarrheal; Eye Medicine; Febrifuge; Tonic; Toothache Remedy	Choctaw	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24); Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58)	
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Medicinal Plant Spread Sheet

Cephalanthus occidentalis L.	Common Buttonbush	Analgesic; Antidiarrheal; Antiemetic; Blood Medicine; Cathartic; Febrifuge; Gastrointestinal Aid; Laxative; Nausea; Other; Strengthener; Urinary Aid	Seminole	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 189, 228, 247, 273, 283)	
Galium asprellum Michx.	Rough Bedstraw	Diaphoretic; Diuretic; Misc. Disease Remedy (Measles)	Choctaw	Hughes	East & West (north ern)	Campbell, "Medicinal Plants," p. 287	

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Medicinal Plant Spread Sheet

<p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p>	<p>American Elder (American black elderberry)</p>	<p>Liver Aid; Dyspepsia Remedy; Urinary Aid</p>	<p>Choctaw</p>	<p>Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain</p>	<p>East & West</p>	<p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 55, 58-59); Vogel 1970 (p. 301).</p>	
<p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p>	<p>American Elder (American black elderberry)</p>	<p>Analgesic</p>	<p>Chickasaw</p>	<p>Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain</p>	<p>East & West</p>	<p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58)</p>	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Sambucus nigra ssp. canadensis (L.) R. Bolli	American Elder (American black elderberry)	Breast Treatment; Gynecological Aid	Creek	Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58)	
Sambucus nigra ssp. canadensis (L.) R. Bolli	American Elder (American black elderberry)	Emetic; Gastrointestinal Aid	Seminole	Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 167, 276)	

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Medicinal Plant Spread Sheet

Sambucus nigra ssp. canadensis (L.) R. Bolli	American Elder (American black elderberry)	Antirheumatic (Internal); Burn Dressing; Cathartic; Dermatological Aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney Aid; Other; Pediatric Aid	Cherokee	Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33)	
Acer rubrum L.	Red Maple	Analgesic; Antidiarrheal; Dermatological Aid; Eye Medicine; Gynecological Aid; Misc. Disease Remedy (Measles)	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, McCurtain, Ottawa, Pittsburg, Pushmataha, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31, 81); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 73); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	

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Medicinal Plant Spread Sheet

Acer rubrum L.	Red Maple	Dermatological aid; Hemorrhoid Remedy; Orthopedic Aid	Seminole	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, McCurtain, Ottawa, Pittsburg, Pushmataha, Washington	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 269)	
Acer saccharinum L.	Silver Maple	Analgesic; Antidiarrheal; Dermatological Aid; Eye Medicine; Gynecological Aid; Misc. Disease Remedy (Measles)	Cherokee	Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Mayes, McClain, McCurtain, McIntosh, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 82); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	

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<p>Impatiens capensis Meerb.</p>	<p>Jewelweed</p>	<p>Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Misc. Disease Remedy (Measles); Pediatric Aid</p>	<p>Cherokee</p>	<p>Adair, Bryan, Cherokee, Choctaw, Delaware, Kay, Le Flore, Look Up, Marshall, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pushmataha, Tulsa, Wagoner, Washington</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 8, 10; 34, 81, 84, 85, 118); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 40); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)</p>	
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Medicinal Plant Spread Sheet

Impatiens pallida Nutt.	Pale Touchme not (touch-me-not)	Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Misc. Disease Remedy (Measles); Pediatric Aid	Cherokee	Adair, Craig, Delaware	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 8, 10, 84, 85); Mooney "The Swimmer Manuscript" (p. 119, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
Porteranthus sp.		Gynecological Aid	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)			Swanton, "Religious Beliefs," :473-672 (p. 667)	Incom entry c Moern

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

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Quercus alba L.	White Oak	Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid	Cherokee	Adair, Atoka, Cherokee, Choctaw, Cimarron, Coal, Craig, Delaware, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa; Pushmataha, Sequoyah, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31; 32, 82); Mooney "The Swimmer Manuscript" (p. 244); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	
Quercus falcata Michx.	Southern Red Oak	Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid	Cherokee	Atoka, Bryan, Carter, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Marshall, McCurtain, Murray, Muskogee, Okfuskee, Pittsburg, Pontotoc, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Mooney "The Swimmer Manuscript" (p. 199); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	

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Medicinal Plant Spread Sheet

Quercus imbricaria Michx.	Shingle Oak	Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid	Cherokee	Unknown	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	
Quercus rubra L.	Northern Red Oak	Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid	Cherokee	Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Okmulgee, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa	East & West	Mooney "The Swimmer Manuscript" (p. 244); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 17); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	

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<p>Quercus velutina Lam.</p>	<p>Black Oak</p>	<p>Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Gynecological Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33, 34); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)</p>	
<p>Botrychium virginianum (L.) Sw.</p>	<p>Rattlesnake Fern</p>	<p>Diaphoretic; Emetic; Expectorant</p>	<p>Chickasaw</p>	<p>Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Garvin, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Woods</p>	<p>East & West</p>	<p>Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 288,289)</p>	

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Medicinal Plant Spread Sheet

<p>Botrychium virginianum (L.) Sw.</p>	<p>Rattlesnake Fern</p>	<p>Emetic; Snake Bite Remedy</p>	<p>Cherokee</p>	<p>Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Garvin, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Woods</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 2); Mooney "The Swimmer Manuscript" (p. 176, 177); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)</p>	
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Eryngium aquaticum L.	Rattlesnake master	Emetic; Gastrointestinal Aid (Nausea)	Cherokee	Bryan	East	Mooney "The Swimmer Manuscript" (p. 245); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45)	Eryngium Virginicum per Mooney
Eryngium aquaticum L.	Rattlesnake master	Antidote; Diuretic; Expectorant; Snake bite Remedy; Stimulant; Venereal Aid	Choctaw	Bryan	East	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287)	

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Medicinal Plant Spread Sheet

Cirsium altissimum (L.) Hill	Tall Thistle	Analgesic (Neuralgia); Gastrointestinal Aid; Poultice	Cherokee	Adair, Alfalfa, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek Delaware, Garvin, Grady, Haskell, Johnston, Kay, Latimer, Le Flore, Love, Major, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	
Cirsium vulgare (Savi) Ten.	Bull Thistle	Analgesic (Neuralgia); Gastrointestinal Aid; Poultice	Cherokee	Blaine, Caddo, Cherokee, Cleveland, Delaware, Grady, Grant, Kay, Le Flore, McCurtain, Murray, Osage, Ottawa, Woods	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	
Prenanthes aspera Michx.	Rough Rattlesnakeroot	Analgesic; Diuretic; Other (Secernant); Stimulant	Choctaw	Craig, Creek, Delaware, Mayes, Murray, Muskogee, Osage, Ottawa, Rogers, Washington	East & West	Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 288)	
Ionactis linariifolius (L.) Greene	Ionactis (flaxleaf whitetop aster)	Analgesic; Antidiarrheal; Febrifuge; Respiratory Aid	Cherokee	Adair, Cherokee, Delaware, McCurtain, Sequoyah	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24)	

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Symphytichum novae-angliae (L.) Nesom	New England Aster	Analgesic; Antidiarrheal; Febrifuge; Respiratory Aid	Cherokee	Cherokee	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24)	
Humulus lupulus L.	Common Hop	Analgesic; Antirheumatic (Internal); Breast Treatment; Gynecological Aid; Kidney Aid; Sedative; Urinary Aid;	Cherokee	Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Greer, Jackson, Johnston, Kiowa, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Okfuskee, Osage, Ottawa, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39)	

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Lactuca canadensis L.	Canada Lettuce	Analgesic; Sedative; Stimulant	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Johnston, Kay, Latimer, Le Flore, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Texas, Tulsa, Wagoner, Washita	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 42)	
Papaver somniferum L.	Opium Poppy	Analgesic; Anticonvulsive; Sedative; Stimulant	Cherokee	Payne, Pottawatomie	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 50, 51)	
Polygonum hydropiper L.	Marshpepper Knotweed	Analgesic; Antidiarrheal; Dermatological Aid; Poultice; Pediatric Aid; Poison; Urinary Aid;	Cherokee	Atoka, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Grady, Kay, Le Flore, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Ottawa, Pittsburg, Pottawatomie, Sequoyah, Texas, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)	

