

Medicinal Plant Spread Sheet

| Scientific Name | Common Name | Medicinal Uses | Tribe | Oklahoma Counties | East/ West of Miss. River | Citation | Note |
|-----------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------------------|------|
| Galium boreale L. (Galium circaezans Michx. var. circaezans) | Northern Bedstraw (USDA - Licorice Bedstraw) | Abortifacient; Contraceptive; Diaphoretic; Diuretic | Choctaw | Bryan, Caddo, Cherokee, Cleveland, Latimer, Le Flore, McCurtain, Muskogee | East & West | Campbell, T.N. "Medicinal Plants," 41, p. 286-287 | |
| Verbesina virginica L. | White Crownbeard | Abortifacient; Diuretic; Gynecological aid; Stimulant; Venereal aid; | Chickasaw | Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Tulsa, Wagoner, Washington, Woodward | East & West | Campbell, T.N. "Medicinal Plants," 41, p. 289 | |

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| Verbesina virginica L. | White Crownbeard | Febrifuge | Choctaw | Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Tulsa, Wagoner, Washington, Woodward | East & West | Bushnell, "The Choctaw of Bayou Lacomb," p. 23; Taylor, "Plants Used," p. 18. | referred in Cho Disser: source |
| Verbesina virginica L. | White Crownbeard | Analgesic; Antirheumatic; Ceremonial medicine; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Laxative; Oral aid; Urinary aid | Seminole | Adair, Atoka, Bryan, Canadian, Delaware, Cherokee, Choctaw, Cotton, Osage, Garvin, Haskell, Kay, Latimer, Le Flore, Payne, Logan, Oklahoma, Cleveland, McClain, Marshall, McCurtain, Comanche, Murray, Muskogee, Johnston, Noble, Okfuskee, Oklahoma, Ottawa, | East & West | Sturtevant, "The Mikasuki Seminole," p. 162, 167, 198, 203, 209, 276, 283 | |

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| Polygonum aviculare L. | Prostrate Knotweed | Gynecological aid (to prevent abortion) | Choctaw | Adair, Alfalfa, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Dewey, Ellis, Garfield, Garvin, Grady, Hughes, Kay, Kingfisher, Lincoln, Logan, Major, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Noble, Nowata, Osfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Texas, Tulsa, Wagoner, Washtington, Woods, Woodward | East & West | Campbell, "Medicinal Plants," 41 p. 286 | |
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| Polygonum aviculare L. | Prostrate Knotweed | Analgesic; Antidiarrheal; Dermatological Aid; Poultice; Pediatric Aid; Poison; Urinary Aid | Cherokee | Adair, Alfalfa, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Dewey, Ellis, Garfield, Garvin, Grady, Hughes, Kay, Kingfisher, Lincoln, Logan, Major, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Noble, Nowata, Osfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Texas, Tulsa, Wagoner, Washtington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55) | |
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| <p>Ulmus americana L.</p> | <p>American Elm</p> | <p>Analgesic; Gynecological aid</p> | <p>Choctaw</p> | <p>Beaver, Beckham, Blaine, Ottawa, Delaware, Adair, Cherokee, Choctaw, Sequoyah, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Mayes, Nowata, Tulsa, Creek, Payne, Atoka, Bryan, Marshall, Love, Carter, Murray, Garvin, McClain, Cleveland, Oklahoma, Canadian, Grady, Comanche, Coal, Caddo, Cotton, Craig, Blaine, Major, Alfalfa, Woodward, Dewey, Custer, Washita, Kiowa, Greer, Harmon, Roger Mills, Ellis, Garfield, Grady, Grant, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Logan, McIntosh, Noble, Okfuskee, Okmulgee, Osage, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Rogers, Stephens, Tillman, Wagoner, Washington, Woods, Washita</p> | <p>East & West</p> | <p>Taylor, "Plants Used," p. 18.</p> | |
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| Adiantum pedatum L. | Northern Maidenhair (Maidenhair-Fern per Banks; Hamel) | Respiratory aid (asthma); Antirheumatic; Emetic; Febrifuge; Heart Medicine; Other | Cherokee | Ottawa, Adair, Delaware, Grady, Sequoyah, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Pittsburg, Atoka, Bryan, Marshall, Love, Murray, Cleveland, Canadian, Caddo, Comanche | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 3); Mooney, "Sacred Formulas of the Cherokees," (pg. 326 & 350); Mooney "The Swimmer Manuscript" (p. 228); Hamel and Chiltoskey, Cherokee Plants, (p. 8, 34); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Taylor, "Plants Used," (p. 3) | |
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| Allium sativum L. | Cultivated Garlic | Respiratory aid (asthma); Carminative; Cathartic; Diuretic; Ear Medicine; Expectorant; Kidney aid; Pediatric aid; Pulmonary aid; Stimulant | Cherokee | Cleveland, Delaware, Grady, Oklahoma, Osage, Pawnee, Payne, Seminole, Washington per OK Vascular | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 35 | |
| Allium vineale L. | Wild Garlic | Respiratory aid (asthma); Carminative; Cathartic; Diuretic; Ear Medicine; Expectorant; Kidney aid; Pediatric aid; Pulmonary aid; Stimulant | Cherokee | Adair, Cherokee, Delaware, Le Flore, Logan, Muskogee, Oklahoma, Osage, Ottawa, Payne, Sequoyah | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 35 | |

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| Anthemiscotula L. | Stinking Chamomile | Respiratory aid (asthma); Analgesic; Anticonvulsive; Antirheumatic (internal); Dermatological aid; Diaphoretic; Emetic; Febrifuge; Kidney aid; Sedative; Tonic | Cherokee | Adair, Atoka, Delaware, Mayes, Cherokee, Garfield, Jackson, LeFlore, McCurtain, Choctaw, Pushmataha, Latimer, Haskell, Muskogee, Tulsa, Bryan, Pittsburg, Hughes, Murray, Cleveland, Blaine, Oklahoma, Payne, Sequoyah, | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 32 | |
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| Apocynum cannabinum L. | Indian hemp | Respiratory aid (asthma); Abortifacient; Antirheumatic (internal); Cough medicine; Dermatological aid; Kidney aid; Pulmonary aid; | Cherokee | Adair, Atoka, Blaine, Bryan, Delaware, Cherokee, Choctaw, Cimarron, Coal, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Sequoyah, Haskell, Muskogee, McIntosh, Tulsa, Washington, Osage, Pawnee, Payne, Lincoln, Pottawatomie, Johnston, Marshall, Carter, Murray, McClain, Cleveland Oklahoma, Logan, Grant, Garfield, Kingfisher, Canadian, Grady, Comanche, Caddo, Major, Alfalfa, Woods, Woodward, Beaver, Custer, Roger Mills, Beckham, Greer, Harmon, Harper, Jefferson, Johnston, Kay, Kiowa, Le Flore, Love, Mayes, McIntosh, Noble, Nowata, Osfuskee, Okmulgee, Ottawa, Pittsburg, Pontotoc, Rogers, Seminole, Stephens, Texas, Tillman, Wagoner, Washita, | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 104, 105); Hamel and Chiltoskey, Cherokee Plants, p. 38 | |
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| Brassica napus L. | Rape | Respiratory aid (asthma); Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Stimulant; Tonic | Cherokee | Cleveland, Kay, Oklahoma, Payne, Sequoyah | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 46 | |
| Brassica nigra (L.) W.D.J. Koch | Black Mustard | Respiratory aid (asthma); Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Stimulant; Tonic | Cherokee | Adair, Carter, Cleveland, Craig, Delaware, Le Flore, Tulsa, Bryan, Grady, Kay, Lincoln, Oklahoma, Osage, Payne, Pushmataha, Woods | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 46 | |
| Conyza canadensis var. canadensis | Canadian Horseweed | Respiratory aid (asthma); Cold remedy; Cough medicine; Love medicine; | Seminole | Bryan, Caddo, Cherokee, Cimarron, Cleveland, Comanche, Craig, Custer, Garfield, Garvin, Latimer, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Texas, Washington, Woodward | East & West | Sturtevant, "The Mikasuki Seminole," p. 279, 401 | |

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| Datura stramonium L. | Jimsonweed | Respiratory aid (asthma); Dermatological aid | Cherokee | Atoka, Beaver, Bryan, Caddo, Canadian, Cherokee, Coal, Creek, Delaware, Ellis, Ottawa, Le Flore, McCurtain, Muskogee, Tulsa, Kay, Payne, Pottawatomie, Murray, Marshall, Bryan, Kay, Lincoln, Logan, Oklahoma, Cleveland McClain, Grady, Greer, Johnston, Blaine, Custer, Woods, Texas, Cimarron, Okmulgee, Osage, Pawnee, Pushmataha, Rogers, Woods | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 114); Hamel and Chiltoskey, Cherokee Plants, p. 41 | |
| Galium circaezans Michx. | Licorice Bedstraw | Respiratory aid (asthma); Cough medicine; Expectorant; Throat aid | Cherokee | Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Cleveland, Coal, Comanche, Delaware, Grady, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Tulsa, Wagoner, Washington, Woodward | East & West | Hamel and Chiltoskey, Cherokee Plants, (p. 43) | |

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| <p>Pseudognaphalium obtusifolium ssp. Obtusifolium (gnaphalium obtusifolium per Hamel)</p> | <p>Rabbit Tobacco (catfoot per Banks)</p> | <p>Respiratory aid (asthma); Analgesic; Antirheumatic; Cold remedy; Cough medicine; Misc. disease remedy; Oral aid; Orthopedic aid; Throat aid</p> | <p>Cherokee</p> | <p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 129); Mooney "The Swimmer Manuscript" (p. 207, 262); Hamel and Chiltoskey, Cherokee Plants, (p. 51, 52); Taylor, "Plants Used," (p. 61)</p> | |
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| <p>Pseudognaphalium obtusifolium ssp. Obtusifolium</p> | <p>Rabbit Tobacco</p> | <p>Analgesic; Cold remedy; Pulmonary aid</p> | <p>Choctaw</p> | <p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p> | <p>East & West</p> | <p>Bushnell, "The Choctaw of Bayou Lacomb," p. 24; Taylor, "Plants Used" p. 61; Swanton, "Religious Beliefs," p. 237; Taylor, "Plants Used," (p. 61)</p> | |
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| <p>Pseudognaphalium obtusifolium ssp. Obtusifolium</p> | <p>Rabbit Tobacco</p> | <p>Adjuvant; Antiemetic; Cold remedy; Misc. disease remedy (Munps); Psychological aid; Sedative; Witchcraft medicine</p> | <p>Creek (Alabama)</p> | <p>Alfala, Atoka, Canadian, Choctaw, Comanche, Delaware, Garvin, Grady, Adair, Sequoyah, Le Flore, McCurtain, McIntosh, Pushmataha, Latimer, Love, Haskell, Hughes, Johnston, Muskogee, Cherokee, Mayes, Muskogee, Noble, Okmulgee, Osage, Ottawa, Rogers, Tulsa, Creek, Payne, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Bryan, Marshall, Carter, Murray, Cleveland, Oklahoma, Canadian, Blaine, Washington</p> | <p>East & West</p> | <p>Swanton, "Religious Beliefs," p. 661(?), 663, 664; Taylor, "Plants Used," (p. 61)</p> | <p>Swanton page 6 talks about tobacco not clear it is rabbit tobacco Pages 663, 664 are listed as Alabar medicinal</p> |
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| <p>Stillingia sylvatica L. ssp. Sylvatica</p> | <p>Queen's- delight</p> | <p>Astringent; Venereal aid</p> | <p>Cherokee</p> | <p>Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Choctaw, Cleveland, Comanche, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harper, Jackson, Johnston, Kay, Kiowa, Le Flore, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Washita, Woods, Woodard</p> | <p>East & West</p> | <p>Ina S. Dowdy (Cherokee), May 10, 1937, IPH 25, p. 320; Hamel and Chiltoskey, Cherokee Plants p. 51</p> | |
| <p>Stillingia sylvatica L. ssp. Sylvatica</p> | <p>Queen's- delight</p> | <p>"Bird sickness" - diarrhea, vomiting, & appetite loss</p> | <p>Seminole</p> | <p>Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Choctaw, Cleveland, Comanche, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harper, Jackson, Johnston, Kay, Kiowa, Le Flore, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Washita, Woods, Woodard</p> | <p>East & West</p> | <p>Sturtevant, "The Mikasuki Seminole," p. 234, 275</p> | |

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| Angelica sp. (L.) | Angelica | Orthopedic aid (back pain); Sedative; Pediatric aid/Anthelmintic (roots given to children as vermifuge); Gastrointestinal aid; Carinative; Analgesic | Creek | Adair, Cherokee, Choctaw, Delaware, Johnston, Le Flore, McCurtain | East & West | Swanton, "Religious Beliefs," p. 657 | |
| Salix sp. (L) | Willow | Gastrointestinal aid; Antiemetic; Antirheumatic; Dermatological aid; Emetic; Febrifuge; Kidney aid; Misc. Disease Remedy (Malaria, Biliousness, Dropsy); Venereal aid (Clap) | Creek | All counties | East & West | Swanton, "Religious Beliefs," (p. 655, 659); Taylor, "Plants Used," (p. 12) | |
| Salix sp. (L) | Willow | Analgesic; Antidiarrheal; Hemostat | Chickasaw | All counties | East & West | Taylor, "Plants Used," (p. 22) | |

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| Alnus serrulata (Ait.) Willd. | Hazel Alder (red, smooth, tag) | Gastrointestinal aid; Analgesic; Blood medicine; Cathartic; Cough medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gynecological aid; Heart medicine; Hemorrhoid remedy; Hypotensive; Kidney aid; Oral aid; Orthopedic aid; Pediatric aid; Toothache remedy; Urinary aid; | Cherokee | Atoka, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, Lok up, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 22, 27, 31, 47, 64, 67, 104); Mooney "The Swimmer Manuscript" (p. 185, 216, 218, 219, 246, 257, 298, 308); Hamel and Chiltoskey, Cherokee Plants, (p. 22) | |
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| Platanus occidentalis L. | American Sycamore (sycamore), big mulberry, buttonwood per Hamel) | Abortifacient; Antidiarrheal; Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Misc. Disease Remedy (Measles); Other; Pediatric aid; Urinary aid | Cherokee | Bryan, Caddo, Canadian, Choctaw, Coal, Creek, Custer, Haskell, Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Washington, Tulsa, Pawnee, Kay, Payne, McIntosh, Pittsburg, Atoka, Mayes, McClain, Marshall, McIntosh, Love, Murray, Cleveland, Hughes, Johnston, Carter, Garvin, McCain, Grady, Oklahoma, Okmulgee, Pottwatomie, Seminole, Blaine, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Woods | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 17, 32, 58, 59, 81, 86, 90); Mooney "The Swimmer Manuscript" (p. 200, 244, 246, 298); Hamel and Chiltoskey, Cherokee Plants, (p. 58); Taylor, "Plants Used," (p. 26) | |
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| Platanus occidentalis L. | American Sycamore | Tuberculosis remedy | Creek | Bryan, Caddo, Canadian, Choctaw, Coal, Creek, Custer, Haskell, Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Cherokee, Osage, Washington, Tulsa, Pawnee, Kay, Payne, McIntosh, Pittsburg, Atoka, Mayes, McClain, Marshall, McIntosh, Love, Murray, Cleveland, Hughes, Johnston, Carter, Garvin, McCain, Grady, Oklahoma, Okmulgee, Pottwatomie, Seminole, Blaine, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Woods | East & West | Taylor, "Plants Used," (p. 26); Swanton, "Religious Beliefs," (p. 659) | |
| Prunus cerasus L. | Sour Cherry | Gastrointestinal aid; Blood medicine; Cold remedy; Cough Medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid; | Cherokee | Cleveland, Grady, Le Flore | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 28, 29 | |

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| Prunus serotina Ehrh. | Black Cherry | Gastrointestinal aid (indigestion, biliousness, jaundice); Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid; | Cherokee | Ottawa, Delaware, Adair, Le Flore, McCurtain, Pushmataha, Latimer, Muskogee, Haskell, Cherokee, Mayes, Craig, Nowata, Pittsburg, Bryan, Osage, Tulsa, Creek, Okfuskee, Hughes, Seminole, Pontotoc, Lincoln, Carter, Choctaw, Coal, Craig, Creek, Murray, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 26, 28, 31, 47, 52, 63, 64, 96, 97, 104); Mooney "The Swimmer Manuscript" (p. 170); Hamel and Chiltoskey, Cherokee Plants, (p. 28, 29); Taylor, "Plants Used," (p. 28); Witthoft, "Early Cherokee Ethnobotanical" (p. 74) | |
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| Prunus virginiana L. | Common Chokecherry | Gastrointestinal aid; Blood medicine; Cold remedy; Cough Medicine; Dermatological aid; Febrifuge; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid; | Cherokee | Cimarron, Harper, Comanche, Oklahoma | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 64, 65); Mooney "The Swimmer Manuscript" (p. 170, 199, 277, 298); Hamel and Chiltoskey, Cherokee Plants, (p. 28, 29); Taylor, "Plants Used," (p. 28); | |
| Ceanothus sp. | California Lilac | Antihemorrhagic - decoction of roots taken in small doses for lung hemorrhage | Choctaw | | | Bushnell, "The Choctaw of Bayou Lacombe," (p. 24) | Referr as "red in Cho Disser: resourc nk sho error o USDA could r tell wh variety |