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Polygonum persicaria L.	Spotted Ladysthumb	Analgesic; Dermatological Aid; Urinary Aid	Cherokee	Adair, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Comanche, Creek, Custer, Delaware, Ellis, Grady, Harmon, Haskell, Huges, Jackson, Johnston, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Major, Marshall, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)	
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<p>Vicia caroliniana Walt.</p>	<p>Carolina Vetch</p>	<p>Analgesic; Antirheumatic (Internal); Emetic; Gastrointestinal Aid; Misc. Disease Remedy; Orthopedic Aid; Respiratory Aid;</p>	<p>Cherokee</p>	<p>Adair, Bryan, Cherokee, Comanche, Delaware, Le Flore, McCurtain, Pushmataha, Wagoner</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 7, 65, 74); Mooney, "Sacred Formulas of the Cherokees," (pg. 325); Mooney "The Swimmer Manuscript" (p. 198, 207); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 34); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)</p>	
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Liatrix laxa Small (Eryngium aquaticum L.)	Rattlesnak e Master	Analgesic; Antidiarrheal; Antiemetic; Antirheumatic (External); Dietary Aid; Gastrointestinal Aid; Pediatric Aid	Seminole		East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 191,193, 234)	
Aralia sp.		Antihemorrhagic	Creek			Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 43)	Was missin, on M t docum and incomj entry c Moern

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Medicinal Plant Spread Sheet

<p>Ambrosia artemisiifolia L.</p>	<p>Annual Ragweed</p>	<p>Dermatological Aid; Disinfectant; Febrifuge; Pulmonary Aid</p>	<p>Cherokee</p>	<p>Atoka, Bryan, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Garvin, Hughes, Johnston, Kay, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p>	<p>North</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)</p>	
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Medicinal Plant Spread Sheet

<p>Ambrosia trifida L.</p>	<p>Great Ragweed</p>	<p>Dermatological Aid; Disinfectant; Febrifuge; Pulmonary Aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Harmon, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)</p>	
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Senna marilandica (L.) Link	Maryland Wild Sensitive Plant (Maryland senna)	Analgesic; Cathartic; Dermatological Aid; Febrifuge; Heart Medicine; Misc. Disease Remedy; Pediatric Aid; Pulmonary Aid; Stimulant	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Comanche, Cotton, Craig, Delaware, Ellis, Kay, Le Flore, Logan, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 68, 69, 70); Mooney, "Sacred Formulas of the Cherokees," pg. 325; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	also kr as " Cε Marila "
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Medicinal Plant Spread Sheet

<p>Polystichum acrostichoides (Michx.) Schott</p>	<p>Christmas Fern</p>	<p>Antirheumatic (External); Antirheumatic (Internal); Emetic; Febrifuge; Gastrointestinal Aid; Pulmonary Aid (pneumonia); Toothache Remedy</p>	<p>Cherokee</p>	<p>Adair, Caddo, Cherokee, Choctaw, Creek, Delaware, Grady, Latimer, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5); Mooney, "Sacred Formulas of the Cherokees," (pg. 327, 346, 349, 350); Mooney "The Swimmer Manuscript" (p. 288); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 3); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p.8, 33)</p>	<p>Moone also ca this Sh Fern - Aspidi acrosti es</p>
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Medicinal Plant Spread Sheet

Acalypha virginica L.	Virginia Threeseed Mercury	Kidney Aid (dropsy); Misc. Disease Remedy (Pox); Urinary Aid	Cherokee	Adair, Atoka, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Logan, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Washington, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
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Medicinal Plant Spread Sheet

Eupatorium purpureum L.	Sweetened Joepyweed	Adjuvant; Antirheumatic (Internal); Diuretic; Gynecological Aid; Kidney Aid; Misc. Disease Remedy (grout, dropsy); Other; Tonic; Urinary Aid	Cherokee	Cherokee, Choctaw, Delaware, Le Flore, McCurtain, Ottawa, Pushmataha, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 128, 129; 133); Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Mooney "The Swimmer Manuscript" (p. 262); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41, 42)	
Packera aurea (L.) A. Löve & D. Löve	Golden Ragwort	Gynecological Aid; Heart Medicine	Cherokee	Adair, Cherokee, Choctaw, Delaware, Johnston, McCurtain, Pushmataha, Rogers, Sequoyah, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)	

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Medicinal Plant Spread Sheet

<p>Eryngium yuccifolium var. synchaetum Gray ex Coult. & Rose</p>	<p>Button Eryngo</p>	<p>Analgesic; Antidiarrheal; Antihemorrhagic; Antirheumatic (External); Ceremonial Medicine; Dermatological Aid; Dietary Aid; Emetic; Febrifuge; Gastrointestinal Aid; Heart Medicine; Orthopedic Aid; Unspecified; Panacea; Respiratory Aid; Snake Bite Remedy; Stimulant; Unspecified</p>	<p>Seminole</p>	<p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p>	<p>East & West</p>	<p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 95, 145, 161, 164, 166, 167, 184, 191, 215, 223, 238, 248, 257, 276, 288, 295, 304, 408)</p>	
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Medicinal Plant Spread Sheet

Monarda sp.	Horsemint	Antirheumatic (external/internal); Dermatological Aid; Diaphoretic; Ear Medicine; Kidney Aid; Psychological Aid; Sedative; Witchcraft Medicine; Dropsy; For Leg Swelling	Creek		East & West	Taylor, "Plants Used," p. (p. 54); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657)	
Monarda sp.	Horsemint	Analgesic	Cherokee		East & West	Banks, William (195	Could find th Hamel Moern list...

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Medicinal Plant Spread Sheet

Cynoglossum virginianum L.	Wild Comfrey	; Cold Remdy	Cherokee	Adair, Bryan, Creek, Le Flore, McCurtain, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 107); Mooney "The Swimmer Manuscript" (p. 174); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 52); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
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Medicinal Plant Spread Sheet

Fragaria virginiana Duchesne	Virginia Strawberry	Antidiarrheal; Gastrointestinal Aid; Kidney Aid; Liver Aid; Misc. Disease Remedy (scurvy); Psychological Aid; Sedative; Toothache Remedy; Urinary Aid	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Delaware, Haskell, Johnston, Le Flore, Lincoln, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Rogers, Sequoyah, Tulsa, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
Hackelia virginiana (L.) I.M. Johnston	Beggarslice	Cancer Treatment; Dermatological Aid; Kidney Aid; Love Medicine; Psycholocial Aid	Cherokee	Adair, Alfalfa, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Grady, Kiowa, Le Flore, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Pushmataha, Washington	East & West	Mooney, "Sacred Formulas of the Cherokees," (pg. 324); Mooney "The Swimmer Manuscript" (p. 174); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25)	

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Solanum nigrum L.	Black Nightshade	Emetic; Psychological Aid	Cherokee	Beaver, Bryan, Cherokee, Cimarron, Cleveland, Delaware, Garvin, Grady, Le Flore, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pontotoc, Sequoyah, Tulsa	East & West (sparse)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 115, 116); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	
Baptisia australis (L.) R. Br. ex Ait. f.	Blue Wild Indigo	Antiemetic; Cathartic; Emetic; Gynecological Aid; Toothache Remedy	Cherokee	Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harper, Haskell, Huges, Johnston, Kay, Kingfisher, Kiowa, Le Flore, Lincoln, Logan, Major, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Stephens, Tulsa, Washington, Woods, Woodward	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	

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Medicinal Plant Spread Sheet

<p>Chamaesyce maculata (L.) Small (Euphorbia Maculata or E. Corollata per Hamel)</p>	<p>Spotted Sandmat (ground milkweed; eyebane; flowering spurge per Hamel)</p>	<p>Cancer Treatment; Cathartic; Dermatological Aid; Gynecological Aid; Pediatric Aid; Toothache Remedy; Urinary Aid; Venereal Aid</p>	<p>Cherokee</p>	<p>Alfalfa, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Look Up, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Woods</p>	<p>East & West</p>	<p>Mooney "The Swimmer Manuscript" (p. 180); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)</p>	
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Medicinal Plant Spread Sheet

Morus alba L.	White Mulberry	Anthelmintic; Antidiarrheal; Cathartic; Laxative	Cherokee	Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Creek, Custer, Ellis, Garfield, Garvin, Grady, Harmon, Harper, Jackson, Jefferson, Johnston, Kingfisher, Latimer, Le Flore, Major, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Roger Mills, Rogers, Tillman, Tulsa, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	
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Medicinal Plant Spread Sheet

Morus rubra L.	Red Mulberry	Anthelmintic; Antidiarrheal; Cathartic; Laxative	Cherokee	Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	
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Morus rubra L.	Red Mulberry	Emetic; Stimulatn; Urinary Aid	Creek	Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659)	
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Medicinal Plant Spread Sheet

Prunus persica (L.) Batsch	Peach	Anthelmintic; Antiemetic; Cathartic; Dermatological Aid; Febrifuge; Gastrointestinal Aid	Cherokee	Adair, Atoka, Beaver, Bryan, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Grant, Harper, Johnston, Le Flore, Marshall, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Payne, Pittsburg, Pushmataha, Texas	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 63); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47, 48)	
Pyrrhopappus carolinianus (Walt.) DC.	Carolina Desertchi cory	Blood Medicine	Cherokee	Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Texas, Tillman, Tulsa, Washington, Woods	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	

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Medicinal Plant Spread Sheet

Juniperus sp.	Cedar	Analgesic; Antirheumatic (External); Blood Medicine; Tonic	Creek	Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Greer, Harmon, Harper, Haskell, Jackson, Jefferson, Johnston, Kingfisher, Kiowa, Le Flore, Lincoln, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657)	
Liatis sp.	Deer's Potato	Antirheumatic (external/internal)	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 656, 660)	

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Caulophyllum thalicroides (L.) Michx.	Blue Cohosh	Anticonvulsive; Antirheumatic (internal); Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Sedative; Toothache Remedy	Cherokee		East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 48); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
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Medicinal Plant Spread Sheet

<p>Coronilla varia L.</p>	<p>Purple Crownvet ch</p>	<p>Antirheumatic (External); Emetic; Orthopedic Aid</p>	<p>Cherokee</p>	<p>Canadian, Craig, Grady, Jefferson, Le Flore, McIntosh, Murray, Oklahoma, Payne, Tulsa</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70, 71); Mooney "The Swimmer Manuscript" (p. 198); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 31); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)</p>	
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Medicinal Plant Spread Sheet

Dryopteris marginalis (L.) Gray (Dryopteris spp. Per Banks)	Marginal Woodfern (Wood-fern)	Antirheumatic (internal); Emetic; Toothache Remedy	Cherokee	Adair, Cherokee, Comanche, Creek, Delaware, Grady, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)	
Echinocystis lobata (Michx.) Torr. & Gray	Wild Cucumber	Abortifacient; Antirheumatic (internal); Febrifuge; Kidney Aid	Cherokee	Cimarron, Comanche, Greer, Kay, Major, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	

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<p>Osmunda cinnamomea L.</p>	<p>Cinnamon Fern</p>	<p>Antirheumatic (external); Febrifuge; Snake Bite Remedy; Tonic</p>	<p>Cherokee</p>	<p>Atoka, Choctaw, Johnston, Latimer, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 2); Mooney, "Sacred Formulas of the Cherokees," (pg. 346, 349, 350); Mooney "The Swimmer Manuscript" (p. 228); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 8, 33)</p>	
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Medicinal Plant Spread Sheet

Rubus allegheniensis Porter	Allegheny Blackberry	Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid	Cherokee	Adair, Bryan, Cherokee, Choctaw, Comanche, Creek, Delaware, Haskell, Hughes, Kay, Le Flore, Muskogee, Nowata, Okfuskee, Okmulgee, Ottawa, Pittsburge, Pushmataha, Washington	East & West	Mooney "The Swimmer Manuscript" (p. 253); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 29); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26)	
Rubus argutus Link	Sawtooth Blackberry	Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid	Cherokee	Bryan, Canadian, Choctaw, Cleveland, Coal, Craig, Grady, Greer, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Oklahoma, Osage, Pittsburg, Pottawatomie, Seminole, Tulsa, Washita, Woods	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26)	

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Rubus trivialis Michx.	Southern Dewberry (blackberry, alleggheny, high bush, dewberry)	Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid	Cherokee	Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 28, 67); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26)	
Rubus trivialis Michx.	Southern Dewberry	Gastrointestinal Aid	Seminole	Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276)	

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Sambucus nigra L.	European Black Elder	Antirheumatic (Internal); Burn Dressing; Cathartic; Dermatological Aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney Aid; Other; Pediatric Aid	Cherokee	Adair, Cherokee, Le Flore, Lincoln, McCurtain, Pawnee, Tulsa	Northeast (does not border Miss. River)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33)	
Smilax herbacea L.	Smooth Carrionflower	Analgesic; Antirheumatic (internal); Burn Dressing; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Orthopedic Aid; Other (taken for "bad disease")	Cherokee	Adair, Bryan, Cherokee, Cleveland, Delaware, Grady, Le Flore, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Tulsa, Wagoner	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	
Zanthoxylum americanum P. Mill.	Common Pricklyash	Antirheumatic (external)	Cherokee	Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Garvin, Johnston, Kay, Latimer, Lincoln, McClain, Murray, Muskogee, Noble, Nowata, Oklahoma, Payne, Pontotoc, Pushmataha, Rogers, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	

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Zanthoxylum americanum P. Mill.	Common Pricklyash (prickly ash)	Toothache remedy	Alabama	Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Garvin, Johnston, Kay, Latimer, Lincoln, McClain, Murray, Muskogee, Noble, Nowata, Oklahoma, Payne, Pontotoc, Pushmataha, Rogers, Tulsa	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663)	
Rumex verticillatus L.	Swamp Dock	Misc. disease remedy (smallpox)	Choctaw	Alfalfa, Atoka, Caddo, Choctaw, Latimer, McCurtain, Oklahoma, Okmulgee, Pontotoc, Wagoner	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 21)	

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Arundinaria gigantea (Walt.) Muhl.	Giant Cane	Cathartic	Seminole	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Pittsburg, Pushmataha, Sequoyah, Tulsa, Wagoner	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 275)	
Arundinaria gigantea (Walt.) Muhl.	Giant Cane	Weapon	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Pittsburg, Pushmataha, Sequoyah, Tulsa, Wagoner	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 28)	

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Medicinal Plant Spread Sheet

Juglans nigra L.	Black Walnut	Dermatological Aid; Misc. Disease Remedy (smallpox); Poison; Toothache Remedy	Cherokee	Adair, Alfalfa, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grant, Greer, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 26); Mooney "The Swimmer Manuscript" (p. 120, 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
Viburnum acerifolium L.	Mapleleaf Viburnum	Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic	Cherokee	Oklahoma	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)	

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Medicinal Plant Spread Sheet

Viburnum nudum var. cassinoides (L.) Torr. & Gray	Possumhaw (with-rod)	Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McCurtain McIntosh, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)	
Viburnum prunifolium L.	Blackhaw	Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Delaware, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Manfreda virginica (L.) Salisb. ex Rose (Agave Virginica)</p>	<p>False Aloe</p>	<p>Anthelmintic; Antidiarrheal; Liver Aid</p>	<p>Cherokee</p>	<p>Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 19, 20); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)</p>	
<p>Manfreda virginica (L.) Salisb. ex Rose</p>	<p>False Aloe</p>	<p>Snake Bite Remedy</p>	<p>Creek</p>	<p>Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,</p>	<p>East & West</p>	<p>Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 289)</p>	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Manfreda virginica (L.) Salisb. ex Rose	False Aloe	Snake Bite Remedy	Seminole	Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 297)	
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Medicinal Plant Spread Sheet

<p>Populus deltoides ssp. deltoides</p>	<p>Eastern Cottonwood</p>	<p>Dermatological Aid; Herbal Steam; Snake Bite Remedy</p>	<p>Choctaw</p>	<p>Adair, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 12)</p>	
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Medicinal Plant Spread Sheet

Diospyros virginiana L.	Common Persimmon	Antidiarrheal; Dermatological aid; Gastrointestinal aid; Hemorrhoid remedy; Liver Aid; Oral aid; Throat Aid; Toothache Remedy; Venereal Aid	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 26, 27, 103, 104); Mooney "The Swimmer Manuscript" (p. 275, 293, 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49)	
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Medicinal Plant Spread Sheet

Oxalis violacea L.	Violet Woodsorrel	Anthelmintic; Antiemetic; Blood medicine; Cancer treatment; Dermatological aid; Oral aid; Pediatric aid; Throat aid	Cherokee	Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
Ranunculus abortivus L.	Littleleaf Buttercup	Dermatological Aid; Oral Aid; Sedative; Throat Aid	Cherokee	Roger Mills, Kay, Cleveland, Nowata, Mayes, Tulsa, Muskogee, Cherokee, Pittsburg, Bryan, Pushmataha, Muskogee, Delaware, Adair, Sequoyah, Le Flore, McCurtain	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	

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Rumex crispus L.	Curly Dock	Antidiarrheal; Blood Medicine; Dermatological Aid; Kidney Aid; Laxative; Throat Aid	Cherokee	Cimarron, Beaver, Woods, Alfalfa, Grant, Garfield, Blaine, Kingfisher, Oklahoma, Cleveland, McClain, Kay, Payne, Pottawatomie, Osage, Murray, Washington, Tulsa, Muskogee, Pittsburg, Marshall, Bryan, Delaware, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32)	
Ranunculus recurvatus Poir.	Blisterwort	Dermatological Aid; Oral Aid; Sedative; Throat Aid	Cherokee	Delaware, Adair, Bryan, McCurtain	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	
Rumex patientia L.	Patience Dock	Antidiarrheal; Blood Medicine; Dermatological Aid; Kidney Aid; Laxative; Throat Aid	Cherokee	Cleveland	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32)	
Solanum carolinense L.	Carolina Horsenettle	Anthelmintic; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid	Cherokee	Blaine, Kay, Pawnee, Payne, Creek, Lincoln, Oklahoma, Cleveland, McClain, Pottawatomie, Garvin, Murray, Pontotoc, Washington, Hughes, Pittsburg, Muskogee, Latimer, Carter, Marshall, Bryan, Choctaw, McCurtain, Haskell, Sequoyah, Delaware, Mayes, Craig	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 115); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	