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| Aruncus dioicus (Walt.) Fern. | Bride's Feathers | Gynecological aid; Dermatological aid; Eye medicine; Orthopedic aid; Urinary aid | Cherokee | Delaware & Cherokee | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 60); Hamel and Chiltoskey, Cherokee Plants, (p. 36) | |
| Euphorbia corollata L. | Flowering Spurge | Gynecological aid; Cancer treatment; Cathartic; Dermatological aid; Pediatric aid; Toothache remedy; Urinary aid; Venereal aid; | Cherokee | Start of OK Vascular Counties: Adair, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Delaware, Garfield, Garvin, Grady, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Look Up, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pontotoc, Potawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 77, 78); Mooney "The Swimmer Manuscript" (p. 180, 307); Hamel and Chiltoskey, Cherokee Plants, (p. 45); Taylor, "Plants Used," (p. 35) | |

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| Panax quinquefolius L. | American Ginseng | Dermatological aid; Hemostat; Diaphoretic, Febrifuge; Pulmonary aid | Creek | Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa | East & West | Taylor, "Plants Used" (p. 44); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 656) | |
| Panax quinquefolius L. | American Ginseng | Antirheumatic; Dermatological aid; Love medicine; Unspecified; Pediatric aid; Respiratory aid; Sedative; Tonic; Witchcraft medicine | Seminole | Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa | East & West | Sturtevant, "The Mikasuki Seminole," (p. 158, 161, 164, 193, 221, 243, 278, 302, 318, 394, 401, 422) | |

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| Panax quinquefolius L. | American Ginseng | Analgesic; Anticonvulsive; Expectorant; Gastorintestinal aid; Gynecological aid; Oral aid; Other; Tonic | Cherokee | Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 93); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Hamel and Chiltoskey, Cherokee Plants, (p. 45); Taylor, "Plants Used," (p. 36) | |
| Berchemia scandens (Hill) K. Koch | Alabama Supplejac k | Blood medicine - plant used for the blood; Tonic | Choctaw | Atoka, Bryan, Cherokee, Choctaw, Coal, Haskell, Johnston, Latimer, Le Flore, Look up, Love, Marshall, McCurtain, Murray, Muskogee, Pontotoc, Pushmataha, Sequoyah | East & West | Taylor, "Plants Used," (p. 40) | |
| Berchemia scandens (Hill) K. Koch | Alabama Supplejac k | Other - complex infusion of stems taken for chronic conditions | Seminole | Atoka, Bryan, Cherokee, Choctaw, Coal, Haskell, Johnston, Latimer, Le Flore, Look up, Love, Marshall, McCurtain, Murray, Muskogee, Pontotoc, Pushmataha, Sequoyah | East & West | Sturtevant, "The Mikasuki Seminole," (p. 272) | |

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| Sassafras albidum (Nutt.) Nees | Sassafras | Blood medicine; Misc. disease remedy (Measles) | Choctaw | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Taylor, "Plants Used," (p. 24) | |
| Sassafras albidum (Nutt.) Nees | Sassafras | Anthelmintic; Antidiarrheal; Blood medicine; Cold remedy; Dermatological aid; Eye medicine; Misc. disease remedy - taken for ague; Oral aid; Pediatric aid; Venereal aid | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 53); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Hamel and Chiltoskey, Cherokee Plants, (p. 54); Taylor, "Plants Used," (p. 24); Perry, "Food Use of Wild Plants", (p. 44) | |

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| Sassafras albidum (Nutt.) Nees | Sassafras | Unspecified - plant used for unspecified medicinal purpose | Creek | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Swanton, "Religious Beliefs," (p. 661) | |
| Sassafras albidum (Nutt.) Nees | Sassafras | Analgesic; Antidiarrheal; Antiemetic; Cathartic; Ceremonial medicine; Cold remedy; Cough medicine; Dermatological aid; Dietary aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Laxative; Oral aid; Other; Pediatric aid; Throat aid; Urinary aid; | Seminole | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Garvin, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Sturtevant, "The Mikasuki Seminole," (p. 158, 161, 164, 167, 188, 218, 219, 220, 222, 224, 225, 227, 228, 275, 281, 306, 307) | |

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| Lindera benzoin var. benzoin ((L.) Blume) | Northern Spicebush | Analgesic; Diaphoretic; Emetic; Herbal Steam | Creek | Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner | East & West | Swanton, "Religious Beliefs," (p. 655, 657; 663) | Swanton refers to it as "spicebush" (Benzoin aestiva) |
| Lindera benzoin var. benzoin ((L.) Blume) | Northern Spicebush (allspice tree, spicewood) | Abortifacient; Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Misc. disease remedy (Measles); Pulmonary aid; Respiratory aid; Tonic | Cherokee | Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 52, 53, 58, 64; 96); Hamel and Chiltoskey, Cherokee Plants, (p. 56) | |
| Agrimonia gryposepala Wallr. | Tall Hairy Agrimony | Antidiarrheal; Blood medicine; Dermatological aid (pox); Dietary aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Pediatric aid; | Cherokee | Delaware only (also not on USDA map) | East & West | Hamel and Chiltoskey, Cherokee Plants," (p. 22) | |

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| Agrimonia parviflora Ait. | Harvestlic e | Antidiarrheal; Blood medicine; Dermatological aid (pox); Dietary aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Pediatic aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Cleveland, Comanche, Craig, Delaware, Grady, Kiowa, Latimer, Marshall, Mayes, McCurtain, Okfuskee, Oklahoma, Osage, Rogers, Stephens, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 59, 60); Mooney "The Swimmer Manuscript" (p. 274); Hamel and Chiltoskey, Cherokee Plants,(p. 22) | |
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| Asarum canadense L. | Canadian Wildginger | Abortifacient; Analgesic; Anthelmintic; Antidiarrheal; Blood medicine; Breast treatment; Cold remedy; Cough medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Gynecological aid; Heart medicine; Misc. disease remedy; Sedative; Stimulant | Cherokee | Adair, Cherokee, Delaware, Look Up, Mayes, McCurtain, Murray, Ottawa, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 28, 47, 64); Mooney "The Swimmer Manuscript" (p. 209, 252); Hamel and Chiltoskey, Cherokee Plants, (p. 35, 36); Taylor, "Plants Used," (p. 21) | |
| Barbarea vulgaris Ait. f. | Garden Yellowrocket | Blood medicine - cooked salad eaten to purify blood | Cherokee | Adair, Cherokee, Cleveland, Craig, Delaware, Muskogee, Oklahoma, Osage, Ottawa, Sequoyah, | East & West | Hamel and Chiltoskey, Cherokee Plants, (p. 31) | |

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| Bignonia capreolata L. | Crossvine | Blood medicine - infusion of leaf taken to purify blood/used to cleanse blood | Cherokee | Choctaw & McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119); Hamel and Chiltoskey, Cherokee Plants, (p. 31); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74) | |
| Bignonia capreolata L. | Crossvine | Kidney aid - decoction of mashed bark used as a steambath for dropsy | Choctaw | Choctaw & McCurtain | East & West | Taylor, "Plants Used," (p. 23, 28, 57, 58) | |
| Bignonia capreolata L. | Crossvine | Unspecified - plant used medicinally for unspecified purpose | Creek | Choctaw & McCurtain | East & West | Swanton, "Religious Beliefs," (p. 670) | |

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| <p>Cornus florida L.</p> | <p>Flowering Dogwood</p> | <p>Analgesic; Anthelmintic; Antidiarrheal; Antidote; Blood medicine; Dermatological aid; Diaphoretic; Disinfectant; Febrifuge; Gastrointestinal aid; Gynecological aid; Misc. disease remedy (Measles); Pediatric aid; Stimulant; Throat aid; Tonic; Poultice</p> | <p>Cherokee</p> | <p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Coal, Comanche, Craig, Creek, Delaware, Haskell Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Okmulgee, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 52, 64, 96); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Mooney "The Swimmer Manuscript" (p. 199, 283); Taylor, "Plants Used," (p. 46); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey, Cherokee Plants, (p. 32)</p> | |
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| Goodyera pubescens (Willd.) R. Br. ex Ait. f. | Downy Rattlesnake Plantain | Blood medicine; Burn dressing; Cold remedy; Dietary aid; Emetic; Eye medicine; Kidney aid; Toothache remedy | Cherokee | Le Flore & McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 22, 28, 31, 47, 64); Hamel and Chiltoskey, Cherokee Plants, p. 50 | |
| Ostrya virginiana (P. Mill.) K. Koch | (Eastern) Hophornbeam | Blood medicine; Orthopedic aid; Toothache remedy | Cherokee | Adair, Cherokee, Choctaw, Delaware, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Okmulgee, Osage, Ottawa, Pushmataha, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 30; 51); Hamel and Chiltoskey, Cherokee Plants, (p. 39) | |

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| Oxalis corniculata L. | Creeping Woodsorr el | Anthelmintic; Antiemetic; Blood medicine; Cancer treatment; Dermatological aid; Oral aid; Pediatric aid; Throat aid | Cherokee | Alfalfa, Atoka, Beckham, Bryan, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Jackson, Hefferson, Johnston, Kay, Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Texas, Tillman, Tulsa, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey, Cherokee Plants, (p. 56) | |
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| Phytolacca americana L. | American Pokeweed | Antirheumatic (internal); Blood medicine; Dermatological aid; Febrifuge; Kidney aid; Laxative; Other; Poison; Unspecified | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 42); Hamel and Chiltoskey, Cherokee Plants, (p. 50) | |
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| Phytolacca americana L. | American Pokeweed | Analgesic & Antirheumatic | Seminole | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 50; Witthoft, John 1977 Cherokee Indian Use of Potherbs. Journal of Cherokee Studies 2(2):250-255 (p. 251); Perry, Myra Jean 1975 Food Use of "Wild" Plants by Cherokee Indians. The University of Tennessee, M.S. Thesis (p. 51) | |
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| Viola bicolor Pursh | Field Pansy | Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic | Cherokee | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garvin, Grady, Grant, Greer, Haskell, Hughes, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward, | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 60 | |
| Viola pedata L. (pro sp.) | Birdfoot Violet (Pansey Violet per Banks) | Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Haskell, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 89); Hamel and Chiltoskey, Cherokee Plants, (p. 60) | |

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| Viola pubescens Ait. | Downy Yellow Violet | Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Delaware, Grady, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa | East & West | Hamel and Chiltoskey, Cherokee Plants, (p. 60) | |
| Vitis aestivalis Michx. | Summer Grape | Antidiarrheal; Blood medicine; Gastrointestinal aid; Gynecological aid; Liver aid; Oral aid; Other, Pediatric aid; Tonic; Urinary aid | Cherokee | Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 58, 59, 90); Mooney "The Swimmer Manuscript" (p. 253, 283); Hamel and Chiltoskey, Cherokee Plants, (p. 37); Taylor, "Plants Used," (p. 41) | |

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| Vitis aestivalis Michx. | Summer Grape | Febrifuge; Gynecological aid; Lactation Stimulant; Tonic | Choctaw | Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Campbell, "Medicinal Plants," 41(p. 287) | |
| Vitis aestivalis Michx. | Summer Grape | Analgesic; Ceremonial medicine; Emetic; Febrifuge; Gastrointestinal aid; Pediatric aid | Seminole | Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Sturtevant, "The Mikasuki Seminole,"(p. 282, 328, 342, 409) | |
| Aralia spinosa L. | Devil's Walkingst ick | Dermatological aid (boils) & Poultice | Choctaw | Choctaw, McCurtain, Pushmataha | East & West | Taylor, "Plants Used," p. 44 | referre as as "herc club" i Chocta Disser: source |

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| <p>Aralia spinosa L.</p> | <p>Devil's Walkingstick</p> | <p>Antirheumatic; Carminative; Diaphoretic; Emetic; Orthopedic aid; Dermatological aid; Poison; Tonic; Toothache remedy; Venereal aid</p> | <p>Cherokee</p> | <p>Choctaw, McCurtain, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 91, 92); Hamel and Chiltoskey, Cherokee Plants, p. 31, 32; Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p> | |
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| Rhus aromatica Ait. | Fragrant Sumac | Dermatological aid | Natchez (possibly Cherokee per Swanton) | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Swanton, "Religious Beliefs," p. 667 | |
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| Arisaema triphyllum (L.) Schott | Jack In The Pulpit | Analgesic; Carminative; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Expectorant; Orthopedic aid; Stimulant; Throat aid; Tuberculosis remedy | Cherokee | Adair, Cherokee, Creek, Delaware, Le Flore, Logan, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 11); Hamel and Chiltoskey, Cherokee Plants, (p. 41) | |
| Arisaema triphyllum (L.) Schott | Jack In The Pulpit | Blood medicine - "to make blood" | Choctaw | Adair, Cherokee, Creek, Delaware, Le Flore, Logan, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" (pg. 23); | |
| Lobelia inflata L. | Indian Tobacco | Analgesic; Dermatological aid; Emetic; Gastrointestinal aid; Orthopedic aid; Other; Pulmonary aid; Respiratory aid; Throat aid | Cherokee | Adair, Delaware, Le Flore, McCurtain, Pittsburg; Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123); Mooney, "Sacred Formulas of the Cherokees," (pg. 361-362, 368-369); Hamel and Chiltoskey, Cherokee Plants, (p. 40) | |

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| <p>Mirabilis nyctaginea (Michx.) MacM.</p> | <p>Heartleaf Four O'clock</p> | <p>Dermatological aid; Insecticide</p> | <p>Cherokee</p> | <p>Alfalfa, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Roger Mills, Sequoyah, Texas, Tulsa, Washita, Woods</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41, 42); Hamel and Chiltoskey, Cherokee Plants, p. 34, 35</p> | |
| <p>Nepeta cataria L.</p> | <p>Catnip</p> | <p>Abortifacient; Anthelmintic; Anticonvulsive; Cold remedy; Cough medicine; Dermatologica aid; Febrifuge; Gastrointestinal aid; Pediatric aid; Sedative; Stimulant; Tonic</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Carter, Cherokee, Cleveland, Comanche, Creek Custer, Delaware, Grady, Greer, Harmon, Johnston, Kay, Kingfisher, Mayes, Murray, Muskogee, Payne, Pontotoc, Roger Mills</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111); Hamel and Chiltoskey, Cherokee Plants, p. 28</p> | |

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| Passiflora incarnata L. | Purple Passionflower | Dermatological aid; Dietary aid; Ear medicine; Liver aid; Pediatric aid | Cherokee | Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 89, 90); Hamel and Chiltoskey, Cherokee Plants, p. 47 | |
| Ricinus communis L. | Castorbean | Cathartic; Dermatological aid | Cherokee | Cleveland, Grady, Jackson, Kingfisher, Muskogee, Payne | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 24 | |
| Ricinus communis L. | Castorbean | Cathartic | Seminole | Cleveland, Grady, Jackson, Kingfisher, Muskogee, Payne | East & West | Sturtevant, "The Mikasuki Seminole," p. 167, 275 | |

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| Rubus idaeus L. | American Red Raspberry | Analgesic; Antirheumatic (external); Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Tonic; Toothache remedy | Cherokee | Harmon | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Hamel and Chiltoskey, Cherokee Plants, (p. 52) | |
| Rubus occidentalis L. | Black Raspberry | Analgesic; Antirheumatic (external); Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Tonic; Toothache remedy | Cherokee | Adair, Bryan, Cherokee, Choctaw, Delaware, Kay, Le Flore, Look Up, Marshall, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pushmataha, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66, 67); Mooney "The Swimmer Manuscript" (p. 246); Hamel and Chiltoskey, Cherokee Plants, p. 52; Taylor, "Plants Used," p. 30 | |
| Saponaria officinalis L. | Bouncing bet | Dermatological aid - used as a poultice for boils | Cherokee | Bryan, Caddo, Canadian, Cherokee, Cleveland, Delaware, Kay, Mayes, McClain, Muskogee, Oklahoma, Ottawa, Payne, Sequoyah, Wagoner | East & West | Hamel and Chiltoskey, Cherokee Plants, p. (p. 26) | |

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| Smilax glauca Walt. (Smilax Rotundifolia, S. Tamnifolia, S. Herbacea per Hamel) | Cat Greenbrier (common greenbrier, carrion flower, sawbrier per Hamel) | Analgesic; Antirheumatic (internal); Dermatological aid; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Other | Cherokee | Bryan, Cherokee, Chotaw, Johnston, Latimer, Le Flore, McCurtain, Muskogee, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 17, 18, 31, 58, 59, 81, 86, 90); Hamel and Chiltoskey, Cherokee Plants, p. 37 | |
| Smilax rotundifolia L. | Roundleaf Greenbrier | Analgesic; Antirheumatic (internal); Burn dressing; Dermatological aid; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Other | Cherokee | Adair, Alfalfa, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Hughes, Jefferson, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Major, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washita, Woodward | East & West | Hamel and Chiltoskey, Cherokee Plants, p. (p. 37) | |