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Crataegus spatulata Michx.	Littlehip Hawthorn	Dietary Aid; Heart Medicine; Preventive Medicine; Protection	Cherokee		East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 71); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	
Ageratina altissima var. altissima	White Snakeroot	Antidiarrheal; Diuretic; Febrifuge; Misc. Disease Remedy; Stimulant; Tonic; Urinary Aid	Cherokee	Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
Ageratina altissima var. altissima	White Snakeroot	Stimulant; Tonic; Toothache Remedy	Choctaw	Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 288)	

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Ageratina altissima var. altissima	White Snakeroot	Toothache remedy	Chickasaw	Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 288)	
Actaea pachypoda Ell.	White Baneberry	Dermatological Aid; Stimulant; Throat Aid; Toothache Remedy	Cherokee	Le Flore	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 43); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)	

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Chamaecrista nictitans ssp. nictitans var. nictitans	Partridge Pea (sensitive partridge pea)	Stimulant	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	
Hedeoma pulegioides (L.) Pers.	American Falsepennyroyal	Abortifacient; Analgesic; Antidiarrheal; Cold Remedy; Cough Medicine; Diaphoretic; Expectorant; Febrifuge; Pulmonary Aid; Stimulant; Toothache Remedy	Cherokee	Adair, Bryan, Delaware, Le Flore, Mayes, McCurtain, Nowata, Osage, Pontotoc	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 48)	

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Hedeoma pulegioides (L.) Pers.	American Falsepennyroyal	Eye Medicine	Chickasaw	Adair, Bryan, Delaware, Le Flore, Mayes, McCurtain, Nowata, Osage, Pontotoc	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 53)	
Hydrastis canadensis L.	Goldenseal	Cancer Treatment; Dermatological Aid; Dietary Aid; Gastrointestinal Aid; Stimulant; Tonic	Cherokee	On OK but counties unknown	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36)	
Leonurus cardiaca L.	Common Motherwort	Gastrointestinal Aid; Sedative; Stimulant	Cherokee	Cherokee, Delaware, Nowata	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	

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Menispermum canadense L.	Common Moonseed	Antidiarrheal; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Laxative; Stimulant; Venereal Aid	Cherokee	Adair, Alfalfa, Blaine, Caddo, Canadian, Cherokee, Cleveland, Comanche, Craig, Custer, Garvin, Grady, Kay, Kiowa, Le Flore, Logan, Major, Mayes, McCurtain, Murray, Nowata, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Washington, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	
Piper nigrum L.	Black Pepper	Dermatological Aid; Stimulant	Cherokee	Unknown		Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 48)	Not sh on US! Map (i OK?)
Rubus flagellaris Willd.	Northern Dewberry	Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid	Cherokee	Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Greer, Johnston, Kay, Le Flore, Logan, Love, McCurtain, Murray, Noble, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Rogers	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26)	Banks this Ru Villost

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Baptisia sp.	Black Weed (Wild Indigo)	Pediatric Aid; Stimulant	Creek	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stehpens, Tulsa, Wagoner, Washington, Woods, Woodward		Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 30)	USDA has err and sci/cor name & found
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Medicinal Plant Spread Sheet

Clematis virginiana L.	Devil's Darning Needles	Analgesic; Ceremonial Medicine; Gastrointestinal Aid; Kidney Aid; Orthopedic Aid	Cherokee	Adair, Cherokee, Muskogee	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44, 105); Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)	
Fraxinus americana L.	White Ash	Gastrointestinal Aid; Gynecological Aid	Cherokee	Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek Delaware, Garvin, Grady, Grant, Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Love, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers Sequoyah, Tulsa, Wagoner, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	

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Fraxinus nigra Marsh.	Black Ash	Gastrointestinal Aid; Gynecological Aid	Cherokee	Caddo	East & West (not along river)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	
Polygonatum biflorum (Walt.) Ell.	King Solomon's Seal (smooth Solomon's seal)	Antidiarrheal; Breast Treatment; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Pulmonary Aid; Tonic;	Cherokee	Caddo, Comanche, Canadian, Logan, Oklahoma, Cleveland, McClain, Murray, Pontotoc, Johnston, Bryan, Creek, Osage, Tulsa, Muskogee, Cherokee, Ottawa, Le Flore, McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 16); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
Pycnanthemum flexuosum (Walt.) B.S.P.	Appalachian Mountain mint (narrowleaf mountain mint)	Analgesic; Antidiarrheal; Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Heart medicine	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 112); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	

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Urtica dioica L.	Stinging Nettle	Gastrointestinal Aid; Misc. Disease Remedy (ague)	Cherokee	Garvin, Kay, Ottawa, Tulsa, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	
Vernonia sp.	Ironweed	Antidiarrheal (dysentery)	Natchez (possibly Cherokee per Swanton)			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 64)	Error c USDA

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Medicinal Plant Spread Sheet

Vernonia noveboracensis (L.) Michx.	New York Ironweed	Analgesic; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Toothache Remedy	Cherokee	Cherokee, Jackson, Muskogee, Ottawa, Pontotoc	East (except for NM)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 129, 130, 132, 133); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
Vitis vulpina L.	Frost Grape	Antidiarrheal; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Liver Aid; Oral Aid; Other ("bad disease"); Pediatric Aid; Tonic; Urinary Aid	Cherokee	Adair, Alfalfa, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Garvin, Grant, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward	East & West	Mooney, "Sacred Formulas of the Cherokees,"pg. 326; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	Moone calls it "Vitis cordifc

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Aristolochia macrophylla Lam.	Pipevine	Dermatological Aid; Urinary Aid	Cherokee	Unknown	East	Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32)	
Daucus carota L.	Queen Anne's Lace	Dermatological Aid	Cherokee	Adair, Bryan, Carter, Cherokee, Cleveland, Comanche, Craig, Creek, Delaware, Grady, Kingfisher, Logan, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	
Euonymus americana L. (Euonymus americanus L.)	American Strawberr ybush (bursting- heart)	Analgesic; Antihemorrhagic; Dermatological Aid; Disinfectant; Expectorant; Gynecological Aid; Orthopedic Aid; Other "bad disease"; Respiratory Aid; Tonic; Urinary Aid; Venereal Aid	Cherokee	Bryan, Choctaw, Cleveland, Le Flore, McCurtain, Murray, Pushmataha,	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10, 17, 31, 58, 59, 80, 81, 86, 90); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)	

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Magnolia acuminata (L.) L.	Cucumber tree	Analgesic; Antidiarrheal; Gastrointestinal Aid; Respiratory Aid; Toothache Remedy	Cherokee	Le Flore	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50, 51); Mooney "The Swimmer Manuscript" (p. 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	
Rudbeckia fulgida Ait.	Orange Coneflower	Anthelmintic; Dermatological aid; Ear medicine; Gynecological aid; Kidney aid, Snake bite remedy; Venereal aid	Cherokee	Bryan, Choctaw, Delaware, Garvin, Johnston, McCurtain, Murray, Pontotoc, Pushmataha, Tulsa	East (except for MO)	Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
Triosteum perfoliatum L.	Feverwort	Dermatological Aid; Emetic; Febrifuge; Orthopedic Aid	Cherokee	Adair, Cherokee, Choctaw, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Rogers, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39)	

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Triosteum perfoliatum L.	Feverwort	Unspecified - "plant used medicinally for unspecified purpose"	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)	Adair, Cherokee, Choctaw, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Rogers, Tulsa	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42: 473-672 (p. 667)	Moerr entry d not see correct
Smilax tamnoides L.	Bristly Greenbrier	Tonic	Choctaw	Alfalfa, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Logan, Major, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Stephens, Tulsa, Washington, Washita, Woods, Woodward	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23)	

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Arctium minus Bernh.	Lesser Burdock	Dermatological Aid	Cherokee	Adair, Atoka, Bryan, Cherokee, Craig, Delaware, Johnston, Le Flore, Mayes, McCurtain, Muskogee, Osage Ottawa, Payne, Pontotoc, Washington, Woods	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27)	
Elymus repens (L.) Gould	Quackgra ss	Orthopedic Aid; Urinary Aid	Cherokee	Greer	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	
Phacelia purshii Buckl.	Miami Mist	Antirheumatic (external)	Cherokee	Le Flore, Pittsburg	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49)	
Tanacetum parthenium (L.) Schultz- Bip.	Feverfew	Orthopedic Aid	Cherokee	Bryan, Canadian, Carter, Cherokee, Cleveland, Garvin, Grady, Le Flore, Love, Marshall, McClain, Murray, Muskogee, Oklahoma, Osage, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)	