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| Tilia americana var. heterophylla (Vent.) Loud. | American Basswood | Antidiarrheal; Cough medicine; Dermatological aid; Gastrointestinal aid; Snake bite remedy; Tuberculosis remedy | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Delaware, Le Flore, McCurtain, Nowata, Ottawa, Pittsburg, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50, 86, 87); Hamel and Chiltoskey, Cherokee Plants, (p. 24) | |
| Uvularia sessilifolia L. | Sessileleaf Bellwort | Antidiarrheal; Dermatological aid | Cherokee | McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 19); Hamel and Chiltoskey, Cherokee Plants, p. 25 | |

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| Viola sororia Willd. | Common Blue Violet | Analgesic; Antidiarrheal; Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic | Cherokee | Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington, Woods | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 60 | |
| Asplenium rhizophyllum L. | Walking Fern | Breast treatment; Emetic | Cherokee | Adair, Cherokee, Delaware, Johnston, Le Flore, McCurtain, Muskogee, Nowata, Osage, Pawnee, Rogers, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 3); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Taylor, "Plants Used," (p. 3); Hamel and Chiltoskey, Cherokee Plants,(p. 61) | |

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| Arundinaria gigantea ssp. tecta (Walt.) McClure | Switchcane | Analgesic - decoction of roots taken for breast pain | Choctaw | Atoka, Coal, McCurtain, Nowata | East & West | Taylor, "Plants Used," p. 6 | |
| Sambucus nigra ssp. canadensis (L.) R. Bolli | American Elder | Breast treatment; Gynecological aid | Creek | Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward | East & West | Taylor, "Plants Used," p. 58; Swanton, "Religious Beliefs," p. 661 | |

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| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder</p> | <p>Antirheumatic; Burn dressing; Cathartic; Dermatological aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney aid; Other; Pediatric aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey, Cherokee Plants, p. 33</p> | |
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| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder</p> | <p>Analgesic</p> | <p>Chickasaw</p> | <p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p> | <p>East & West</p> | <p>Taylor, "Plants Used," p. 58</p> | |
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| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder</p> | <p>Liver aid - decoction of seeds and roots taken for liver troubles</p> | <p>Choctaw</p> | <p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p> | <p>East & West</p> | <p>Taylor, "Plants Used," p. 58-59</p> | |
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| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder</p> | <p>Ceremonial medicine, Emetic, Gastrointestinal aid</p> | <p>Seminole</p> | <p>Adair, Atoka, Beaver, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, , Latimer, Le Flore, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woodward</p> | <p>East & West</p> | <p>Sturtevant, "The Mikasuki Seminole," p. 167, 276</p> | |
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| Populus sp. (L.) | Cottonwood | Kidney aid (dropsy); Orthopedic aid | Creek | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Swanton, "Religious Beliefs," p. 660; Taylor, "Plants Used," p. 11 | |
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| Populus sp. (L.) | Cottonwood | Snake bite remedy-poultice to the bites | Choctaw | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23 | |
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| Hydrangea arborescens L. | Wild Hydrangea | Abortifacient; Antiemetic; Burn dressing; Cancer treatment; Cathartic; Dermatological aid; Disinfectant; Emetic; Gastrointestinal aid; Hypotensive; Liver aid; Orthopedic aid; Pediatric aid; Stimulant | Cherokee | Adair, Cherokee, Delaware, Johnston, Le Flore, Mayes, McCurtain, Ottawa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 56, 57); Mooney "The Swimmer Manuscript" (p. 246); Hamel and Chiltoskey, Cherokee Plants, p. 54 | |
| Plantago aristata Michx. | Large bracted Plantain | Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid | Cherokee | Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Delaware, | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50 | |

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| Plantago lanceolata L. | Narrowleaf Plantain | Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid | Cherokee | Adair, Bryan, Cadoo, Canadian, Cherokee, Choctaw, Cleveland, Craig, Delaware, Grady, Kay, Le Flore, McClain, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Tulsa, Wagoner, Washington, Washita | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50 | |
| Plantago major L. | Common Plantain | Analgesic; Antidiarrheal; Antidote; Burn dressing; dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Pediatric aid; Snake bite remedy; Urinary aid | Cherokee | Adair, Beaver, Bryan, Caddo, Cherokee, Comanche, Jefferson, Marshall, Oklahoma, Pawnee, Pontotoc, Rogers Sequyah, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 119, 120); Hamel and Chiltoskey, Cherokee Plants, p. 50 | |

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| Prunella vulgaris L. | Common Selfheal | Adjuvant; Burn dressing; Dermatological aid | Cherokee | Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111, 112); Hamel and Chiltoskey, Cherokee Plants, p. 54 | |
| Smallanthus uvedalius (L.) Mackenzie ex Small | Hairy Leafcup | Burn dressing; Dermatological aid; Emetic; Gynecological aid; Other | Cherokee | Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Johnston, Le Flore, McCurtain, Murray, Muskogee, Oklahoma, Pontotoc, Pushmataha, Tulsa | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 42; Taylor, "Plants Used," p. 63 | |
| Smilax laurifolia L. | catesbaei | Burn dressing; Dermatological aid; Tonic | Cherokee | Choctaw, Le Flore, McCurtain, Pushmataha | East & West | Hamel and Chiltoskey, Cherokee Plants, p. 24 | |

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| <p>Ulmus rubra Muhl.</p> | <p>Slippery Elm</p> | <p>Antidiarrheal; Burn dressing; Cold remedy; Cough medicine; Dermatological aid; Eye medicine; Gastrointestinal aid; Gynecological aid; Laxative: Respiratory aid; Throat aid; Tuberculosis remedy</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburgh, Pontotoc, Pottawatomie, Pushmataha, Roger mills, Rogers, Seminole, Tulsa, Wagoner, Washita, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 34, 83 84, 118); Mooney "The Swimmer Manuscript" (p. 119, 244); Hamel and Chiltoskey, Cherokee Plants, p. 33</p> | |
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| <p>Ulmus rubra Muhl.</p> | <p>Slippery Elm</p> | <p>Witchcraft medicine</p> | <p>Creek (actually listed as Alabama Medicine by Swanton and not Creek)</p> | <p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburgh, Pontotoc, Pottawatomie, Pushmataha, Roger mills, Rogers, Seminole, Tulsa, Wagoner, Washita, Woodward</p> | <p>East & West</p> | <p>Swanton, "Religious Beliefs," p. 665</p> | <p>Moerr entry d not see correct</p> |
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| Malvella leprosa (Ortega) Krapov. | Alkali Mallow | Antidiarrheal; Burn dressing; Gastrointestinal aid | Choctaw | Jackson, Texas, Tillman | West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287) | |
| Quercus sp. | Red Oak | Othopedic aid; Pediatic aid; also including Pulmonary Aid; Throat Aid; Emetic; Dermatological Aid | Creek (actually listed as Alabama Medicine by Swanton) | Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa | East & West | Swanton, "Religious Beliefs," p. 665 | Moerr entry d not see correct |

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| Rhus glabra L. | Smooth Sumac | Antidiarrheal (dysentery); Other - leaves mixed with tobacco and smoked for "all cephalic and pectoral complaints" | Creek | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Swanton, "Religious Beliefs," p. 659; Taylor, "Plants Used," p. 36 | "red su |
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| Rhus glabra L. | Smooth Sumac | Antiemetic; Burn dressing; Dermatological aid; Gynecological aid; Urinary aid | Cherokee | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 78, 79); Mooney "The Swimmer Manuscript" (p. 130, 251); Hamel and Chiltoskey, Cherokee Plants, p. 57; Taylor, "Plants Used," p. 37 | |
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Medicinal Plant Spread Sheet

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| Stillingia sp. | | Abortifacient; Cathartic; Gynecological Aid; Reproductive Aid; | Creek | | | Swanton, "Religious Beliefs," p. 662; Taylor, "Plants Used," p. 36 | Was missing on Mt document and incomplete Moerr SDA |
| Morella cerifera (L.) Small | Southern Bayberry (Wax Myrtle per USDA) | Febrifuge; Throat aid | Choctaw | Choctaw & McCurtain | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23; Taylor, "Plants Used," p. 14 | |
| Morella cerifera (L.) Small | Southern Bayberry (Wax Myrtle per USDA) | Analgesic; Febrifuge; Gastrointestinal aid; Love medicine | Seminole | Choctaw & McCurtain | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis p. 250, 282 | |

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Medicinal Plant Spread Sheet

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| Pluchea foetida (L.) DC. | Stinking Camphor weed | Febrifuge | Choctaw | Pushmataha | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 23; Taylor, "Plants Used," p. 63 | referred as "r fleabar Choctaw Disser: source |
| Rubus sp. (L) | Blackberry | Antidiarrheal; Circulation Aid; Tonic | Choctaw | Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Craig, Grady, Greer, Haskell, Johnston, Kay, Latimer, Le Flore, Logan, Love, Marshall, Mayes, McCurtain, Murray, Noble, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Tulsa, Washita, Woods | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" pg. 24; Taylor, "Plants Used," p. 29 | |

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| <p>Eryngium yuccifolium Michx.</p> | <p>Button Eryngo</p> | <p>Analgesic (Neuralgia); Antirheumatic; Blood medicine; Cathartic; Gastrointestinal aid; Kidney aid; Sedative; Snake bite remedy; Venereal aid</p> | <p>Creek</p> | <p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 655,656); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45)</p> | |
| <p>Eryngium yuccifolium Michx.</p> | <p>Button Eryngo</p> | <p>Pulmonary aid; Snake bite remedy; Toothache remedy</p> | <p>Cherokee</p> | <p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 94); Mooney "The Swimmer Manuscript" (p. 76); Hamel and Chiltoskey, "Cherokee Plants," p. 27</p> | <p>Button Snaker per Mc</p> |

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|------------------------------------------------|--------------------------------|-------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| <p>Eryngium yuccifolium Michx.</p> | <p>Button Eryngo</p> | <p>Snake bite remedy-poultice to the bites; Gonorrhoea remedy</p> | <p>Choctaw</p> | <p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Cushman, pg. 170; Campbell, "Medicinal Plants," p. 287.</p> | <p>referred as "rattike mas" in Choctaw; source</p> |
| <p>Pycnanthemum albescens Torr. & Gray</p> | <p>Whiteleaf Mountain mint</p> | <p>Cold remedy; Diaphoretic</p> | <p>Choctaw</p> | <p>Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Delaware, Johnston, Latimer, Le Flore, Marshall, McCurtain, Oklahoma, Ottawa, Pontotoc, Pushmataha, Sequoyah</p> | <p>East & West</p> | <p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48. p. 24; Taylor, "Plants Used," p. 54.</p> | |

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| Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston | Oak Mistletoe | Pulmonary aid; Tuberculosis | Creek | Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner | East & West | Swanton, "Religious Beliefs," p. 659; Taylor, "Plants Used," p. 20 | |
| Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston | Oak Mistletoe | Analgesic; Anticonvulsive; Gynecological aid; Hypotensive; Love medicine | Cherokee | Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 36); Hamel and Chiltoskey, "Cherokee Plants," p. 45 | |

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| Phoradendron leucarpum (Raf.) Reveal & M.C. Johnston | Oak Mistletoe | Antirheumatic (external); Emetic; Pediatric aid | Seminole | Adiar, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner | East & West | Sturtevant, "The Mikasuki Seminole," p. 192, 329, 409 | |
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| Tephrosia virginiana (L.) Pers. | Virginia Tephrosia | Abortifacient; Reproductive aid; Tuberculosis; Urinary aid | Creek | Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Grady, Harper, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Swanton, "Religious Beliefs," p. 658, 668; Taylor, "Plants Used," p. 33 | Other names devil's shoesti (per Swanto and C Virgin (per Swanto and US |
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| <p>Tephrosia virginiana (L.) Tephrosia Pers.</p> | <p>Virginia Tephrosia</p> | <p>Anthelmintic; Cathartic; Dermatological aid; Kidney aid; Lassitude; Orthopedic aid; Pediatric aid; Stimulant</p> | <p>Cherokee</p> | <p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Grady, Harper, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 74); Mooney, "Sacred Formulas of the Cherokees," (pg. 325); Taylor, "Plants Used," (p. 33); Mooney "The Swimmer Manuscript" (p. 128); Hamel and Chiltoskey, "Cherokee Plants," (p. 31)</p> | |
| <p>Acorus calamus L.</p> | <p>Calamus</p> | <p>Analgesic; Anthelmintic; Anticonvulsive; Antidiarrheal; Carminative; Cold remedy; Dermatological aid; Diaphoretic; Diuretic; Gastrointestinal aid; Kidney aid; Stimulant; Throat aid; Urinary aid</p> | <p>Cherokee</p> | <p>Cleveland, Comanche, Ottawa, Seminole, Stephens</p> | <p>North (does not border Miss. River)</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10, 11); Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey, "Cherokee Plants," p. 28</p> | |

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| Allium cernuum Roth | Nodding Onion | Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Kidney aid; Liver aid; Pediatric aid; Pulmonary aid; Respiratory aid; Throat aid; Urinary aid | Cherokee | Comanche | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 47 | |
| Allium tricoccum Ait. | Wild Leek (ramp) | Antihemorrhagic; Cold remedy; Ear medicine; Pulmonary aid | Cherokee | Marshall | East & West (does not border Miss. River) | Hamel and Chiltoskey, "Cherokee Plants," p. 52 | |

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| <p>Aristolochia serpentaria L.</p> | <p>Virginia Snakeroot</p> | <p>Abortifacient; Analgesic; Antirheumatic; Cold remedy; Cough medicine; Disinfectant; Diuretic; Febrifuge; Gastrointestinal aid; Misc. disease remedy; Nose medicine; Pulmonary aid; Snake bite remedy; Stimulant; Throat aid; Tonic; Toothache remedy</p> | <p>Cherokee</p> | <p>Cherokee, Choctaw, Le Flore, Mayes, McCurtain</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 36, 37, 38); Mooney, “Sacred Formulas of the Cherokees”, pg. 324; Mooney "The Swimmer Manuscript" (p. 177, 224, 286); Taylor, “Plants Used,” (p. 20); also possibly under Natchez listings by Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 667); Hamel and Chiltoskey, “Cherokee Plants,” p. 55</p> | |
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| Aristolochia serpentaria L. | Virginia Snakeroot | Analgesic; Gastrointestinal aid (stomach ache) | Choctaw | Cherokee, Choctaw, Le Flore, Mayes, McCurtain | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou"p. 24; Taylor, "Plants Used," p. 20 | |
| Betula nigra L. | River Birch | Antidiarrheal; Cold remedy; Gastrointestinal aid; Urinary aid | Cherokee | Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Coal, Creek, Delaware, Haskell, Hughes, Kay, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okfuskee, Okmulgee, Osage, Ottawa, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 29); Mooney "The Swimmer Manuscript" (p. 200); Hamel and Chiltoskey, "Cherokee Plants," p. 25 | |
| Betula sp. | White Birch | Tuberculosis Remedy | Creek | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659) | Error c USDA |

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| Carya alba (L.) Nutt. ex Ell. | Mockernut Hickory | Abortifacient; Analgesic; Cold remedy; Dermatological aid; Diaphoretic; Emetic; Gastrointestinal aid; Liver aid; Misc. disease remedy (Poliomyelitis pain); Oral aid; Orthopedic aid | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 26); Hamel and Chiltoskey, "Cherokee Plants," p. 38 | |
| Carya alba (L.) Nutt. ex Ell. | Mockernut Hickory | Insecticide | Choctaw | Adair, Atoka, Bryan, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24) | |

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| Carya laciniosa (Michx. f.) G. Don | Shellbark Hickory | Abortifacient; Analgesic; Cold remedy; Dermatological aid; Diaphoretic; Emetic; Gastrointestinal aid; Liver aid; Misc. disease remedy (poliomyelitis pain); Oral aid; Orthopedic aid | Cherokee | Adair, Cherokee, Choctaw, Craig, Delaware, McCurtain, Nowata, Ottawa, Sequoyah, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 26); Hamel and Chiltoskey, "Cherokee Plants," p. 38 | |
| Carya laciniosa (Michx. f.) G. Don | Shellbark Hickory | Fleas were driven away by scattering around house | Choctaw | Adair, Cherokee, Choctaw, Craig, Delaware, McCurtain, Nowata, Ottawa, Sequoyah, Washington | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" p. 24 | |

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| Cypripedium parviflorum Salisb. | Lesser Yellow Lady's Slipper | Analgesic (Neuralgia); Anthelmintic; Anticonvulsive; Cold remedy; Gastrointestinal aid; Gynecological aid; Kidney aid; Misc. disease remedy; Sedative | Cherokee | Cherokee, Adair, Le Flore, Choctaw | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 21, 43); Mooney, "Sacred Formulas of the Cherokees," pg. 327; Mooney "The Swimmer Manuscript" (p. 249); Hamel and Chiltoskey, "Cherokee Plants," p. 42; Taylor, "Plants Used," p. 11 | |
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| Erigeron philadelphicus L. | Philadelphia Fleabane | Abortifacient; Analgesic; Anticonvulsive; Antihemorrhagic; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Diuretic; Eye medicine; Kidney aid | Cherokee | Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garfield, Garvin, Grady, Hughes, Johnston, Kingfisher, Kiowa, Le Flore, Lincoln, Logan Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Rogers, Seminole, Tulsa, Washington, Woodward | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 35 | |
| Erigeron pulchellus Michx. | Robin's Plantain | Abortifacient; Analgesic; Anticonvulsive; Antihemorrhagic; Cold remedy; Cough medicine; Dermatological aid; Diaphoretic; Diuretic; Eye medicine; Kidney aid | Cherokee | Adair, Cherokee, Choctaw, Cleveland, Delaware, Grady, Le Flore, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa, Pushmataha, Tulsa | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 35 | |

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| Eupatorium perfoliatum L. | Common Boneset | Cathartic; Cold remedy; Diaphoretic; Disinfectant; Diuretic; Emetic; Febrifuge; Gastrointestinal aid; Misc. disease remedy; Stimulant; Throat aid; Tonic | Cherokee | Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 128); Mooney "The Swimmer Manuscript" (p. 262); Hamel and Chiltoskey, "Cherokee Plants," p. 26 | |
| Eupatorium perfoliatum L. | Common Boneset | Emetic; Febrifuge | Seminole | Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283) | |
| Eupatorium perfoliatum L. | Common Boneset | Emetic | Choctaw | Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah | East & West | Swanton, "Religious Beliefs," p. 237 | |

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| Glechoma hederacea L. | Ground ivy | Cold remedy; Dermatological aid; Misc. disease remedy (Measles); Pediatric aid | Cherokee | Adair, Blaine, Bryan, Cherokee, Cimarron, Cleveland, Creek, Delaware, Grady, Johnston, Kay, Oklahoma, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Texas, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 109); Hamel and Chiltoskey, "Cherokee Plants," p. 37 | |
| Goodyera pubescens (Willd.) R. Br. ex Ait. f. | Downy Rattlesnake Plantain | Blood medicine; Burn dressing; Cold remedy; Dietary aid; Emetic; Eye Medicine; Kidney aid; Toothache remedy | Cherokee | Le Flore & McCurtain | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 50 | |
| Hamamelis virginiana L. | American Witchhazel (witchhazel) | Analgesic; Cold remedy; Dermatological aid; Febrifuge; Gynecological aid; Throat aid; Tuberculosis remedy | Cherokee | Le Flore, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 52, 53, 57, 58); Hamel and Chiltoskey, "Cherokee Plants," p. 62 | |

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| Hedeoma pulegioides (L.) Pers. | American False pennyroyal | Abortifacient; Analgesic; Antidiarrheal; Cold remedy; Cough medicine; Diaphoretic; Expectorant; Febrifuge; Insecticide; Pulmonary aid; Toothache remedy | Cherokee | Adair; Bryan; Delaware; Le Flore; Mayes; McCurtain; Nowata; Osage; Pontotoc | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 109); Hamel and Chiltoskey, "Cherokee Plants," p. 48 | |
| Hedeoma pulegioides (L.) Pers. | American False pennyroyal | Eye medicine | Chickasaw | Adair; Bryan; Delaware; Le Flore; Mayes; McCurtain; Nowata; Osage; Pontotoc | East & West | Taylor, "Plants Used," p. 53 | |

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| Juniperus virginiana L. | Eastern Redcedar | Abortifacient; Anthelmintic; Antirheumatic; Cold remedy; Dermatological aid; Diaphoretic; Misc. disease remedy (Measles) | Cherokee | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 28 | |
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| <p>Linum usitatissimum L.</p> | <p>Common Flax</p> | <p>Cold remedy; Cough medicine; Febrifuge; Pulmonary aid; Urinary aid</p> | <p>Cherokee</p> | <p>Carter, Cleveland, Greer, Marshall, McCurtain, Murray, Payne</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Mooney "The Swimmer Manuscript" (p. 243); Hamel and Chiltoskey, "Cherokee Plants," p. 34</p> | |
| <p>Lobelia cardinalis L.</p> | <p>Cardinalflower</p> | <p>Analgesic; Anthelmintic; Antirheumatic; Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Hemostat; Pulmonary aid; Venereal aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Greer, Harper, Haskell, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Sequoyah, Texas, Tillman, Tulsa, Washington, Washita, Woods</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 122, 123); Mooney "The Swimmer Manuscript" (p. 91, 216); Hamel and Chiltoskey, "Cherokee Plants," p. 28</p> | |

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| Lobelia siphilitica L. | Great Blue Lobelia | Analgesic; Anthelmintic; Antirheumatic (internal); Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Hemostat; Pulmonary aid; Venereal aid | Cherokee | Adair, Cherokee, Delaware, Garvin, Johnston, Marshall, McCurtain, Murray, Ottawa, Pontotoc, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123); Hamel and Chiltoskey, "Cherokee Plants," p. 28 | |
| Marrubium vulgare L. | Horehound | Breast treatment; Cold remedy; Cough medicine; Pediatric aid; Throat aid | Cherokee | Beaver, Bryan, Cherokee, Choctaw, Cimarron, Cleveland, Delaware, Garfield, Garvin, Grady, Kingfisher, Le Flore, Lincoln, Logan, Marshall, Murray, Muskogee, Osage, Pawnee, Payne, Pontotoc, Texas, Tulsa, Washington, Woods | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 39 | |
| Melissa officinalis L. | Common Balm | Cold remedy; Febrifuge; Misc. disease remedy; Stimulant; Tonic | Cherokee | Cleveland, Grady, Mayes, McCurtain, Oklahoma | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. 24 | |

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| <p>Mentha ×piperita L. (pro sp.) [aquatica × spicata]</p> | <p>Water Mint (peppermi nt)</p> | <p>Adjuvant; Analgesic; Antiemetic; Carminative; Cold remedy; Febrifuge; Gastrointestinal aid; Hemorrhoid remedy; Misc. disease remedy; Pediatric aid; Sedative; Stimulant; Urinary aid</p> | <p>Cherokee</p> | <p>Bryan, Cherokee, Cleveland, Grady, Johnston, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa</p> | <p>East & West</p> | <p>Hamel and Chiltoskey, “Cherokee Plants,” p. 48, 49</p> | |
| <p>Mentha spicata L.</p> | <p>Spearmint (peppermi nt)</p> | <p>Adjuvant; Analgesic; Antiemetic; Carminative; Cold remedy; Febrifuge; Gastrointestinal aid; Hemorrhoid remedy; Misc. disease remedy; Pediatric aid; Sedative; Stimulant; Urinary aid</p> | <p>Cherokee</p> | <p>Cherokee, Cotton, Grady, Marshall, Mayes, McCurtain, Murray, Oklahoma, Ottawa, Payne, Pontotoc, Pushmataha, Tulsa</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 110); Hamel and Chiltoskey, “Cherokee Plants,” p. 48, 49</p> | |

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| Monarda fistulosa L. | Wildbergamot Beebalm | Abortifacient; Analgesic; Carminative; Cold remedy; Diaphoretic; Diuretic; Fegrifuge; Gastrointestinal aid; Heart medicine; Hemostat; Misc. disease remedy (Measles); Sedative | Cherokee | Ottawa & Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 111); Hamel and Chiltoskey, "Cherokee Plants," p. 39 | |
| Monarda fistulosa L. | Wildbergamot Beebalm | Analgesic; Cathartic; Laxative; Pediatric aid | Choctaw | Ottawa & Tulsa | East & West | Taylor, "Plants Used," p. 32, 54 | |
| Polygala senega L. | Seneca Snakeroot | Abortifacient; Antirheumatic (internal); Cathartic; Cold remedy; Diaphoretic; Diuretic; Expectorant; Kidney aid; Other; Pulmonary aid | Cherokee | Murray | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76, 77); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 55) | |

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| <p>Porteranthus stipulatus (Muhl. ex Willd.) Britt.</p> | <p>Indian Physic (American ipecac)</p> | <p>Antirheumatic (external); Cold remedy; Dermatogical aid; Emetic; Kidney aid; Liver aid; Orthopedic aid; Respiratory aid; Toothache remedy; Veterinary aid</p> | <p>Cherokee</p> | <p>Adair, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Ottawa, Pittsburg, Pushmataha, Wagoner</p> | <p>East & West</p> | <p>Mooney, "Sacred Formulas of the Cherokees," pg. 326; Mooney "The Swimmer Manuscript" (p. 204); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 40); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p> | |
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| <p>Chamaecrista fasciculata (Michx.) Greene</p> | <p>Sleepingp lant (partridge pea)</p> | <p>Sports medicine; Stimulant</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward</p> | <p>East & West</p> | <p>Hamel and Chiltoskey, "Cherokee Plants," p. 54</p> | |
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| <p>Chamaecrista fasciculata (Michx.) Greene</p> | <p>Sleepingp lant (partridge pea)</p> | <p>Antiemetic (Nausea)</p> | <p>Seminole</p> | <p>Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward</p> | <p>East & West</p> | <p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276)</p> | |
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| Galactia volubilis (L.) Britt. | Downy Milkpea | Analgesic; Antidiarrheal; Antiemetic; Dietary aid; Febrifuge; Unspecified; Pediatric aid; Reproductive aid; Stimulant | Seminole | Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Delaware, Hughes, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 253, 255, 256, 306, 323 | |
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| <p>Rudbeckia hirta var. angustifolia (T.V. Moore) Perdue</p> | <p>Blackeyed Susan</p> | <p>Analgesic; Febrifuge</p> | <p>Seminole</p> | <p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods</p> | <p>East & West (spars e)</p> | <p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283)</p> | |
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| <p>Rudbeckia hirta var. angustifolia (T.V. Moore) Perdue</p> | <p>Blackeyed Susan</p> | <p>Anthelmintic; Dermatological aid; Ear medicine; Eye Medicine; Gynecological aid; Kidney aid, Snake bite remedy; Venereal aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods</p> | <p>East & West (spars e)</p> | <p>Mooney, "Sacred Formulas of the Cherokees," pg. 327; Hamel and Chiltoskey, "Cherokee Plants," p. 30</p> | |
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| Salix caroliniana Michx. | Coastal Plain Willow | Analgesic; Antidiarrheal; Antirheumatic; Blood medicine; Ceremonial medicine; Dermatological aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Hunting medicine; Love medicine; Oral aid; Orthopedic aid; Unspecified; Preventive medicine; Respiratory aid; Vertigo medicine; Stimulant; Strengtheners | Seminole | Adair, Atoka, Caddo, Carter, Cherokee, Comanche, Delaware, Garvin, Harper, Haskell, Johnston, Kiowa, Latimer, Le Flore, Look Up, Mayes, McCurtain, Murray, Muskogee, Noble, Okmulgee, Osage, Ottawa, Pittsburg, Pontotoc, Pushmataha, Sequoyah | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 95, 145, 161, 163, 164, 167, 203, 206, 209, 210, 213, 215, 232, 244, 247, 248, 249, 283, 288, 302, 305, 325, 371, 398, 408) | |
| Xyris sp. | Yelloweyed Grass | Cold remedy; Witchcraft medicine | Seminole | Atoka, Bryan, Choctaw, Latimer, Le Flore, Marshall, McCurtain, Oklahoma, Pushmataha | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 281, 395) | |

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| Hypericum crux-andreae (L.) Crantz | St. Peterswor t | Analgesic; Eye medicine | Choctaw | McCurtain & Pushmataha | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou", p. 23; Taylor, "Plants Used," p. 42 | Alabar medici used fo dysent Swanto "Relig Beliefs 664 |
| Callicarpa americana L. | American Beautyber ry | Antidiarrheal; Colic Aid; Gastrointestinal aid; Other (for dizziness) | Choctaw | Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou" p. 23-24; Taylor, "Plants Used," p. 52-53 | referre as as"Fre mulber in Cho Disser: source |
| Callicarpa americana L. | American Beautyber ry (French Mulberry per Swanton) | Diaphoretic; Febrifuge | Alabama | Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa | East & West | Swanton, "Religious Beliefs," p. 663 | |

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| Callicarpa americana L. | American Beautyberry | Dermatological aid & Urinary aid | Seminole | Atoka, Bryan, Carter, Choctaw, Cleveland, Grady, Haskell, Johnston, Latimer, Le Flore, Love, Marshall, McCurtain, Pittsburg, Pushmataha, Sequoyah, Tulsa | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis p. 166, 239 | |
| Aesculus pavia L. | Red Buckeye | Antirheumatic (external); Cancer treatment; Dermatological aid; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Orthopedica aid; Stimulant; Good luck charm | Cherokee | Choctaw, Le Flore, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 82); Mooney "The Swimmer Manuscript" (p. 239); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 27); Taylor, "Plants Used," (p. 39) | |

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| Aletris farinosa L. | White Colicroot | Antirheumatic (internal); Carminative; Cough medicine; Febrifuge; Gynecological aid; Liver aid; Pulmonary aid; Tonic; Tuberculosis remedy; Urinary aid | Cherokee | Delaware, Mayes, McCurtain | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 57) | |
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| Allium canadense L. | Meadow Garlic | Carminative; Cathartic; Diuretic; Ear medicine; Expectorant; Kidney aid; Misc. disease remedy; Pediatric aid; Pulmonary aid; Respiratory aid; Stimulant | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woodward | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 35) | |
| Liatris spicata (L.) Willd. | Dense Gayfeather (dense blazing star) | Analgesic; Carminative; Diaphoretic; Diuretic; Expectorant; Gastrointestinal aid; Kidney aid; Stimulant | Cherokee | Grady | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 27) | |

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| Orbexilum pedunculatum var. psoralioides (Walt.) Isely | Sampson's Snakeroot | Abortifacient; Diaphoretic; Gastrointestinal aid; Gynecological aid; Tonic | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 55) | |
| Orbexilum pedunculatum var. psoralioides (Walt.) Isely | Sampson's Snakeroot | Snake bite remedy | Choctaw | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Ottawa, Pittsburg, Pushmataha, Sequoyah, Wagoner | East & West | Swanton, "Religious Beliefs," p. 237 | referre as "psorali in Cho Disser: source |
| Populus nigra L. | Lombardy Poplar | Antirheumatic (internal); Dermatological aid; Gastrointestinal aid; Stimulant; Toothache remedy; Venereal aid | Cherokee | Comanche & Payne | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 24) | |

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| <p>Veronicastrum virginicum (L.) Farw.</p> | <p>Culver's Root</p> | <p>Analgesic; Cathartic; Diaphoretic; Disinfectant; Febrifuge; Gastrointestinal aid; Liver aid; Misc. disease remedy; Tonic</p> | <p>Cherokee</p> | <p>Adair, Cherokee, Choctaw, Le Flore, McCurtain, Ottawa, Pushmataha</p> | <p>East & West</p> | <p>Hamel and Chiltoskey, "Cherokee Plants," p. (p. 31)</p> | |
| <p>Gleditsia triacanthos L.</p> | <p>Honeylocust</p> | <p>Misc. disease remedy; Panacea, Pediatric aid; "ward off contagions such as smallpox and measles"</p> | <p>Creek</p> | <p>Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward</p> | <p>East & West</p> | <p>Swanton, "Religious Beliefs," p. 658; 669; Taylor, "Plants Used," p. 32</p> | |

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| Gleditsia triacanthos L. | Honeylocust | Adjuvant; Anthelmintic; Gastrointestinal aid; Misc. disease remedy (Measles); Pulmonary aid | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40, 71, 72); Mooney "The Swimmer Manuscript" (p. 239, 249); Taylor, "Plants Used," p. 32; Hamel and Chiltoskey, "Cherokee Plants," (p. 43) | |
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| Cercis canadensis L. | Eastern Redbud | Pulmonary aid | Cherokee | Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52) | Alabar medici used for pulmonary aid; febrifuge respiratory aid Swanton "Religious Beliefs" 665 |
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| Collinsia violacea Nutt. | Violet Blue Eyed Mary | Tuberculosis remedy; Cold remedy; Cough medicine; Pulmonary Aid | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Comanche, Craig, Creek Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington | West | Swanton, "Religious Beliefs," p. 667 | Moerr entry d not see correct |
| Echinacea purpurea (L.) Moench | Eastern Purple Coneflower | Cough medicine; Gastrointestinal aid | Choctaw | Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Grady, Le Flore, Mayes, McCurtain, Oklahoma | East & West | Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 287-288) | |
| Verbascum thapsus L. | Common Mullein (spelled mullen in Swanton) | Cough medicine | Creek | Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Swanton, "Religious Beliefs," p. (p. 660, 661) | |

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

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| Verbascum thapsus L. | Common Mullein | Analgesic; Cough medicine; Dermatological aid; Gynecological aid; Kidney aid; Misc. disease remedy (Mumps); Gland medicine | Cherokee | Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31, 117, 118); Mooney "The Swimmer Manuscript" (p. 216,, 255); Hamel and Chiltoskey, "Cherokee Plants," (p. 45); Taylor, "Plants Used," (p. 57) | |
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Medicinal Plant Spread Sheet

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| Antennaria sp. | Pussy Toes | Cold remedy; Cough medicine | Natchez (possibly Cherokee per Swanton) | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 60) | Error c USDA |
| Penstemon sp. | Penstemon | Tuberculosis remedy | Creek | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667) | Link sl error o USDA could r tell wh variety |

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Medicinal Plant Spread Sheet