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Magnolia grandiflora L.	Southern Magnolia	Dermatological Aid; Kidney Aid	Choctaw	Bryan, Cleveland, Grady, Le Flore	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 23, 58)	
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Prunus sp.	Wild Plum	Antidiarrheal	Creek	Adair, Bryan, Cherokee, Craig, Delaware, Garfield, Hughes, Kay, Latimer, Lincoln, Look Up, McCurtain, Nowata, Payne, Roger Mills, Rogers, Stephens, Washita	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 27)
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Rhus copallinum L.	Flameleaf Sumac	Antiemetic; Burn Dressing; Dermatological Aid; Gynecological Aid; Urinary Aid	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Grady, Haskell, Jackson, Johnston, Latimer, Le Flore, Lincoln Love, Marshall, McClain, McCurtain, McIntosh, Murray, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 78); Mooney "The Swimmer Manuscript" (p. 251; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 36); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
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Medicinal Plant Spread Sheet

Rhus copallinum L.	Flameleaf Sumac	Antidiarrheal	Creek	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Grady, Haskell, Jackson, Johnston, Latimer, Le Flore, Lincoln Love, Marshall, McClain, McCurtain, McIntosh, Murray, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 36)	
Amelanchier arborea (Michx. f.) Fern.	Common Serviceberry	Anthelmintic; Antidiarrheal; Tonic	Cherokee	Adair, Bryan, Cherokee, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	

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Medicinal Plant Spread Sheet

Amphicarpaea bracteata (L.) Fern.	American Hogpeanu t	Antidiarrheal; Snake Bite Remedy	Cherokee	Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Garvin, Logan, Love, Mayes, McCurtain, Murray, Muskogee, Nowata, Osage, Ottawa, Pawnee, Payne, Tulsa, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 67, 68); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)	
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Medicinal Plant Spread Sheet

<p>Nyssa sylvatica Marsh.</p>	<p>Blackgum</p>	<p>Anthelmintic; Antidiarrheal; Emetic; Eye Medicine; Gastrointestinal Aid; Gynecological Aid; Other ("bad disease"); Pediatric Aid; Urinary Aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 58, 59, 81, 86, 90, 91); Mooney, "Sacred Formulas of the Cherokees," pg. 356; Mooney "The Swimmer Manuscript" (p. 218, 222, 283, 308); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 47); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)</p>	
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Nyssa sylvatica Marsh.	Blackgum	Tuberculosis remedy	Creek	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 47)
Scutellaria elliptica Muhl. ex Spreng.	Hairy Skullcap	Abortifacient; Antidiarrheal; Breast Treatment; Gynecological Aid; Kidney Aid	Cherokee	Adair, Cherokee, Le Flore, Mayes, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 88, 113); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)

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Scutellaria incana Biehler	Hoary Skullcap	Abortifacient; Antidiarrheal; Breast Treatment; Gynecological Aid; Kidney Aid	Cherokee	Atoka, Choctaw, Le Flore, McCurtain, Ottawa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 113); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Scutellaria lateriflora L.</p>	<p>Blue Skullcap</p>	<p>Abortifacient; Antidiarrheal; Breast Treatment; Emetic; Gynecological Aid; Kidney Aid</p>	<p>Cherokee</p>	<p>Atoka, Bryan, Choctaw, Cleveland, Creek, Delaware, Garfield, Johnston, Marshall, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pontotoc, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 88, 113); Mooney, "Sacred Formulas of the Cherokees," pg. 325; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 56); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)</p>	
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<p>Sisyrinchium angustifolium P. Mill.</p>	<p>Narrowleaf Blueeyed Grass</p>	<p>Antidiarrheal; Gastrointestinal Aid; Pediatric Aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 12, 20); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)</p>	
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Medicinal Plant Spread Sheet

Thalictrum dioicum L.	Early Meadow rue	Antidiarrheal; Antiemetic	Cherokee	Mayes	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 46, 47); Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	
Thalictrum thalictroides (L.) Eames & Boivin	Rue Anemone	Antidiarrheal; Antiemetic	Cherokee	Adair, Canadian, Carter, Cherokee, Choctaw, Delaware, Johnston, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa	East & West	Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	

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Cicuta maculata L.	Spotted Water Hemlock	Ceremonial Medicine; Contraceptive	Cherokee	Adair, Alfalfa, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 94); Mooney "The Swimmer Manuscript" (p. 117); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	
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Medicinal Plant Spread Sheet

Cicuta maculata var. maculata	Spotted Water Hemlock	Febrifuge	Seminole	Adair, Alfalfa, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Woods, Woodward	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 282)	
Eleocharis geniculata (L.) Roemer & J.A. Schultes	Canada Spikesedge	Analgesic; Antidiarrheal; Antirheumatic (external); Emetic; Febrifuge; Unspecified; Vertigo Medicine; Urinary Aid	Seminole	Atoka, Beckham, Cleveland, Jefferson, McClain, Oklahoma, Woods, Woodward	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 203, 210, 213, 274)	

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Physalis virginiana P. Mill.	Virginia Groundcherry	Stimulant	Meskwaki	Adair, Alfalfa, Beaver, Beckham, Bryan, Cherokee, Cimarron, Cleveland, Craig, Delaware, Dewey, Ellis, Garfield, Grady, Greer, Harmon, Harper, Jefferson, Johnston, Kay, Latimer, Le Flore, Logan, Major, Mayes, McCurtain, McIntosh, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Wagoner	East & West	Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 247,248)	
Impatiens sp.		Kidney Aid (dropsy)	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663)	Comm name missin, error o USDA
Apocynum androsaemifolium L.	Spreading Dogbane	Gynecological Aid; Kidney Aid	Meskwaki	Adair, Carter, Delaware, Grady, Muskogee, Ottawa, Woods	East & West	Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 201)	

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<p>Asclepias quadrifolia Jacq.</p>	<p>Fourleaf Milkweed</p>	<p>Analgesic; Dermatological Aid; Kidney Aid; Laxative; Urinary Aid; Venereal Aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Cherokee, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa</p>	<p>East & West</p>	<p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)</p>	<p>Look a listing Asclep syriaca comm milkwe Looks Hamel have u same origina source: all milkwe</p>
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Medicinal Plant Spread Sheet

Asclepias syriaca L.	Common Milkweed	Analgesic; Dermatological Aid; Kidney Aid; Laxative; Urinary Aid; Venereal Aid	Cherokee (also possibly listed as Natchez)	Craig, Ellis, Garfield, Le Flore, Logan, Major, Osage, Tulsa, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667, 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 52)	
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Baptisia alba var. macrophylla (Larisey) Isely	Largeleaf Wild Indigo	Dermatological Aid	Choctaw	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Grady, Haskell, Hughes, Jackson, Johnston, Kay, Latimer, Le Flore, Lincoln, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 31)	
Baptisia alba var. macrophylla (Larisey) Isely	Largeleaf Wild Indigo	Dermatological Aid; Hemorrhoid Remedy; Kidney Aid; Respiratory Aid; Snake Bite Remedy	Meskwaki	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Grady, Haskell, Hughes, Jackson, Johnston, Kay, Latimer, Le Flore, Lincoln, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Tulsa, Wagoner, Washington	East & West	Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175- 326 (p. 228)	

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<p>Helenium amarum var. amarum</p>	<p>Yellowdic ks</p>	<p>Dermatological Aid; Herbal Steam; Kidney Aid</p>	<p>Koasati</p>	<p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kiowa, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Texas, Tulsa, Wagoner, Washington, Woods</p>	<p>East & West</p>	<p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 62)</p>	
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<p>Petroselinum crispum (P. Mill.) Nyman ex A.W. Hill</p>	<p>Parsley</p>	<p>Abortifacient; Gynecological Aid; Kidney Aid; Urinary Aid</p>	<p>Cherokee</p>	<p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Woods</p>	<p>East & West</p>	<p>Mooney "The Swimmer Manuscript" (p. 118); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)</p>	
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Ilex vomitoria Ait.	Yaupon	Emetic; Hallucinogen	Cherokee	Atoka, Latimer, Le Flore, McCurtain,	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 38); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 12, 62)	
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Ilex vomitoria Ait.	Yaupon	Cathartic; Emetic; Ceremonial medicine	Creek	Atoka, Latimer, Le Flore, McCurtain,	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 666); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 38)	Also Alabar medici Swanto 666
Ilex vomitoria Ait.	Yaupon	Psychological Aid	Seminole	Atoka, Latimer, Le Flore, McCurtain,	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 261)	