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| Aletris farinosa L. | White Colicroot | Antirheumatic; Carminative; Cough medicine; Febrifuge; Gynecological aid; Liver aid; Pulmonary aid; Tonic; Tuberculosis remedy; Urinary aid | Cherokee | Delaware, Mayes, McCurtain | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 57) | |
| Anemone virginiana L. | Tall Thimbleweed | Pulmonary aid | Cherokee | Adair, Bryan, Cherokee, Creek, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Ottawa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44); Hamel and Chiltoskey, "Cherokee Plants," (p. 58) | |
| Asplenium trichomanes L. | Maidenhair Spleenwort | Abortifacient; Breast treatment; Cough medicine; Liver aid | Cherokee | Adair, Atoka, Cherokee, Cimarron, Coal, Comanche, Delaware, Latimer, McCurtain, Muskogee, Osage, Payne | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 34) | |

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| Ipomoea pandurata (L.) G.F.W. Mey. | Man Of The Earth | Antirheumatic; Cough medicine; Diuretic; Expectorant; Insecticide; Kidney aid; Laxative; Misc. disease remedy; Respiratory aid; Turberculosis remedy; Urinary aid | Cherokee | Mayes, Cherokee, Adair, Sequoyah, Le Flore, McCurtain, Choctaw, Latimer, Muskogee, Tulsa, Bryan, Johnston, Pontotoc, Pottawatomie, Lincoln, Murray, Garvin. Grady, Cleveland, Oklahoma, Logan, Payne, Noble Kay, Kingfisher, Comanche, Kiowa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 106); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 51) | |
| Ipomoea pandurata (L.) G.F.W. Mey. | Man Of The Earth | Diuretic; Kidney aid | Creek | Mayes, Cherokee, Adair, Sequoyah, Le Flore, McCurtain, Choctaw, Latimer, Muskogee, Tulsa, Bryan, Johnston, Pontotoc, Pottawatomie, Lincoln, Murray, Garvin. Grady, Cleveland, Oklahoma, Logan, Payne, Noble Kay, Kingfisher, Comanche, Kiowa | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 670) | |

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Medicinal Plant Spread Sheet

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| Polygonum virginianum L. | Jumpseed | Pulmonary aid | Cherokee | Adair, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garvin, Johnston, Kay, Latimer, Le Flore, Logan, Mayes, McCurtain, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 42) | |
| Prunus americana Marsh. | American Plum | Cough medicine; Kidney aid; Urinary aid | Cherokee | Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Cimarron, Cleveland, Cotton, Creek, Grady, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Look up, Love, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tulsa, Washington | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 50) | |

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Medicinal Plant Spread Sheet

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| Rubus sp. (L) | Tall Blackberry (Blackberry) | Cough medicine | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Logan, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington, Washita, Woods | East & West | Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74) | |
| Sanguinaria canadensis L. | Bloodroot | Cough medicine; Dermatological aid; Nose medicine; Respiratory aid; Analgesic; Gastrointestinal aid | Cherokee | Adair, Cherokee, Delaware, Latimer, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 54); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 26) | |

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| Solidago odora Ait. | Aniscescened Goldenrod | Abortifacient; Antidiarrheal; Cold remedy; Cough medicine; Diaphoretic; Febrifuge; Misc. disease remedy (Measles); Oral aid; Sedative; Stimulant; Tonic; Tuberculosis remedy | Cherokee | Atoka, Le Flore, Mayes, McCurtain, Murray, Oklahoma, Pushmataha | East & West | Mooney "The Swimmer Manuscript" (p. 275); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 36) | Solidago; "Goldenrod" also listed as Alamo medicinal plant; Swanton "Religious Beliefs" 664 |
| Tilia americana L. | American Basswood | Antidiarrheal; Cough medicine; Dermatological aid; Gastrointestinal aid; Snake bite remedy; Tuberculosis remedy | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Delaware, Le Flore, McCurtain, Nowata, Ottawa, Pittsburg, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50); Mooney "The Swimmer Manuscript" (p. 244); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 24) | |
| Nymphaea sp. (Nymphaea L.) | Pond Lily (waterlily) | Cough medicine; Respiratory aid; Sedative; | Seminole | Atoka, Cherokee, Choctaw, Haskell, Johnston, Latimer, Le Flore, Lincoln, Look Up, McCurtain, Okmulgee, Pushmataha, Sequoyah | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 237) | Moern link to USDA was incorre |

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Medicinal Plant Spread Sheet

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| Nymphaea sp. (Nymphaea L.) | Pond Lily (waterlily) | "cure for burning maladies" | Possibly Cherokee | Atoka, Cherokee, Choctaw, Haskell, Johnston, Latimer, Le Flore, Lincoln, Look Up, McCurtain, Okmulgee, Pushmataha, Sequoyah | East & West | Swanton, "Religious Beliefs," p. 669 | This is in Moern list |
| Dichanthelium laxiflorum (Lam.) Gould | Openflow er Rosette Grass | Analgesic; Antirheumatic; Cough medicine; Pulmonary aid; Throat aid | Seminole | Adair, Atoka, Cherokee, Choctaw, Craig, Creek, Hughes, Johnston, Latimer, Le Flore, Marshall, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Payne, Pushmataha | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 194, 236, 323 | |
| Hydrocotyle umbellata L. | Manyflow er Marshpen nywort | Cough medicine; Respiratory aid; Sedative | Seminole | Atoka, Choctaw, Johnston, McCurtain, Murray, Pushmataha | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 237) | |
| Panicum L. | Panic Grass | Antirheumatic; Cough medicine; Pulmonary aid; Throat aid | Seminole | All counties | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p.166, 236) | |

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| Panicum L. | Panic Grass | Febrifuge; Misc. disease remedy (malaria) | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | All counties | East & West | Swanton, "Religious Beliefs," p. 667; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 6) | Moerr entry d not see correct |
| Geum aleppicum Jacq. | Yellow Avens | | Malecite/Micmac | | | Mechling, W.H. 1959 The Malecite Indians With Notes on the Micmacs. Anthropologica 8:239-263 (p. 249); Chandler, R. Frank, Lois Freeman and Shirley N. Hooper 1979 Herbal Remedies of the Maritime Indians. Journal of Ethnopharmacology 1:49-68 (p. 57) | |

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Medicinal Plant Spread Sheet

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| Lepidium virginicum L. | Virginia Pepperweed | Dermatological aid; Pulmonary aid; Veterinary aid | Cherokee | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Washinton, Woods | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 48) | |
| Sinapis alba L. | White Mustard | Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Respiratory aid; Stimulant; Tonic | Cherokee | Not in Indian Terr per USDA and OK Vascular | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 46) | |

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| Sisymbrium officinale (L.) Scop. | Hedgemu stard | Pulmonary aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Comanche, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Oklahoma, Osage, Pushmataha, Rogers, Sequoyah, Washington | East & West | Hamel and Chiltoskey, "Cherokee Plants," p. (p. 46) | |
| Asclepias verticillata L. | Whorled Milkweed | Diaphoretic; Snake Bite Remedy; Stimulant | Choctaw | Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Grant, Greer, Haskell, Jackson, Jefferson, Johnston, Kay, Latimer, Le Flore, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Texas, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw , Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287) | |

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Medicinal Plant Spread Sheet

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| <p>Asclepias tuberosa L.</p> | <p>Butterfly Milkweed</p> | <p>Analgesic; Antidiarrheal; Expectorant; Gynecological Aid; Heart Medicine; Laxative; Pulmonary Aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 105, 106); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27); also possibly Swanton page 668</p> | <p>referre as as "butt weed, pleuris root" in Chocta Disser: source</p> |
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| Asclepias tuberosa L. | Butterfly Milkweed | Cold treatment | Choctaw | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 238) | |
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| Podophyllum peltatum L. | Mayapple | Anthelmintic; Antirheumatic; Cathartic; Dermatological Aid; Ear Medicine;Insecticide; Laxative; Liver aid; Poison; purgative | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 48, 49); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 237); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44) | |
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| <p>Quercus marilandica Muenchh.</p> | <p>Blackjack Oak</p> | <p>Analgesic; Gynecological aid</p> | <p>Choctaw</p> | <p>Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Delaware, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Sequoyah, Haskell, Huges, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Love, Major, Mayes, McClain, McCurtain, Muskogee, McIntosh, Noble, Nowata, Oklahoma, Okmulgee, Ottawa, Tulsa, Washington, Osage, Pawnee, Payne, Lincoln, Pottawatomie, Marshall, Murray, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Wagoner, Woods, Woodward</p> | <p>East & West</p> | <p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 17)</p> | |
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| Pinus echinata P. Mill. | Shortleaf Pine (Yellow Pine) | Anthelmintic; Dermatological aid (salve for boils, ulcers, wounds) | Choctaw | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah | East & West | Bushnell, Jr., David I. 1909 "The Choctaw of Bayou", (p. 24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 5) | |
| Pinus echinata P. Mill. | Shortleaf Pine (Yellow Pine) | Cough medicine; Taken for "hang on" | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49) | Was not listed in Moerman by this name or of the names by Har |

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| Smilax bona-nox L. | Saw Greenbrier | Tonic | Choctaw | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 8, 57) | |
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| Smilax bona-nox L. | Saw Greenbrier (cat briar per Swanton) | Other- ("To Make One Young") | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward | East & West | Swanton, "Religious Beliefs," p. 667 | Moerr entry does not see correct |
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| <p>Quercus stellata Wangenh.</p> | <p>Post Oak</p> | <p>Gastrointestinal Aid</p> | <p>Choctaw</p> | <p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p> | <p>East & West</p> | <p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18)</p> | |
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| <p>Quercus stellata Wangenh.</p> | <p>Post Oak</p> | <p>Antidiarrheal; Dermatological aid (Mouth sores); Disinfectant; Emetic; Febrifuge; Gastrointestinal aid; Oral aid(Mouth sores); Respiratory aid; Throat aid; Tonic; Urinary aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p> | <p>East & West</p> | <p>Mooney "The Swimmer Manuscript" (p. 200); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)</p> | |
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Medicinal Plant Spread Sheet

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| <p>Quercus stellata Wangenh.</p> | <p>Post Oak</p> | <p>Antidiarrheal (dysentery)</p> | <p>Creek</p> | <p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Dewey, Ellis, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18)</p> | |
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Medicinal Plant Spread Sheet

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| Quercus nigra L. | water oak | Gynecological aid (menstrual cramps) | Choctaw | Atoka, Bryan, Carter, Choctaw, Coal, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, McCurtain, McIntosh, Okfuskee, Okmulgee, Pittsburg, Pushmataha, Sequoyah | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 18) | |
| Quercus nigra L. | water oak | Gynecological aid (menstrual cramps) | Cherokee | Atoka, Bryan, Carter, Choctaw, Coal, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, McCurtain, McIntosh, Okfuskee, Okmulgee, Pittsburg, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 32, 33, 82) | Not listed in Moern |
| Heuchera americana L. | American Alumroot | Antidiarrheal; Dermatological aid; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Oral aid | Cherokee | Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 56); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |

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| Heuchera americana L. | American Alumroot | Dermatological Aid; Tonic | Chickasaw | Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287) | |
| Heuchera americana L. | American Alumroot | Dermatological Aid; Tonic | Choctaw | Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287) | |

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| Heuchera americana L. | American Alumroot | Dermatological Aid; Tonic | Creek | Adair, Cherokee, Choctaw, Delaware, Haskell, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha, Sequoyah | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286,287) | |
| Liquidambar styraciflua L. | Sweetgum | Antidiarrheal; Dermatological aid; Gynecological aid; Other; Sedative | Cherokee | Bryan, Choctaw, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 58, 81, 86); Vogel 1970: 1970; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58) | |

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| Liquidambar styraciflua L. | Sweetgum | Dermatological aid | Choctaw | Bryan, Choctaw, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha, Tulsa | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 26) | |
| Geranium maculatum L. | Spotted Geranium | Dermatological Aid; Hemostat; Oral aid; Pediatric aid | Cherokee | Adair, Cherokee, Delaware, McCurtain, Ottawa, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35) | referred as "v geranium" in Cho Disser: source |

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Medicinal Plant Spread Sheet

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| Geranium maculatum L. | Spotted Geranium | Dermatological Aid; Venereal aid | Choctaw | Adair, Cherokee, Delaware, McCurtain, Ottawa, Sequoyah | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 286-287) | referred as as "v geranit in Cho Disser: source |
| Zanthoxylum clava-herculis L. | Hercules' Club | Toothache remedy | Choctaw | Bryan, Choctaw, Coal, Cotton, Harmon, Jefferson, Johnston, Le Flore, Look Up, Love, Marshall, McCurtain, Pontotoc, Pushmataha, Sequoyah, Tillman | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 238) | |

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Medicinal Plant Spread Sheet

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| Ilex opaca Ait. | American Holly | Eye Medicine | Choctaw | Choctaw, Le Flore, Look Up, McCurtain, Pushmataha | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 37-38) | Alabar medici "Ilex" "holly" for sor eyes; Swant "Relig Beliefs 665 |
| Ilex opaca Ait. | American Holly | Misc. Disease Remedy (Measles) | Catawba | Choctaw, Le Flore, Look Up, McCurtain, Pushmataha | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 37) | |

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| Ilex opaca Ait. | American Holly | Gastrointestinal Aid; Orthopedic aid | Cherokee | Choctaw, Le Flore, Look Up, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 80); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38) | |
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| <p>Hypericum hypericoides ssp. hypericoides</p> | <p>St. Andrew's Cross</p> | <p>Colic remedy; Eye Medicine; Gastrointestinal aid</p> | <p>Choctaw</p> | <p>Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p> | <p>East & West</p> | <p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 23-24); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 42)</p> | |
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| <p>Hypericum hypericoides ssp. hypericoides</p> | <p>St. Andrew's Cross</p> | <p>Diuretic; Pedicatric Aid; Urinary Aid</p> | <p>Natchez (possibly Cherokee per Swanton)</p> | <p>Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 87, 88); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473- 672 (p. 666); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 42)</p> | |
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| Symplocos tinctoria (L.) L'Hér. | Common sweetleaf | Febrifuge | Choctaw | McCurtain & Pushmataha | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 50) |
| Chionanthus virginicus L. | White Fringetree | Dermatological Aid; Disinfectant | Choctaw | Latimer, Le Flore, McCurtain, Pushmataha | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 50) |

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| <p>Spigelia marilandica (L.) L.</p> | <p>Woodland Pinkroot</p> | <p>Anthelmintic</p> | <p>Cherokee</p> | <p>Le Flore, McCurtain, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 104); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)</p> | |
| <p>Spigelia marilandica (L.) L.</p> | <p>Woodland Pinkroot</p> | <p>Anthelmintic</p> | <p>Creek</p> | <p>Le Flore, McCurtain, Pushmataha</p> | <p>East & West</p> | <p>Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)</p> | |

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| Spigelia marilandica (L.) L. | Woodland Pinkroot | Febrifuge; Tonic | Choctaw | Le Flore, McCurtain, Pushmataha | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 237) | |
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| Cephalanthus occidentalis L. | Common Buttonbush | Eye Medicine | Chickasaw | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58) | |
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Medicinal Plant Spread Sheet

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| Cephalanthus occidentalis L. | Common Buttonbush | Antidiarrheal; Eye Medicine; Febrifuge; Tonic; Toothache Remedy | Choctaw | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24); Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58) | |
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| Cephalanthus occidentalis L. | Common Buttonbush | Analgesic; Antidiarrheal; Antiemetic; Blood Medicine; Cathartic; Febrifuge; Gastrointestinal Aid; Laxative; Nausea; Other; Strengthener; Urinary Aid | Seminole | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 189, 228, 247, 273, 283) | |
| Galium asprellum Michx. | Rough Bedstraw | Diaphoretic; Diuretic; Misc. Disease Remedy (Measles) | Choctaw | Hughes | East & West (north ern) | Campbell, "Medicinal Plants," p. 287 | |

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| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder (American black elderberry)</p> | <p>Liver Aid; Dyspepsia Remedy; Urinary Aid</p> | <p>Choctaw</p> | <p>Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain</p> | <p>East & West</p> | <p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 55, 58-59); Vogel 1970 (p. 301).</p> | |
| <p>Sambucus nigra ssp. canadensis (L.) R. Bolli</p> | <p>American Elder (American black elderberry)</p> | <p>Analgesic</p> | <p>Chickasaw</p> | <p>Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain</p> | <p>East & West</p> | <p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58)</p> | |

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| Sambucus nigra ssp. canadensis (L.) R. Bolli | American Elder (American black elderberry) | Breast Treatment; Gynecological Aid | Creek | Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 58) | |
| Sambucus nigra ssp. canadensis (L.) R. Bolli | American Elder (American black elderberry) | Emetic; Gastrointestinal Aid | Seminole | Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 167, 276) | |

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| Sambucus nigra ssp. canadensis (L.) R. Bolli | American Elder (American black elderberry) | Antirheumatic (Internal); Burn Dressing; Cathartic; Dermatological Aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney Aid; Other; Pediatric Aid | Cherokee | Cimarron, Woodward, Alfalfa, Kay, Logan, Oklahoma, Cleveland, Canadian, Caddo, Murray, Love, Payne, Osage, Washington, Tulsa, Creek, Pontotoc, Marshall, Bryan, Mayes, Muskogee, Cherokee, Latimer, Ottawa, Delaware, Adair, Le Flore, McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33) | |
| Acer rubrum L. | Red Maple | Analgesic; Antidiarrheal; Dermatological Aid; Eye Medicine; Gynecological Aid; Misc. Disease Remedy (Measles) | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, McCurtain, Ottawa, Pittsburg, Pushmataha, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31, 81); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 73); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44) | |

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| Acer rubrum L. | Red Maple | Dermatological aid; Hemorrhoid Remedy; Orthopedic Aid | Seminole | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Delaware, Haskell, Johnston, Latimer, Le Flore, McCurtain, Ottawa, Pittsburg, Pushmataha, Washington | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 269) | |
| Acer saccharinum L. | Silver Maple | Analgesic; Antidiarrheal; Dermatological Aid; Eye Medicine; Gynecological Aid; Misc. Disease Remedy (Measles) | Cherokee | Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Mayes, McClain, McCurtain, McIntosh, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 82); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44) | |

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| <p>Impatiens capensis Meerb.</p> | <p>Jewelweed</p> | <p>Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Misc. Disease Remedy (Measles); Pediatric Aid</p> | <p>Cherokee</p> | <p>Adair, Bryan, Cherokee, Choctaw, Delaware, Kay, Le Flore, Look Up, Marshall, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pushmataha, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 8, 10; 34, 81, 84, 85, 118); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 40); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)</p> | |
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| Impatiens pallida Nutt. | Pale Touchme not (touch-me-not) | Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Misc. Disease Remedy (Measles); Pediatric Aid | Cherokee | Adair, Craig, Delaware | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 8, 10, 84, 85); Mooney "The Swimmer Manuscript" (p. 119, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41) | |
| Porteranthus sp. | | Gynecological Aid | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | | | Swanton, "Religious Beliefs," :473-672 (p. 667) | Incom entry c Moern |

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| Quercus alba L. | White Oak | Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid | Cherokee | Adair, Atoka, Cherokee, Choctaw, Cimarron, Coal, Craig, Delaware, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Osage, Ottawa; Pushmataha, Sequoyah, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31; 32, 82); Mooney "The Swimmer Manuscript" (p. 244); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |
| Quercus falcata Michx. | Southern Red Oak | Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid | Cherokee | Atoka, Bryan, Carter, Cherokee, Choctaw, Creek, Delaware, Haskell, Johnston, Latimer, Le Flore, Marshall, McCurtain, Murray, Muskogee, Okfuskee, Pittsburg, Pontotoc, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Mooney "The Swimmer Manuscript" (p. 199); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |

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| Quercus imbricaria Michx. | Shingle Oak | Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid | Cherokee | Unknown | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |
| Quercus rubra L. | Northern Red Oak | Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid | Cherokee | Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Garvin, Haskell, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Okmulgee, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Tulsa | East & West | Mooney "The Swimmer Manuscript" (p. 244); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 17); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |

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| Quercus velutina Lam. | Black Oak | Antidiarrheal; Dermatological Aid; Disinfectant; Emetic; Febrifuge; Gastrointestinal Aid; Gynecological Aid; Oral Aid (Mouth sores); Respiratory Aid; Throat Aid; Tonic; Urinary Aid | Cherokee | Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Dewey, Garfield, Garvin, Grady, Grant, Haskell, Hughes, Jackson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 33, 34); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |
| Botrychium virginianum (L.) Sw. | Rattlesnake Fern | Diaphoretic; Emetic; Expectorant | Chickasaw | Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Garvin, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Woods | East & West | Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 288,289) | |

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| <p>Botrychium virginianum (L.) Sw.</p> | <p>Rattlesnake Fern</p> | <p>Emetic; Snake Bite Remedy</p> | <p>Cherokee</p> | <p>Adair, Atoka, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Delaware, Garvin, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Woods</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 2); Mooney "The Swimmer Manuscript" (p. 176, 177); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34)</p> | |
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| Eryngium aquaticum L. | Rattlesnake master | Emetic; Gastrointestinal Aid (Nausea) | Cherokee | Bryan | East | Mooney "The Swimmer Manuscript" (p. 245); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45) | Eryngium Virginicum per Mooney |
| Eryngium aquaticum L. | Rattlesnake master | Antidote; Diuretic; Expectorant; Snake bite Remedy; Stimulant; Venereal Aid | Choctaw | Bryan | East | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287) | |

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| Cirsium altissimum (L.) Hill | Tall Thistle | Analgesic (Neuralgia); Gastrointestinal Aid; Poultice | Cherokee | Adair, Alfalfa, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek Delaware, Garvin, Grady, Haskell, Johnston, Kay, Latimer, Le Flore, Love, Major, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58) | |
| Cirsium vulgare (Savi) Ten. | Bull Thistle | Analgesic (Neuralgia); Gastrointestinal Aid; Poultice | Cherokee | Blaine, Caddo, Cherokee, Cleveland, Delaware, Grady, Grant, Kay, Le Flore, McCurtain, Murray, Osage, Ottawa, Woods | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58) | |
| Prenanthes aspera Michx. | Rough Rattlesnak eroot | Analgesic; Diuretic; Other (Secernant); Stimulant | Choctaw | Craig, Creek, Delaware, Mayes, Murray, Muskogee, Osage, Ottawa, Rogers, Washington | East & West | Campbell, "Medicinal Plants," p. 41(9):285-290 (p. 288) | |
| Ionactis linariifolius (L.) Greene | Ionactis (flaxleaf whitetop aster) | Analgesic; Antidiarrheal; Febrifuge; Respiratory Aid | Cherokee | Adair, Cherokee, Delaware, McCurtain, Sequoyah | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24) | |

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| Symphytichum novae-angliae (L.) Nesom | New England Aster | Analgesic; Antidiarrheal; Febrifuge; Respiratory Aid | Cherokee | Cherokee | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24) | |
| Humulus lupulus L. | Common Hop | Analgesic; Antirheumatic (Internal); Breast Treatment; Gynecological Aid; Kidney Aid; Sedative; Urinary Aid; | Cherokee | Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grady, Greer, Jackson, Johnston, Kiowa, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Okfuskee, Osage, Ottawa, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Stephens, Tillman, Tulsa, Wagoner, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39) | |

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| Lactuca canadensis L. | Canada Lettuce | Analgesic; Sedative; Stimulant | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Johnston, Kay, Latimer, Le Flore, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Texas, Tulsa, Wagoner, Washita | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 42) | |
| Papaver somniferum L. | Opium Poppy | Analgesic; Anticonvulsive; Sedative; Stimulant | Cherokee | Payne, Pottawatomie | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 50, 51) | |
| Polygonum hydropiper L. | Marshpepper Knotweed | Analgesic; Antidiarrheal; Dermatological Aid; Poultice; Pediatric Aid; Poison; Urinary Aid; | Cherokee | Atoka, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Grady, Kay, Le Flore, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Ottawa, Pittsburg, Pottawatomie, Sequoyah, Texas, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55) | |

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| Polygonum persicaria L. | Spotted Ladysthumb | Analgesic; Dermatological Aid; Urinary Aid | Cherokee | Adair, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Comanche, Creek, Custer, Delaware, Ellis, Grady, Harmon, Haskell, Huges, Jackson, Johnston, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Major, Marshall, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26) | |
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| <p>Vicia caroliniana Walt.</p> | <p>Carolina Vetch</p> | <p>Analgesic; Antirheumatic (Internal); Emetic; Gastrointestinal Aid; Misc. Disease Remedy; Orthopedic Aid; Respiratory Aid;</p> | <p>Cherokee</p> | <p>Adair, Bryan, Cherokee, Comanche, Delaware, Le Flore, McCurtain, Pushmataha, Wagoner</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 7, 65, 74); Mooney, "Sacred Formulas of the Cherokees," (pg. 325); Mooney "The Swimmer Manuscript" (p. 198, 207); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 34); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)</p> | |
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| Liatrix laxa Small (Eryngium aquaticum L.) | Rattlesnak e Master | Analgesic; Antidiarrheal; Antiemetic; Antirheumatic (External); Dietary Aid; Gastrointestinal Aid; Pediatric Aid | Seminole | | East | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 191,193, 234) | |
| Aralia sp. | | Antihemorrhagic | Creek | | | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 43) | Was missin, on M t docum and incomj entry c Moern |

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| <p>Ambrosia artemisiifolia L.</p> | <p>Annual Ragweed</p> | <p>Dermatological Aid; Disinfectant; Febrifuge; Pulmonary Aid</p> | <p>Cherokee</p> | <p>Atoka, Bryan, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Garvin, Hughes, Johnston, Kay, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner</p> | <p>North</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)</p> | |
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| <p>Ambrosia trifida L.</p> | <p>Great Ragweed</p> | <p>Dermatological Aid; Disinfectant; Febrifuge; Pulmonary Aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Harmon, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 124, 125); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)</p> | |
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| Senna marilandica (L.) Link | Maryland Wild Sensitive Plant (Maryland senna) | Analgesic; Cathartic; Dermatological Aid; Febrifuge; Heart Medicine; Misc. Disease Remedy; Pediatric Aid; Pulmonary Aid; Stimulant | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Comanche, Cotton, Craig, Delaware, Ellis, Kay, Le Flore, Logan, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 68, 69, 70); Mooney, "Sacred Formulas of the Cherokees," pg. 325; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54) | also kr as " Cε Marila " |
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| <p>Polystichum acrostichoides (Michx.) Schott</p> | <p>Christmas Fern</p> | <p>Antirheumatic (External); Antirheumatic (Internal); Emetic; Febrifuge; Gastrointestinal Aid; Pulmonary Aid (pneumonia); Toothache Remedy</p> | <p>Cherokee</p> | <p>Adair, Caddo, Cherokee, Choctaw, Creek, Delaware, Grady, Latimer, Le Flore, Mayes, McCurtain, Ottawa, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5); Mooney, "Sacred Formulas of the Cherokees," (pg. 327, 346, 349, 350); Mooney "The Swimmer Manuscript" (p. 288); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 3); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p.8, 33)</p> | <p>Moone also ca this Sh Fern - Aspidi acrosti es</p> |
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| Acalypha virginica L. | Virginia Threeseed Mercury | Kidney Aid (dropsy); Misc. Disease Remedy (Pox); Urinary Aid | Cherokee | Adair, Atoka, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Logan, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Tulsa, Washington, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |
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| Eupatorium purpureum L. | Sweetened Joepyweed | Adjuvant; Antirheumatic (Internal); Diuretic; Gynecological Aid; Kidney Aid; Misc. Disease Remedy (grout, dropsy); Other; Tonic; Urinary Aid | Cherokee | Cherokee, Choctaw, Delaware, Le Flore, McCurtain, Ottawa, Pushmataha, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 128, 129; 133); Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Mooney "The Swimmer Manuscript" (p. 262); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41, 42) | |
| Packera aurea (L.) A. Löve & D. Löve | Golden Ragwort | Gynecological Aid; Heart Medicine | Cherokee | Adair, Cherokee, Choctaw, Delaware, Johnston, McCurtain, Pushmataha, Rogers, Sequoyah, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52) | |

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| <p>Eryngium yuccifolium var. synchaetum Gray ex Coult. & Rose</p> | <p>Button Eryngo</p> | <p>Analgesic; Antidiarrheal; Antihemorrhagic; Antirheumatic (External); Ceremonial Medicine; Dermatological Aid; Dietary Aid; Emetic; Febrifuge; Gastrointestinal Aid; Heart Medicine; Orthopedic Aid; Unspecified; Panacea; Respiratory Aid; Snake Bite Remedy; Stimulant; Unspecified</p> | <p>Seminole</p> | <p>Adair, Atoka, Bryan, Caddo, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, garvin, Haskell, Hughes, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington</p> | <p>East & West</p> | <p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 95, 145, 161, 164, 166, 167, 184, 191, 215, 223, 238, 248, 257, 276, 288, 295, 304, 408)</p> | |
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| Monarda sp. | Horsemint | Antirheumatic (external/internal); Dermatological Aid; Diaphoretic; Ear Medicine; Kidney Aid; Psychological Aid; Sedative; Witchcraft Medicine; Dropsy; For Leg Swelling | Creek | | East & West | Taylor, "Plants Used," p. (p. 54); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657) | |
| Monarda sp. | Horsemint | Analgesic | Cherokee | | East & West | Banks, William (195 | Could find th Hamel Moern list... |

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| Cynoglossum virginianum L. | Wild Comfrey | ; Cold Remdy | Cherokee | Adair, Bryan, Creek, Le Flore, McCurtain, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 107); Mooney "The Swimmer Manuscript" (p. 174); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 52); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30) | |
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| Fragaria virginiana Duchesne | Virginia Strawberry | Antidiarrheal; Gastrointestinal Aid; Kidney Aid; Liver Aid; Misc. Disease Remedy (scurvy); Psychological Aid; Sedative; Toothache Remedy; Urinary Aid | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Delaware, Haskell, Johnston, Le Flore, Lincoln, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Rogers, Sequoyah, Tulsa, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57) | |
| Hackelia virginiana (L.) I.M. Johnston | Beggarslice | Cancer Treatment; Dermatological Aid; Kidney Aid; Love Medicine; Psycholocial Aid | Cherokee | Adair, Alfalfa, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Grady, Kiowa, Le Flore, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Pushmataha, Washington | East & West | Mooney, "Sacred Formulas of the Cherokees," (pg. 324); Mooney "The Swimmer Manuscript" (p. 174); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25) | |

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| Solanum nigrum L. | Black Nightshade | Emetic; Psychological Aid | Cherokee | Beaver, Bryan, Cherokee, Cimarron, Cleveland, Delaware, Garvin, Grady, Le Flore, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pontotoc, Sequoyah, Tulsa | East & West (sparse) | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 115, 116); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51) | |
| Baptisia australis (L.) R. Br. ex Ait. f. | Blue Wild Indigo | Antiemetic; Cathartic; Emetic; Gynecological Aid; Toothache Remedy | Cherokee | Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Harper, Haskell, Huges, Johnston, Kay, Kingfisher, Kiowa, Le Flore, Lincoln, Logan, Major, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Stephens, Tulsa, Washington, Woods, Woodward | East | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40) | |

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| <p>Chamaesyce maculata (L.) Small (Euphorbia Maculata or E. Corollata per Hamel)</p> | <p>Spotted Sandmat (ground milkweed; eyebane; flowering spurge per Hamel)</p> | <p>Cancer Treatment; Cathartic; Dermatological Aid; Gynecological Aid; Pediatric Aid; Toothache Remedy; Urinary Aid; Venereal Aid</p> | <p>Cherokee</p> | <p>Alfalfa, Beaver, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Look Up, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Woods</p> | <p>East & West</p> | <p>Mooney "The Swimmer Manuscript" (p. 180); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45)</p> | |
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| Morus alba L. | White Mulberry | Anthelmintic; Antidiarrheal; Cathartic; Laxative | Cherokee | Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Creek, Custer, Ellis, Garfield, Garvin, Grady, Harmon, Harper, Jackson, Jefferson, Johnston, Kingfisher, Latimer, Le Flore, Major, Mayes, McClain, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pottawatomie, Roger Mills, Rogers, Tillman, Tulsa, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |
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| Morus rubra L. | Red Mulberry | Anthelmintic; Antidiarrheal; Cathartic; Laxative | Cherokee | Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |
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| Morus rubra L. | Red Mulberry | Emetic; Stimulatn; Urinary Aid | Creek | Adair, Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659) | |
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| Prunus persica (L.) Batsch | Peach | Anthelmintic; Antiemetic; Cathartic; Dermatological Aid; Febrifuge; Gastrointestinal Aid | Cherokee | Adair, Atoka, Beaver, Bryan, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Grant, Harper, Johnston, Le Flore, Marshall, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Payne, Pittsburg, Pushmataha, Texas | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 63); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47, 48) | |
| Pyrrhopappus carolinianus (Walt.) DC. | Carolina Desertchi cory | Blood Medicine | Cherokee | Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Garvin, Grady, Harmon, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Texas, Tillman, Tulsa, Washington, Woods | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31) | |

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| Juniperus sp. | Cedar | Analgesic; Antirheumatic (External); Blood Medicine; Tonic | Creek | Alfalfa, Atoka, Beaver, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Ellis, Garvin, Grady, Greer, Harmon, Harper, Haskell, Jackson, Jefferson, Johnston, Kingfisher, Kiowa, Le Flore, Lincoln, Logan, Love, Major, Marshall, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657) | |
| Liatis sp. | Deer's Potato | Antirheumatic (external/internal) | Creek | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 656, 660) | |

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| Caulophyllum thalicroides (L.) Michx. | Blue Cohosh | Anticonvulsive; Antirheumatic (internal); Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Sedative; Toothache Remedy | Cherokee | | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 48); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30) | |
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| <p>Coronilla varia L.</p> | <p>Purple Crownvet ch</p> | <p>Antirheumatic (External); Emetic; Orthopedic Aid</p> | <p>Cherokee</p> | <p>Canadian, Craig, Grady, Jefferson, Le Flore, McIntosh, Murray, Oklahoma, Payne, Tulsa</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70, 71); Mooney "The Swimmer Manuscript" (p. 198); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 31); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60)</p> | |
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| Dryopteris marginalis (L.) Gray (Dryopteris spp. Per Banks) | Marginal Woodfern (Wood-fern) | Antirheumatic (internal); Emetic; Toothache Remedy | Cherokee | Adair, Cherokee, Comanche, Creek, Delaware, Grady, Latimer, Le Flore, McCurtain, Okmulgee, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34) | |
| Echinocystis lobata (Michx.) Torr. & Gray | Wild Cucumber | Abortifacient; Antirheumatic (internal); Febrifuge; Kidney Aid | Cherokee | Cimarron, Comanche, Greer, Kay, Major, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40) | |