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<p>Chenopodium ambrosioides L.</p>	<p>Mexican Tea (Swanton refers to this as wormseed)</p>	<p>Febrifuge; Panacea; Tonic</p>	<p>Creek</p>	<p>Adair, Alfalfa, Bryan, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Jackson, Le Flore, Look Up, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Washington</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40, 41); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657; 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 22)</p>	
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Chenopodium ambrosioides L.	Mexican Tea	Blood Medicine; Gastrointestinal Aid; Pulmonary Aid; Sedative; Stimulant	Seminole	Adair, Alfalfa, Bryan, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Jackson, Le Flore, Look Up, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Washington	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 233, 241, 276)	
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<p>Achillea millefolium L.</p>	<p>Common Yarrow</p>	<p>Antihemorrhagic; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Gynecological Aid; Hemorrhoid Remedy; Respiratory Aid; Sedative; Urinary Aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)</p>	
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<p>Achillea millefolium L.</p>	<p>Common Yarrow</p>	<p>Toothache Remedy</p>	<p>Creek</p>	<p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663)</p>	
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Castanea pumila (L.) P. Mill.	Allegheny Chinkapin	Analgesic; Dermatological Aid; Febrifuge	Cherokee	unknown	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31); Mooney "The Swimmer Manuscript" (p. 200); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29)	
Hypericum gentianoides (L.) B.S.P.	Orangegra ss	Abortifacient; Antidiarrheal; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Hemostat; Snake Bite Remedy; Strengtheners; Venereal Aid	Cherokee	Delaware, Latimer, Le Flore	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	

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Hypericum perforatum L.	Common St. Johnswort	Abortifacient; Antidiarrheal; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Hemostat; Snake Bite Remedy; Strengtheners; Venereal Aid	Cherokee	Alfalfa, Cherokee, Cleveland, Coal, Comanche, Cotton, Delaware, Garfield, Grady, Hughes, Jefferson, Le Flore, Lincoln, Major, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Stephens, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 88); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	
Potentilla sp.	Five Finger	Febrifuge	Cherokee			Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	Error c USDA
Salix □ pendulina Wenderoth [babylonica □ fragilis]	Weeping Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee		East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
Salix humilis Marsh.	Prairie Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee		East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	

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Medicinal Plant Spread Sheet

Salix humilis var. tristis (Ait.) Griggs	Prairie Willow	Analgesic; Antidiarrheal; Eye Medicine; Febrifuge; Other	Seminole	Adair, Atoka, Bryan, Choctaw, Cotton, Custer, Harmon, Jackson, Jefferson, Latimer, Love, McCurtain, Murray, Nowata, Ottawa	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 103, 202, 208)	
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

Salix nigra Marsh.	Black Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
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Medicinal Plant Spread Sheet

Aquilegia canadensis L.	Red Columbine	Gynecological Aid; Heart Medicine	Cherokee	Adair, Cherokee, Choctaw, Delaware, Le Flore, Lincoln, Mayes, McCurtain, Nowata, Osage, Ottawa, Rogers, Sequoyah, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
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Medicinal Plant Spread Sheet

<p>Carpinus caroliniana Walt.</p>	<p>American Hornbeam</p>	<p>Antidiarrheal; Dermatological Aid; Urinary Aid</p>	<p>Cherokee</p>	<p>Atoka, Choctaw, Le Flore, McCurtain, Pushmataha</p>	<p>East & West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 28, 29); Mooney "The Swimmer Manuscript" (p. 200, 265); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 15); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39)</p>	
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Medicinal Plant Spread Sheet

Coreopsis tinctoria Nutt.	Golden Tickseed	Antidiarrheal	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59)	
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Medicinal Plant Spread Sheet

Platanthera ciliaris (L.) Lindl.	Yellow Fringed Orchid	Analgesic; Antidiarrheal	Cherokee	Choctaw, Le Flore, McCurtain, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 23); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)	
Platanthera ciliaris (L.) Lindl.	Yellow Fringed Orchid	Snake Bite Remedy	Seminole	Choctaw, Le Flore, McCurtain, Pushmataha	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 297)	

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Medicinal Plant Spread Sheet

Ceanothus americanus L.	New Jersey Tea	Gastrointestinal Aid; Toothache Remedy	Cherokee (Alabama)	Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Creek, Delaware, Dewey, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Kiowa, Latimer, Le Flore, Look Up, Love, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottwatomie, Pushmataha, Roger Mills, Sequoyah, Tulsa, Wagoner, Washington, Washita, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 85); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) (Swanton, "Religious Beliefs," Alabama medicine p. 664)	
Panax sp. (Panax L.)	Ginseng	Adjuvant; Ceremonial Medicine; Diaphoretic; Febrifuge; Hemostat; Pediatric Aid; Pulmonary Aid	Creek	Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 656)	Alabar medici used for sores; Swanton "Religious Beliefs" 665

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Medicinal Plant Spread Sheet

Blephilia ciliata (L.) Benth.	Downy Pagodaplant (downy pagoda-plant)	Analgesic	Cherokee	Le Flore, Mayes, McCurtain, Rogers	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 108); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	
Amianthium muscitoxicum (Walt.) Gray	Flypoison	Dermatological Aid; Poison	Cherokee	Le Flore	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 14); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)	

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Medicinal Plant Spread Sheet

Andropogon virginicus L.	Broomsedge Bluestem (broom sedge per Hamel)	Antidiarrheal; Ceremonial Medicine; Dermatological Aid	Cherokee	Adair, Bryan, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Coal, Comanche, Craig, Custer, Delaware, Garvin, Grady, Hughes, Johnston, Kingfisher, Latimer, Le Flore, Lincoln, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tillman, Tulsa, Washington, Woods	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 10, 83, 122); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27)	
Lyonia mariana (L.) D. Don	Piedmont Staggerbush	Dermatological Aid	Cherokee	Choctaw, Le Flore, McCurtain	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
Frangula caroliniana (Walt.) Gray (rhamnus caroliniana per Swanton)	Carolina Buckthorn	Liver Aid (jaundice)	Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton)	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Wagoner	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667)	Moern entry d not see correct

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Medicinal Plant Spread Sheet

Parthenocissus quinquefolia (L.) Planch.	Virginia Creeper	Liver Aid	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)	
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Medicinal Plant Spread Sheet

Euphorbia sp.		Cathartic	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661)	Error c USDA Swanti not sur info is correct
Hydrangea cinerea Small	Ashy Hydrange a	Antiemetic; Cathartic; Emetic; Gynecological Aid; Liver Aid	Cherokee	Adair, Cherokee, Delaware, Latimer, Le Flore, Mayes, Ottawa	East & West	Mooney "The Swimmer Manuscript" (p. 192); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 25)	

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Medicinal Plant Spread Sheet

Rubus idaeus ssp. strigosus (Michx.) Focke	Grayleaf Red Raspberry	Cathartic; Emetic; Gynecological Aid	Cherokee	Bryan, Comanche, Greer, Kiowa, Osage, Rogers, Tulsa, Wagoner	East & West	Mooney "The Swimmer Manuscript" (p. 246); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 30)	
Carex sp.(Carex L.)	Sedge	Antidiarrheal	Cherokee	All counties	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	

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Medicinal Plant Spread Sheet

Galium aparine L.	Stickywill y	Laxative	Cherokee	Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36)	
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Medicinal Plant Spread Sheet

Cichorium intybus L.	Chicory	Tonic; Dermatological Aid	Cherokee	Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29)	
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Medicinal Plant Spread Sheet

Cinchona calisaya	Quinine	Reproductive Aid; Tonic	Cherokee	Adair, Carter, Cherokee, Choctaw, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, Murray, Osage, Ottawa, Pontotoc, Pushmataha, Sequoyah, Stephens, Tulsa, Wagoner		Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49)	Error c USDA
Frasera caroliniensis Walt.	American Columbo	Antidiarrheal; Antiemetic; Dietary Aid; Disinfectant; Gastrointestinal Aid; Tonic	Cherokee	Le Flore, McCurtain	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
Pteridium aquilinum (L.) Kuhn	Western Brackenfern	Antiemetic; Disinfectant; Misc. Disease Remedy; Tonic	Cherokee	Adair, Atoka, Cherokee, Choctaw, Delaware, Latimer, Le Flore, McCurtain, Pushmataha	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33)	
Robinia hispida L.	Bristly Locust	Emetic; Toothache Remedy	Cherokee	Adair, Bryan, Caddo, Carter, Choctaw, Cleveland, Custer, Haskell, Johnston, Lincoln, McCurtain, McIntosh, Oklahoma, Okmulgee, Pawnee, Payne, Pottawatomie, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	

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Medicinal Plant Spread Sheet

<p>Robinia pseudoacacia L.</p>	<p>Black Locust</p>	<p>Emetic; Toothache Remedy</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Custer, Delaware, Ellis, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East & West</p>	<p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)</p>	
<p>Tanacetum vulgare L.</p>	<p>Common Tansy</p>	<p>Analgesic; Anthelmintic; Gynecological Aid; Orthopedic Aid; Tonic</p>	<p>Cherokee</p>	<p>Delaware</p>	<p>East & West</p>	<p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)</p>	