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| <p>Osmunda cinnamomea L.</p> | <p>Cinnamon Fern</p> | <p>Antirheumatic (external); Febrifuge; Snake Bite Remedy; Tonic</p> | <p>Cherokee</p> | <p>Atoka, Choctaw, Johnston, Latimer, McCurtain, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 2); Mooney, "Sacred Formulas of the Cherokees," (pg. 346, 349, 350); Mooney "The Swimmer Manuscript" (p. 228); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 4); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 8, 33)</p> | |
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| Rubus allegheniensis Porter | Allegheny Blackberry | Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Comanche, Creek, Delaware, Haskell, Hughes, Kay, Le Flore, Muskogee, Nowata, Okfuskee, Okmulgee, Ottawa, Pittsburge, Pushmataha, Washington | East & West | Mooney "The Swimmer Manuscript" (p. 253); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 29); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26) | |
| Rubus argutus Link | Sawtooth Blackberry | Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid | Cherokee | Bryan, Canadian, Choctaw, Cleveland, Coal, Craig, Grady, Greer, Haskell, Johnston, Latimer, Le Flore, Logan, Marshall, Mayes, McCurtain, Oklahoma, Osage, Pittsburg, Pottawatomie, Seminole, Tulsa, Washita, Woods | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26) | |

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| Rubus trivialis Michx. | Southern Dewberry (blackberry, alleggheny, high bush, dewberry) | Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid | Cherokee | Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 28, 67); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26) | |
| Rubus trivialis Michx. | Southern Dewberry | Gastrointestinal Aid | Seminole | Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276) | |

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| Sambucus nigra L. | European Black Elder | Antirheumatic (Internal); Burn Dressing; Cathartic; Dermatological Aid; Diaphoretic; Disinfectant; Diuretic; Emetic; Kidney Aid; Other; Pediatric Aid | Cherokee | Adair, Cherokee, Le Flore, Lincoln, McCurtain, Pawnee, Tulsa | Northeast (does not border Miss. River) | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33) | |
| Smilax herbacea L. | Smooth Carrionflower | Analgesic; Antirheumatic (internal); Burn Dressing; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Orthopedic Aid; Other (taken for "bad disease") | Cherokee | Adair, Bryan, Cherokee, Cleveland, Delaware, Grady, Le Flore, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Tulsa, Wagoner | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37) | |
| Zanthoxylum americanum P. Mill. | Common Pricklyash | Antirheumatic (external) | Cherokee | Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Garvin, Johnston, Kay, Latimer, Lincoln, McClain, Murray, Muskogee, Noble, Nowata, Oklahoma, Payne, Pontotoc, Pushmataha, Rogers, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51) | |

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| Zanthoxylum americanum P. Mill. | Common Pricklyash (prickly ash) | Toothache remedy | Alabama | Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Garvin, Johnston, Kay, Latimer, Lincoln, McClain, Murray, Muskogee, Noble, Nowata, Oklahoma, Payne, Pontotoc, Pushmataha, Rogers, Tulsa | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663) | |
| Rumex verticillatus L. | Swamp Dock | Misc. disease remedy (smallpox) | Choctaw | Alfalfa, Atoka, Caddo, Choctaw, Latimer, McCurtain, Oklahoma, Okmulgee, Pontotoc, Wagoner | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 21) | |

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| Arundinaria gigantea (Walt.) Muhl. | Giant Cane | Cathartic | Seminole | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Pittsburg, Pushmataha, Sequoyah, Tulsa, Wagoner | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 275) | |
| Arundinaria gigantea (Walt.) Muhl. | Giant Cane | Weapon | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Craig, Delaware, Haskell, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Pittsburg, Pushmataha, Sequoyah, Tulsa, Wagoner | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 28) | |

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| Juglans nigra L. | Black Walnut | Dermatological Aid; Misc. Disease Remedy (smallpox); Poison; Toothache Remedy | Cherokee | Adair, Alfalfa, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garvin, Grant, Greer, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 26); Mooney "The Swimmer Manuscript" (p. 120, 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |
| Viburnum acerifolium L. | Mapleleaf Viburnum | Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic | Cherokee | Oklahoma | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62) | |

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| Viburnum nudum var. cassinoides (L.) Torr. & Gray | Possumhaw (with-rod) | Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Haskell, Hughes, Johnston, Latimer, Le Flore, Lincoln, Look Up, Love, Marshall, Mayes, McCurtain McIntosh, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 121); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62) | |
| Viburnum prunifolium L. | Blackhaw | Anticonvulsive; Diaphoretic; Febrifuge; Misc. Disease Remedy (smallpox, ague); Oral Aid; Tonic | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Creek, Delaware, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Woods | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62) | |

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| <p>Manfreda virginica (L.) Salisb. ex Rose (Agave Virginica)</p> | <p>False Aloe</p> | <p>Anthelmintic; Antidiarrheal; Liver Aid</p> | <p>Cherokee</p> | <p>Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 19, 20); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)</p> | |
| <p>Manfreda virginica (L.) Salisb. ex Rose</p> | <p>False Aloe</p> | <p>Snake Bite Remedy</p> | <p>Creek</p> | <p>Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,</p> | <p>East & West</p> | <p>Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 289)</p> | |

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| <p>Manfreda virginica (L.) Salisb. ex Rose</p> | <p>False Aloe</p> | <p>Snake Bite Remedy</p> | <p>Seminole</p> | <p>Adair, Bryan, Cherokee, Choctaw, Coal, Comanche, Delaware, Haskell, Hughes, Jackson, Johnston, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Okmulgee, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah,</p> | <p>East & West</p> | <p>Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 297)</p> | |
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| <p>Populus deltoides ssp. deltoides</p> | <p>Eastern Cottonwood</p> | <p>Dermatological Aid; Herbal Steam; Snake Bite Remedy</p> | <p>Choctaw</p> | <p>Adair, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 12)</p> | |
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Medicinal Plant Spread Sheet

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| Diospyros virginiana L. | Common Persimmon | Antidiarrheal; Dermatological aid; Gastrointestinal aid; Hemorrhoid remedy; Liver Aid; Oral aid; Throat Aid; Toothache Remedy; Venereal Aid | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garvin, Grady, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 26, 27, 103, 104); Mooney "The Swimmer Manuscript" (p. 275, 293, 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49) | |
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Medicinal Plant Spread Sheet

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| Oxalis violacea L. | Violet Woodsorrel | Anthelmintic; Antiemetic; Blood medicine; Cancer treatment; Dermatological aid; Oral aid; Pediatric aid; Throat aid | Cherokee | Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
| Ranunculus abortivus L. | Littleleaf Buttercup | Dermatological Aid; Oral Aid; Sedative; Throat Aid | Cherokee | Roger Mills, Kay, Cleveland, Nowata, Mayes, Tulsa, Muskogee, Cherokee, Pittsburg, Bryan, Pushmataha, Muskogee, Delaware, Adair, Sequoyah, Le Flore, McCurtain | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31) | |

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Medicinal Plant Spread Sheet

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| Rumex crispus L. | Curly Dock | Antidiarrheal; Blood Medicine; Dermatological Aid; Kidney Aid; Laxative; Throat Aid | Cherokee | Cimarron, Beaver, Woods, Alfalfa, Grant, Garfield, Blaine, Kingfisher, Oklahoma, Cleveland, McClain, Kay, Payne, Pottawatomie, Osage, Murray, Washington, Tulsa, Muskogee, Pittsburg, Marshall, Bryan, Delaware, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32) | |
| Ranunculus recurvatus Poir. | Blisterwort | Dermatological Aid; Oral Aid; Sedative; Throat Aid | Cherokee | Delaware, Adair, Bryan, McCurtain | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31) | |
| Rumex patientia L. | Patience Dock | Antidiarrheal; Blood Medicine; Dermatological Aid; Kidney Aid; Laxative; Throat Aid | Cherokee | Cleveland | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32) | |
| Solanum carolinense L. | Carolina Horsenettle | Anthelmintic; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid | Cherokee | Blaine, Kay, Pawnee, Payne, Creek, Lincoln, Oklahoma, Cleveland, McClain, Pottawatomie, Garvin, Murray, Pontotoc, Washington, Hughes, Pittsburg, Muskogee, Latimer, Carter, Marshall, Bryan, Choctaw, McCurtain, Haskell, Sequoyah, Delaware, Mayes, Craig | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 115); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |

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| Crataegus spatulata Michx. | Littlehip Hawthorn | Dietary Aid; Heart Medicine; Preventive Medicine; Protection | Cherokee | | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 71); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37) | |
| Ageratina altissima var. altissima | White Snakeroot | Antidiarrheal; Diuretic; Febrifuge; Misc. Disease Remedy; Stimulant; Tonic; Urinary Aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
| Ageratina altissima var. altissima | White Snakeroot | Stimulant; Tonic; Toothache Remedy | Choctaw | Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 288) | |

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| Ageratina altissima var. altissima | White Snakeroot | Toothache remedy | Chickasaw | Adair, Bryan, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Johnston, Kay, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Rogers, Tulsa, Wagoner, Washington | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 288) | |
| Actaea pachypoda Ell. | White Baneberry | Dermatological Aid; Stimulant; Throat Aid; Toothache Remedy | Cherokee | Le Flore | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 43); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55) | |

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| Chamaecrista nictitans ssp. nictitans var. nictitans | Partridge Pea (sensitive partridge pea) | Stimulant | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54) | |
| Hedeoma pulegioides (L.) Pers. | American Falsepennyroyal | Abortifacient; Analgesic; Antidiarrheal; Cold Remedy; Cough Medicine; Diaphoretic; Expectorant; Febrifuge; Pulmonary Aid; Stimulant; Toothache Remedy | Cherokee | Adair, Bryan, Delaware, Le Flore, Mayes, McCurtain, Nowata, Osage, Pontotoc | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 48) | |

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| Hedeoma pulegioides (L.) Pers. | American Falsepennyroyal | Eye Medicine | Chickasaw | Adair, Bryan, Delaware, Le Flore, Mayes, McCurtain, Nowata, Osage, Pontotoc | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 53) | |
| Hydrastis canadensis L. | Goldenseal | Cancer Treatment; Dermatological Aid; Dietary Aid; Gastrointestinal Aid; Stimulant; Tonic | Cherokee | On OK but counties unknown | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36) | |
| Leonurus cardiaca L. | Common Motherwort | Gastrointestinal Aid; Sedative; Stimulant | Cherokee | Cherokee, Delaware, Nowata | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |

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| Menispermum canadense L. | Common Moonseed | Antidiarrheal; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Laxative; Stimulant; Venereal Aid | Cherokee | Adair, Alfalfa, Blaine, Caddo, Canadian, Cherokee, Cleveland, Comanche, Craig, Custer, Garvin, Grady, Kay, Kiowa, Le Flore, Logan, Major, Mayes, McCurtain, Murray, Nowata, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Washington, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54) | |
| Piper nigrum L. | Black Pepper | Dermatological Aid; Stimulant | Cherokee | Unknown | | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 48) | Not sh on US! Map (i OK?) |
| Rubus flagellaris Willd. | Northern Dewberry | Antidiarrheal; Antirheumatic (internal); Dermatological Aid; Hemorrhoid Remedy; Oral Aid; Stimulant; Throat Aid; Tonic; Urinary Aid; Venereal Aid | Cherokee | Atoka, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Greer, Johnston, Kay, Le Flore, Logan, Love, McCurtain, Murray, Noble, Oklahoma, Osage, Payne, Pontotoc, Pushmataha, Rogers | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 66); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25, 26) | Banks this Ru Villost |

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| Baptisia sp. | Black Weed (Wild Indigo) | Pediatric Aid; Stimulant | Creek | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stehpens, Tulsa, Wagoner, Washington, Woods, Woodward | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 30) | USDA has err and sci/cor name & found |
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| Clematis virginiana L. | Devil's Darning Needles | Analgesic; Ceremonial Medicine; Gastrointestinal Aid; Kidney Aid; Orthopedic Aid | Cherokee | Adair, Cherokee, Muskogee | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44, 105); Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60) | |
| Fraxinus americana L. | White Ash | Gastrointestinal Aid; Gynecological Aid | Cherokee | Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek Delaware, Garvin, Grady, Grant, Haskell, Hughes, Jefferson, Johnston, Kay, Latimer, Le Flore, Love, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers Sequoyah, Tulsa, Wagoner, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |

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| Fraxinus nigra Marsh. | Black Ash | Gastrointestinal Aid; Gynecological Aid | Cherokee | Caddo | East & West (not along river) | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |
| Polygonatum biflorum (Walt.) Ell. | King Solomon's Seal (smooth Solomon's seal) | Antidiarrheal; Breast Treatment; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Pulmonary Aid; Tonic; | Cherokee | Caddo, Comanche, Canadian, Logan, Oklahoma, Cleveland, McClain, Murray, Pontotoc, Johnston, Bryan, Creek, Osage, Tulsa, Muskogee, Cherokee, Ottawa, Le Flore, McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 16); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
| Pycnanthemum flexuosum (Walt.) B.S.P. | Appalachian Mountain mint (narrowleaf mountain mint) | Analgesic; Antidiarrheal; Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Heart medicine | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 112); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |

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| Urtica dioica L. | Stinging Nettle | Gastrointestinal Aid; Misc. Disease Remedy (ague) | Cherokee | Garvin, Kay, Ottawa, Tulsa, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) | |
| Vernonia sp. | Ironweed | Antidiarrheal (dysentery) | Natchez (possibly Cherokee per Swanton) | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 64) | Error c USDA |

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| Vernonia noveboracensis (L.) Michx. | New York Ironweed | Analgesic; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Toothache Remedy | Cherokee | Cherokee, Jackson, Muskogee, Ottawa, Pontotoc | East (except for NM) | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 129, 130, 132, 133); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41) | |
| Vitis vulpina L. | Frost Grape | Antidiarrheal; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Liver Aid; Oral Aid; Other ("bad disease"); Pediatric Aid; Tonic; Urinary Aid | Cherokee | Adair, Alfalfa, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Garvin, Grant, Haskell, Hughes, Johnston, Kay, Latimer, Le Flore, Lincoln, Logan, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Woodward | East & West | Mooney, "Sacred Formulas of the Cherokees,"pg. 326; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37) | Moone calls it "Vitis cordifc |

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| Aristolochia macrophylla Lam. | Pipevine | Dermatological Aid; Urinary Aid | Cherokee | Unknown | East | Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32) | |
| Daucus carota L. | Queen Anne's Lace | Dermatological Aid | Cherokee | Adair, Bryan, Carter, Cherokee, Cleveland, Comanche, Craig, Creek, Delaware, Grady, Kingfisher, Logan, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pottawatomie, Rogers, Sequoyah, Tulsa, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51) | |
| Euonymus americana L. (Euonymus americanus L.) | American Strawberr ybush (bursting- heart) | Analgesic; Antihemorrhagic; Dermatological Aid; Disinfectant; Expectorant; Gynecological Aid; Orthopedic Aid; Other "bad disease"; Respiratory Aid; Tonic; Urinary Aid; Venereal Aid | Cherokee | Bryan, Choctaw, Cleveland, Le Flore, McCurtain, Murray, Pushmataha, | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10, 17, 31, 58, 59, 80, 81, 86, 90); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38) | |

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| Magnolia acuminata (L.) L. | Cucumber tree | Analgesic; Antidiarrheal; Gastrointestinal Aid; Respiratory Aid; Toothache Remedy | Cherokee | Le Flore | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 50, 51); Mooney "The Swimmer Manuscript" (p. 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44) | |
| Rudbeckia fulgida Ait. | Orange Coneflower | Anthelmintic; Dermatological aid; Ear medicine; Gynecological aid; Kidney aid, Snake bite remedy; Venereal aid | Cherokee | Bryan, Choctaw, Delaware, Garvin, Johnston, McCurtain, Murray, Pontotoc, Pushmataha, Tulsa | East (except for MO) | Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30) | |
| Triosteum perfoliatum L. | Feverwort | Dermatological Aid; Emetic; Febrifuge; Orthopedic Aid | Cherokee | Adair, Cherokee, Choctaw, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Rogers, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39) | |

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| Triosteum perfoliatum L. | Feverwort | Unspecified - "plant used medicinally for unspecified purpose" | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | Adair, Cherokee, Choctaw, Delaware, Le Flore, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Rogers, Tulsa | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42: 473-672 (p. 667) | Moerr entry d not see correct |
| Smilax tamnoides L. | Bristly Greenbrier | Tonic | Choctaw | Alfalfa, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Custer, Dewey, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Kingfisher, Latimer, Le Flore, Logan, Major, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Stephens, Tulsa, Washington, Washita, Woods, Woodward | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23) | |