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Medicinal Plant Spread Sheet

Ulmus sp. (Ulmus L.)	Elm	Toothache Remedy	Creek	All counties	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660)	
Aesculus sp. (Aesculus L.)	Buckeye	Poultice	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	

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Medicinal Plant Spread Sheet

Aesculus sp.	Buckeye	Tuberculosis remedy ("pulmonary consumption")	Creek	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 39)	
Alisma subcordatum Raf.	American Water Plantain	Dermatological Aid; Gastrointestinal Aid	Cherokee	Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Creek, Delaware, Garvin, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Washington	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	

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Medicinal Plant Spread Sheet

Iris cristata Ait.	Dwarf Crested Iris	Dermatological Aid; Liver Aid; Urinary Aid	Cherokee	Adair, Cherokee, Le Flore, McCurtain, Pushmataha, Sequoyah	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
Iris virginica L.	Virginia Iris	Dermatological Aid; Liver Aid; Urinary Aid	Cherokee	Atoka, Cherokee, Choctaw, McCurtain	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
Celastrus scandens L.	American Bitterswe et	Analgesic; Antirheumatic (external); Cough Medicine; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid	Cherokee	Alfalfa, Blaine, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Logan, Major, Mayes, McIntosh, Murray, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Roger Mills, Rogers, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25)	

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Medicinal Plant Spread Sheet

Celastrus scandens L.	American Bittersweet	Analgesic; Gynecological aid; Orthopedic Aid; Urinary Aid	Creek	Alfalfa, Blaine, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Logan, Major, Mayes, McIntosh, Murray, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Roger Mills, Rogers, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661)	
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Medicinal Plant Spread Sheet

<p>Ampelopsis cordata Michx.</p>	<p>Heartleaf Peppervin e</p>	<p>Urinary Aid</p>	<p>Cherokee</p>	<p>Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Lincoln, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p>	<p>East</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 85); Mooney "The Swimmer Manuscript" (p. 254, 283); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 41)</p>	
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Medicinal Plant Spread Sheet

Chamaesyce hypericifolia (L.) Millsp.	Graceful Sandmat	Urinary Aid	Cherokee	Grady, Greer, Marshall	East & West	Mooney, "Sacred Formulas of the Cherokees," pg. 325; Mooney "The Swimmer Manuscript" (p. 180, 307); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 35)	Moone calls it "Euphonia - Milkw
Citrullus lanatus var. lanatus	Watermelon	Kidney Aid; Pediatric Aid; Urinary Aid	Cherokee	Comanche, Custer, Marshall, McCurtain, Murray, Muskogee, Pottawatomie	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	

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Medicinal Plant Spread Sheet

Citrullus lanatus var. lanatus	Watermelon	Urinary Aid	Chickasaw	Comanche, Custer, Marshall, McCurtain, Murray, Muskogee, Pottawatomie	East & West	Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 59)	
Echium vulgare L.	Common Vipersbugloss (common viper's bugloss)	Urinary Aid	Cherokee	Oklahoma	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 107, 108); Mooney "The Swimmer Manuscript" (p. 307); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)	
Houstonia caerulea L.	Azure Bluet	Urinary Aid	Cherokee	Rogers	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)	

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Medicinal Plant Spread Sheet

<p>Parthenocissus sp. (Parthenocissus vitacea (Knerr) Hitchc.)</p>	<p>Woodbine</p>	<p>Venereal Aid (Gonorrhea)</p>	<p>Creek</p>	<p>Alfalfa, Cimarron, Cleveland, Comanche, Johnston, Murray, Roger Mills, Woods</p>	<p>East & West</p>	<p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 662); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 41)</p>	
<p>Stillingia sylvatica Garden ex L.</p>	<p>Queensdelight</p>	<p>Venereal Aid</p>	<p>Cherokee</p>	<p>Beaver, Ellis, Roger Mills, Beckham, Greer, Jackson, Kiowa, Washita, Custer, Dewey, Woodward, Woods, Alfalfa, Blaine, Caddo, Comanche, Grady, Canadian, Garfield, Grant, Noble, Logan, Oklahoma, Cleveland, McClain, Love, Murray, Payne, Osage, Tulsa, Hughes, Johnston, Marshall, Bryan, McCurtain, Muskogee</p>	<p>East & West</p>	<p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)</p>	

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Medicinal Plant Spread Sheet

Stillingia sylvatica ssp. sylvatica	Queensdel ight	Antidiarrheal; Antiemetic; Blood Medicine; Dietary Aid; Other; Pediatic Aid; Strengtheners	Seminole	Beaver, Ellis, Roger Mills, Beckham, Greer, Jackson, Kiowa, Washita, Custer, Dewey, Woodward, Woods, Alfalfa, Blaine, Caddo, Comanche, Grady, Canadian, Garfield, Grant, Noble, Logan, Oklahoma, Cevland, McClain, Love, Murray, Payne, Osage, Tulsa, Hughes, Johnston, Marshall, Bryan, McCurtain, Muskogee	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 168, 234, 247, 275)	
Chaerophyllum procumbens (L.) Crantz	Spreading Chervil	Emetic; Poison	Chickasaw	Adair, Atoka, Blaine, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Delaware, Garfield, Grady, Haskell, Johnston, Kay, Latimer, Logan, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Washington	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 289)	

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Medicinal Plant Spread Sheet

Asarum sp. (Asarum L.)	Wild Ginger (wildginger)	Dermatological Aid	Cherokee	Adair, Cherokee, Delaware, Look Up, Mayes, McCurtain, Murray, Ottawa, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 38); Mooney "The Swimmer Manuscript" (p. 209, 252); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	
Heteranthera reniformis Ruiz & Pav.	Kidneyleaf Mudplantain	Dermatological Aid	Cherokee	McCurtain, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	
Polypodium virginianum L.	Rock Polypody	Dermatological Aid	Cherokee	unknown	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60, 61)	

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

<p>Amelanchier canadensis (L.) Medik.</p>	<p>Canadian Serviceberry</p>	<p>Anthelmintic; Pediatric Aid</p>	<p>Cherokee</p>	<p>Latimer, Mayes, Osage, Payne, Rogers</p>	<p>East</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 60); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Mooney "The Swimmer Manuscript" (p. 283); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 27)</p>	
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Medicinal Plant Spread Sheet

Bidens bipinnata L.	Spanish-needles	Anthelmintic; Throat Aid	Cherokee	Adair, Alfalfa, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Creek, Delaware, Dewey, Garvin, Grady, Haskell, Jefferson, Johnston, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Tulsa, Washington, Woods, Woodward	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
Cerastium fontanum ssp. vulgare (Hartman) Greuter & Burdet	Big Chickweed	Anthelmintic; Pediatric Aid	Cherokee	Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Johnston, Latimer, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Pittsburg, Pottawatomie, Pushmataha, Seminole	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 21); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29)	
Dryopteris filix-mas (L.) Schott	Male Fern	Anthelmintic	Cherokee	Adair, Cimarron	West & Northeast	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)	

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Medicinal Plant Spread Sheet

Fagus grandifolia Ehrh.	American Beech	Anthelmintic	Cherokee	Le Flore, McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17, 25, 30, 31, 32, 50, 58, 59, 81, 86, 87, 90); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25)	
Melia azedarach L.	Chinaberry tree	Anthelmintic; Dermatological Aid	Cherokee	Bryan, Choctaw, Johnston, Le Flore, Marshall, McCurtain, Muskogee, Payne, Tulsa	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29)	
Portulaca oleracea L.	Little Hogweed	Anthelmintic; Ear Medicine	Cherokee	Adair, Beaver, Canadian, Cherokee, Cimarron, Cleveland, Ellis, Grady, Grant, Harmon, Harper, Haskell, Hughes, Le Flore, Major, McClain, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Roger Mills, Texas, Tillman, Tulsa, Washington, Woods	East & West	Mooney, "Sacred Formulas of the Cherokees," pg. 322-323; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	Moone calls is commo purslar chickw
Add on							

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Eupatorium perfoliatum L.	Common Boneset	Epilepsy Aid; Gynecological Aid(?)- herbal steam for aches and pains in the hips of women	Creek	Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658)	This is Moern listing
Vitis aestivalis Michx.	Summer Grape	Snake bite; Throat Aid	Creek	Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 81, 85, 86); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 660)	
? -see Swanton dwarf variety of wild rose or wild rose		Antidiarrheal (dysentery); Gynecological Aid	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660)	Not lis by Moern but fou Swant

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Medicinal Plant Spread Sheet

Cornus L.	Dogwood	Flux	Creek	All counties except Cimarron and Texas per OK Vascular	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660)	Not listed by Moern but found Swanton
Smilax glauca Walt. (Smilax Rotundifolia, S. Tamnifolia, S. Herbacea per Hamel)	Cat Greenbrier (common greenbrier, carrion flower, sawbrier per Hamel)	Ulcer medicine	Creek	Bryan, Cherokee, Chotaw, Johnston, Latimer, Le Flore, McCurtain, Muskogee, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Washington		Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	This is Moern listing
Arnoglossum atriplicifolium (L.) H. Rob.	pale Indian plantain	Poultice (for cuts, bruises, and cancer, to draw out the blood or poisonous matter)	Cherokee	Pawnee	East & West	Mooney, "Sacred Formulas of the Cherokees, pg. 326; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	Moone calls it "Cacal atriplic - Tasse Flower

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Pastinaca sativa L.	Wild Parsnip	Analgesic	Cherokee	Cleveland, Oklahoma	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 95); Mooney, "Sacred Formulas of the Cherokees, pg. 368; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)	
Geaster Hycometricus (Lycoperdon Pyriforme or Geaster spp.)	Persoon, Puffball	to make funiculus fall off newborn child; used as a powder on old sores	Cherokee	Atoka, Bryan, Carter, Choctaw, Cleveland, Coal, Comanche, Garvin, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Look Up, Marshall, McClain, McCurtain, Murray, Muskogee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Stephens	West	Banks, William (1953). Ethnobotany of the Cherokee Indians, pg. 1; Mooney "The Swimmer Manuscript" (p. 124); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33)	Was not listed in Moerman's site; is found in USDA under scientific name, shows when puffball searched "Marsh caespit Nutt. e DC."

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Sagittaria latifolia Willd.	Broadleaf Arrowhead	Febrifuge; Pediatric Aid	Cherokee	Adair, Atoka, Beaver, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Grant, Harper, Haskell, Kay, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Wagoner, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	
Sagittaria latifolia Willd.	Broadleaf Arrowhead	Dermatological Aid (Plant used for alligator bites)	Seminole	Adair, Atoka, Beaver, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Grant, Harper, Haskell, Kay, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Wagoner, Washington, Washita, Woods, Woodward	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	

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Schoenoplectus tabernaemontani (K.C. Gmel.) Palla (Scirpus Validus per Hamel)	Softstem Bulrush (great bulrush per Hamel)	Emetic; Oral Aid	Cherokee	Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Cimarron, Cleveland, Comanche, Custer, Garvin, Grady, Grant, Harmon, Huges, Johnston, Kay, Kingfisher, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Noble, Oklahoma, Ottawa, Pawnee, Pontotoc, Seminole, Texas, Washita	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10); Mooney "The Swimmer Manuscript" (p. 91, 198); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 6); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27)
Juncus tenuis Willd.	Poverty Rush	Oral Aid; Orthopedic Aid; Pediatric Aid; Strengthner	Cherokee	Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Comanche, Craig, Custer, Delaware, Garvin, Grant, Haskell, Johnston, Kingfisher, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tulsa, Washington, Woods		Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 13); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)

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Aplectrum hyemale (Muhl. ex Willd.) Torr.	Adam And Eve	Dietary Aid; Pediatric Aid	Cherokee	Le Flore, McCurtain	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 20); Mooney "The Swimmer Manuscript" (p. 128); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	
Saururus cernuus L.	Lizards Tail	Dermatological Aid; Poultice	Cherokee	Bryan, Cherokee, Choctaw, Delaware, Haskell, Latimer, Mayes, McCurtain, Muskogee, Ottawa, Pushmataha, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 23); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	
Saururus cernuus L.	Lizards Tail	Dermatological Aid	Choctaw	Bryan, Cherokee, Choctaw, Delaware, Haskell, Latimer, Mayes, McCurtain, Muskogee, Ottawa, Pushmataha, Sequoyah	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23)	

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Corylus americana Walt.	American Hazelnut	Dermatological Aid; Emetic	Cherokee	Adair, Cherokee, Delaware, Johnston, Le Flore, McCurtain, Ottawa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 30); Mooney "The Swimmer Manuscript" (p. 218); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 16); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	
Pilea pumila (L.) Gray	Canadian Clearweed	Dermatological Aid; Dietary Aid	Cherokee	Adair, Caddo, Canadian, Cherokee, Cleveland, Comanche, Craig, Delaware, Grady, Jackson, Kay, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pontotoc, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 34, 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52, 53)	

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Comandra umbellata (L.) Nutt.	Bastard Toadflax	Dermatological Aid; Kidney Aid	Cherokee	Adair, Blaine, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Garvin, Grady, Greer, Harper, Jackson, Kiowa, Love, Major, Mayes, McClain, Murray, Muskogee, Oklahoma, Ottawa, Pottawatomie, Pushmataha, Roger Mills, Texas, Tulsa, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24)	
Rumex acetosella L.	Common Sheep Sorrel	Dermatological Aid	Cherokee	Adair, Alfalfa, Bryan, Caddo, Cherokee, Choctaw, Creek, Delaware, Grady, Johnston, Le Flore, McCurtain, Muskogee, Oklahoma, Okmulgee, Ottawa, Pushmataha, Sequoyah, Stephens	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
Amaranthus retroflexus L.	Redroot Amaranth	Ceremonial Medicine; Dermatological Aid; Gynecological Aid	Cherokee	Beaver, Blaine, Bryan, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Custer, Grady, Grant, Greer, Harper, Hughes, Jackson, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Marshall, McCurtain, Murray, Muskogee, Noble, Oklahoma, Osage, Payne, Pottawatomie, Roger Mills, Texas, Tulsa, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	

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Amaranthus spinosus L.	Spiny Amaranth	Ceremonial Medicine; Dermatological Aid; Gynecological Aid	Cherokee	Bryan, Cherokee, Cleveland, Craig, Creek, Delaware, Garfield, Grady, Haskell, Jackson, Johnston, Kingfisher, Latimer, Le Flore, Logan, McClain, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Texas, Tulsa, Washington, Woods	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	
Clitoria mariana L.	Atlantic Pigeonwings	Oral Aid	Cherokee	Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Garvin, Hughes, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)	
Desmodium nudiflorum (L.) DC.	Nakedflower Ticktrefoil	Analgesic; Oral Aid;	Cherokee	Adair, Canadian, Cherokee, Choctaw, Comanche, Creek, Delaware, Johnston, Latimer, Le Flore, Mayes, McCurtain, Oklahoma, Osage, Ottawa, Pushmataha, Rogers, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 71); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59)	

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Stylosanthes biflora (L.) B.S.P.	Sidebeak Pencilflower	Abortifacient; Gynecological Aid	Cherokee	Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Ellis, Grady, Haskell, Hughes, Johnston, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 72, 73, 88); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
Trifolium pratense L.	Red Clover	Febrifuge; Gynecological Aid; Kidney Aid	Cherokee	Adair, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Creek, Delaware, Johnston, Kay, Le Flore, Logan, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Osage, Ottawa, Payne, Pottawatomie, Pushmataha, Rogers, Tulsa, Wagoner	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29)	

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Oxalis corniculata L.	Creeping Woodsorrel 1	Anthelmintic; Antiemetic; Blood Medicine; Cancer Treatment; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid	Cherokee	Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
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Oxalis violacea L.	Violet Woodsorrel 1	Anthelmintic; Antiemetic; Blood Medicine; Cancer Treatment; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid	Cherokee	Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, West Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward	East & Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
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Polygala verticillata L.	Whorled Milkwort	Other	Cherokee	Adair, Atoka, Bryan, Caddo, Carter Cherokee, Choctaw, Cleveland, Comanche, Cotton, Delaware, Garvin, Grady, Johnston, Latimer, Le Flore, Marshall, McClain, McCurtain, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Seminole, Stephens, Tulsa, Woodward	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)	
Monotropa uniflora L.Indianpipe		Anticonvulsive; Dermatological Aid; Eye Medicine; Pediatric Aid	Cherokee	Adair, Bryan, Cherokee, Choctaw, Latimer, Le Flore, McCurtain, Muskogee, Pushmataha, Tulsa	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 97, 98); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	
Pedicularis canadensis L.	Canadian Lousewort	Antidiarrheal; Cough Medicine; Dermatological Aid; Gastrointestinal Aid	Cherokee	Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Latimer, Le Flore, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 117); Mooney "The Swimmer Manuscript" (p. 275); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	

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Mitchella repens L.	Partridgeberry	Analgesic; Antidiarrheal; Dermatological Aid; Diaphoretic; Dietary Aid; Diuretic; Gastrointestinal Aid; Gynecological Aid; Hemorrhoid Remedy; Pediatric Aid	Cherokee	Choctaw, Le Flore, McCurtain, Pushmataha	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 120); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)	
Lobelia spicata Lam.	Palespike Lobelia	Orthopedic Aid	Cherokee	Adair, Bryan, Cherokee, Comanche, Craig, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Washington	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123, 124); Mooney "The Swimmer Manuscript" (p. 226); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 60); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p.43)	

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