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| Arctium minus Bernh. | Lesser Burdock | Dermatological Aid | Cherokee | Adair, Atoka, Bryan, Cherokee, Craig, Delaware, Johnston, Le Flore, Mayes, McCurtain, Muskogee, Osage Ottawa, Payne, Pontotoc, Washington, Woods | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27) | |
| Elymus repens (L.) Gould | Quackgra ss | Orthopedic Aid; Urinary Aid | Cherokee | Greer | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31) | |
| Phacelia purshii Buckl. | Miami Mist | Antirheumatic (external) | Cherokee | Le Flore, Pittsburg | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49) | |
| Tanacetum parthenium (L.) Schultz- Bip. | Feverfew | Orthopedic Aid | Cherokee | Bryan, Canadian, Carter, Cherokee, Cleveland, Garvin, Grady, Le Flore, Love, Marshall, McClain, Murray, Muskogee, Oklahoma, Osage, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34) | |

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| Magnolia grandiflora L. | Southern Magnolia | Dermatological Aid; Kidney Aid | Choctaw | Bryan, Cleveland, Grady, Le Flore | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacombe, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 23, 58) | |
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| Prunus sp. | Wild Plum | Antidiarrheal | Creek | Adair, Bryan, Cherokee, Craig, Delaware, Garfield, Hughes, Kay, Latimer, Lincoln, Look Up, McCurtain, Nowata, Payne, Roger Mills, Rogers, Stephens, Washita | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 27) |
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| Rhus copallinum L. | Flameleaf Sumac | Antiemetic; Burn Dressing; Dermatological Aid; Gynecological Aid; Urinary Aid | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Grady, Haskell, Jackson, Johnston, Latimer, Le Flore, Lincoln Love, Marshall, McClain, McCurtain, McIntosh, Murray, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington | East | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 78); Mooney "The Swimmer Manuscript" (p. 251; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 36); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57) | |
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Medicinal Plant Spread Sheet

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| Rhus copallinum L. | Flameleaf Sumac | Antidiarrheal | Creek | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Garvin, Grady, Haskell, Jackson, Johnston, Latimer, Le Flore, Lincoln Love, Marshall, McClain, McCurtain, McIntosh, Murray, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington | East | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 36) | |
| Amelanchier arborea (Michx. f.) Fern. | Common Serviceberry | Anthelmintic; Antidiarrheal; Tonic | Cherokee | Adair, Bryan, Cherokee, Coal, Delaware, Haskell, Hughes, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Pawnee, Pittsburg, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54) | |

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| Amphicarpaea bracteata (L.) Fern. | American Hogpeanu t | Antidiarrheal; Snake Bite Remedy | Cherokee | Adair, Bryan, Canadian, Cherokee, Choctaw, Cleveland, Craig, Creek, Delaware, Garvin, Logan, Love, Mayes, McCurtain, Murray, Muskogee, Nowata, Osage, Ottawa, Pawnee, Payne, Tulsa, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 67, 68); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38) | |
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| <p>Nyssa sylvatica Marsh.</p> | <p>Blackgum</p> | <p>Anthelmintic; Antidiarrheal; Emetic; Eye Medicine; Gastrointestinal Aid; Gynecological Aid; Other ("bad disease"); Pediatric Aid; Urinary Aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 58, 59, 81, 86, 90, 91); Mooney, "Sacred Formulas of the Cherokees," pg. 356; Mooney "The Swimmer Manuscript" (p. 218, 222, 283, 308); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 47); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)</p> | |
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| <p>Nyssa sylvatica Marsh.</p> | <p>Blackgum</p> | <p>Tuberculosis remedy</p> | <p>Creek</p> | <p>Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Okmulgee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa</p> | <p>East & West</p> | <p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 47)</p> | |
| <p>Scutellaria elliptica Muhl. ex Spreng.</p> | <p>Hairy Skullcap</p> | <p>Abortifacient; Antidiarrheal; Breast Treatment; Gynecological Aid; Kidney Aid</p> | <p>Cherokee</p> | <p>Adair, Cherokee, Le Flore, Mayes, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 88, 113); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)</p> | |

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| Scutellaria incana Biehler | Hoary Skullcap | Abortifacient; Antidiarrheal; Breast Treatment; Gynecological Aid; Kidney Aid | Cherokee | Atoka, Choctaw, Le Flore, McCurtain, Ottawa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 113); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55) | |
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| <p>Scutellaria lateriflora L.</p> | <p>Blue Skullcap</p> | <p>Abortifacient; Antidiarrheal; Breast Treatment; Emetic; Gynecological Aid; Kidney Aid</p> | <p>Cherokee</p> | <p>Atoka, Bryan, Choctaw, Cleveland, Creek, Delaware, Garfield, Johnston, Marshall, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pontotoc, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 73, 88, 113); Mooney, "Sacred Formulas of the Cherokees," pg. 325; Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 56); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 55)</p> | |
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| <p>Sisyrinchium angustifolium P. Mill.</p> | <p>Narrowleaf Blueeyed Grass</p> | <p>Antidiarrheal; Gastrointestinal Aid; Pediatric Aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 12, 20); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)</p> | |
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| Thalictrum dioicum L. | Early Meadow rue | Antidiarrheal; Antiemetic | Cherokee | Mayes | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 46, 47); Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53) | |
| Thalictrum thalictroides (L.) Eames & Boivin | Rue Anemone | Antidiarrheal; Antiemetic | Cherokee | Adair, Canadian, Carter, Cherokee, Choctaw, Delaware, Johnston, Latimer, Le Flore, Look Up, Mayes, McCurtain, Muskogee, Nowata, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa | East & West | Mooney, "Sacred Formulas of the Cherokees," (pg. 327); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53) | |

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| Cicuta maculata L. | Spotted Water Hemlock | Ceremonial Medicine; Contraceptive | Cherokee | Adair, Alfalfa, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 94); Mooney "The Swimmer Manuscript" (p. 117); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 45); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31) | |
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| Cicuta maculata var. maculata | Spotted Water Hemlock | Febrifuge | Seminole | Adair, Alfalfa, Atoka, Bryan, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Haskell, Johnston, Latimer, Le Flore, Lincoln, Logan, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pushmataha, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Woods, Woodward | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 282) | |
| Eleocharis geniculata (L.) Roemer & J.A. Schultes | Canada Spikesedge | Analgesic; Antidiarrheal; Antirheumatic (external); Emetic; Febrifuge; Unspecified; Vertigo Medicine; Urinary Aid | Seminole | Atoka, Beckham, Cleveland, Jefferson, McClain, Oklahoma, Woods, Woodward | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 203, 210, 213, 274) | |

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| Physalis virginiana P. Mill. | Virginia Groundcherry | Stimulant | Meskwaki | Adair, Alfalfa, Beaver, Beckham, Bryan, Cherokee, Cimarron, Cleveland, Craig, Delaware, Dewey, Ellis, Garfield, Grady, Greer, Harmon, Harper, Jefferson, Johnston, Kay, Latimer, Le Flore, Logan, Major, Mayes, McCurtain, McIntosh, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Wagoner | East & West | Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 247,248) | |
| Impatiens sp. | | Kidney Aid (dropsy) | Creek | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663) | Comm name missin, error o USDA |
| Apocynum androsaemifolium L. | Spreading Dogbane | Gynecological Aid; Kidney Aid | Meskwaki | Adair, Carter, Delaware, Grady, Muskogee, Ottawa, Woods | East & West | Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 201) | |

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| <p>Asclepias quadrifolia Jacq.</p> | <p>Fourleaf Milkweed</p> | <p>Analgesic; Dermatological Aid; Kidney Aid; Laxative; Urinary Aid; Venereal Aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Cherokee, Delaware, Haskell, Latimer, Le Flore, Mayes, McCurtain, Muskogee, Ottawa, Pittsburg, Pushmataha, Sequoyah, Tulsa</p> | <p>East & West</p> | <p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)</p> | <p>Look a listing Asclep syriaca comm milkwe Looks Hamel have u same origina source: all milkwe</p> |
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| Asclepias syriaca L. | Common Milkweed | Analgesic; Dermatological Aid; Kidney Aid; Laxative; Urinary Aid; Venereal Aid | Cherokee (also possibly listed as Natchez) | Craig, Ellis, Garfield, Le Flore, Logan, Major, Osage, Tulsa, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667, 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 52) | |
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| Baptisia alba var. macrophylla (Larisey) Isely | Largeleaf Wild Indigo | Dermatological Aid | Choctaw | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Grady, Haskell, Hughes, Jackson, Johnston, Kay, Latimer, Le Flore, Lincoln, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Tulsa, Wagoner, Washington | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 31) | |
| Baptisia alba var. macrophylla (Larisey) Isely | Largeleaf Wild Indigo | Dermatological Aid; Hemorrhoid Remedy; Kidney Aid; Respiratory Aid; Snake Bite Remedy | Meskwaki | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Grady, Haskell, Hughes, Jackson, Johnston, Kay, Latimer, Le Flore, Lincoln, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Tulsa, Wagoner, Washington | East & West | Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175- 326 (p. 228) | |

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| <p>Helenium amarum var. amarum</p> | <p>Yellowdic ks</p> | <p>Dermatological Aid; Herbal Steam; Kidney Aid</p> | <p>Koasati</p> | <p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kiowa, Latimer, Le Flore, Lincoln, Love, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Texas, Tulsa, Wagoner, Washington, Woods</p> | <p>East & West</p> | <p>Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 62)</p> | |
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| <p>Petroselinum crispum (P. Mill.) Nyman ex A.W. Hill</p> | <p>Parsley</p> | <p>Abortifacient; Gynecological Aid; Kidney Aid; Urinary Aid</p> | <p>Cherokee</p> | <p>Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Garvin, Grady, Greer, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Woods</p> | <p>East & West</p> | <p>Mooney "The Swimmer Manuscript" (p. 118); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47)</p> | |
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| Ilex vomitoria Ait. | Yaupon | Emetic; Hallucinogen | Cherokee | Atoka, Latimer, Le Flore, McCurtain, | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 38); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 12, 62) | |
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| Ilex vomitoria Ait. | Yaupon | Cathartic; Emetic; Ceremonial medicine | Creek | Atoka, Latimer, Le Flore, McCurtain, | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 666); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 38) | Also Alabar medici Swanto 666 |
| Ilex vomitoria Ait. | Yaupon | Psychological Aid | Seminole | Atoka, Latimer, Le Flore, McCurtain, | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 261) | |

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| <p>Chenopodium ambrosioides L.</p> | <p>Mexican Tea (Swanton refers to this as wormseed)</p> | <p>Febrifuge; Panacea; Tonic</p> | <p>Creek</p> | <p>Adair, Alfalfa, Bryan, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Jackson, Le Flore, Look Up, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Washington</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 40, 41); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657; 668); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 22)</p> | |
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| Chenopodium ambrosioides L. | Mexican Tea | Blood Medicine; Gastrointestinal Aid; Pulmonary Aid; Sedative; Stimulant | Seminole | Adair, Alfalfa, Bryan, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Creek, Delaware, Grady, Hughes, Jackson, Le Flore, Look Up, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Washington | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 233, 241, 276) | |
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| <p>Achillea millefolium L.</p> | <p>Common Yarrow</p> | <p>Antihemorrhagic; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Gynecological Aid; Hemorrhoid Remedy; Respiratory Aid; Sedative; Urinary Aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)</p> | |
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| <p>Achillea millefolium L.</p> | <p>Common Yarrow</p> | <p>Toothache Remedy</p> | <p>Creek</p> | <p>Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 663)</p> | |
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| Castanea pumila (L.) P. Mill. | Allegheny Chinkapin | Analgesic; Dermatological Aid; Febrifuge | Cherokee | unknown | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31); Mooney "The Swimmer Manuscript" (p. 200); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29) | |
| Hypericum gentianoides (L.) B.S.P. | Orangegrass | Abortifacient; Antidiarrheal; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Hemostat; Snake Bite Remedy; Strengtheners; Venereal Aid | Cherokee | Delaware, Latimer, Le Flore | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53) | |

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

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| Hypericum perforatum L. | Common St. Johnswort | Abortifacient; Antidiarrheal; Dermatological Aid; Febrifuge; Gastrointestinal Aid; Hemostat; Snake Bite Remedy; Strengtheners; Venereal Aid | Cherokee | Alfalfa, Cherokee, Cleveland, Coal, Comanche, Cotton, Delaware, Garfield, Grady, Hughes, Jefferson, Le Flore, Lincoln, Major, Murray, Muskogee, Okfuskee, Oklahoma, Osage, Ottawa, Stephens, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 88); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53) | |
| Potentilla sp. | Five Finger | Febrifuge | Cherokee | | | Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74) | Error c USDA |
| Salix <input type="checkbox"/> pendulina Wenderoth [babylonica <input type="checkbox"/> fragilis] | Weeping Willow | Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic | Cherokee | | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |
| Salix humilis Marsh. | Prairie Willow | Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic | Cherokee | | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |

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Medicinal Plant Spread Sheet

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| Salix humilis var. tristis (Ait.) Griggs | Prairie Willow | Analgesic; Antidiarrheal; Eye Medicine; Febrifuge; Other | Seminole | Adair, Atoka, Bryan, Choctaw, Cotton, Custer, Harmon, Jackson, Jefferson, Latimer, Love, McCurtain, Murray, Nowata, Ottawa | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 103, 202, 208) | |
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| Salix nigra Marsh. | Black Willow | Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |
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| Aquilegia canadensis L. | Red Columbine | Gynecological Aid; Heart Medicine | Cherokee | Adair, Cherokee, Choctaw, Delaware, Le Flore, Lincoln, Mayes, McCurtain, Nowata, Osage, Ottawa, Rogers, Sequoyah, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30) | |
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| <p>Carpinus caroliniana Walt.</p> | <p>American Hornbeam</p> | <p>Antidiarrheal; Dermatological Aid; Urinary Aid</p> | <p>Cherokee</p> | <p>Atoka, Choctaw, Le Flore, McCurtain, Pushmataha</p> | <p>East & West</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 28, 29); Mooney "The Swimmer Manuscript" (p. 200, 265); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 15); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 39)</p> | |
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| Coreopsis tinctoria Nutt. | Golden Tickseed | Antidiarrheal | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Grant, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Major, Marshall, Mayes, McClain, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59) | |
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| Platanthera ciliaris (L.) Lindl. | Yellow Fringed Orchid | Analgesic; Antidiarrheal | Cherokee | Choctaw, Le Flore, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 23); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47) | |
| Platanthera ciliaris (L.) Lindl. | Yellow Fringed Orchid | Snake Bite Remedy | Seminole | Choctaw, Le Flore, McCurtain, Pushmataha | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 297) | |

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Medicinal Plant Spread Sheet

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| Ceanothus americanus L. | New Jersey Tea | Gastrointestinal Aid; Toothache Remedy | Cherokee (Alabama) | Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Creek, Delaware, Dewey, Ellis, Garvin, Grady, Haskell, Hughes, Johnston, Kay, Kiowa, Latimer, Le Flore, Look Up, Love, Major, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottwatomie, Pushmataha, Roger Mills, Sequoyah, Tulsa, Wagoner, Washington, Washita, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 85); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46) (Swanton, "Religious Beliefs," Alabama medicine p. 664) | |
| Panax sp. (Panax L.) | Ginseng | Adjuvant; Ceremonial Medicine; Diaphoretic; Febrifuge; Hemostat; Pediatric Aid; Pulmonary Aid | Creek | Cherokee, Delaware, Le Flore, McCurtain, Pittsburg, Tulsa | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 656) | Alabar medici used for sores; Swanton "Religious Beliefs" 665 |

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| Blephilia ciliata (L.) Benth. | Downy Pagodaplant (downy pagoda-plant) | Analgesic | Cherokee | Le Flore, Mayes, McCurtain, Rogers | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 108); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |
| Amianthium muscitoxicum (Walt.) Gray | Flypoison | Dermatological Aid; Poison | Cherokee | Le Flore | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 14); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34) | |

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| Andropogon virginicus L. | Broomsedge Bluestem (broom sedge per Hamel) | Antidiarrheal; Ceremonial Medicine; Dermatological Aid | Cherokee | Adair, Bryan, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Coal, Comanche, Craig, Custer, Delaware, Garvin, Grady, Hughes, Johnston, Kingfisher, Latimer, Le Flore, Lincoln, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Seminole, Sequoyah, Tillman, Tulsa, Washington, Woods | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 10, 83, 122); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27) | |
| Lyonia mariana (L.) D. Don | Piedmont Staggerbush | Dermatological Aid | Cherokee | Choctaw, Le Flore, McCurtain | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57) | |
| Frangula caroliniana (Walt.) Gray (rhamnus caroliniana per Swanton) | Carolina Buckthorn | Liver Aid (jaundice) | Creek (actually listed as Natchez or possibly Cherokee medicine by Swanton) | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Coal, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Ottawa, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Wagoner | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667) | Moern entry d not see correct |

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| Parthenocissus quinquefolia (L.) Planch. | Virginia Creeper | Liver Aid | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60) | |
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| Euphorbia sp. | | Cathartic | Creek | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661) | Error c USDA Swanti not sur info is correct |
| Hydrangea cinerea Small | Ashy Hydrangea | Antiemetic; Cathartic; Emetic; Gynecological Aid; Liver Aid | Cherokee | Adair, Cherokee, Delaware, Latimer, Le Flore, Mayes, Ottawa | East & West | Mooney "The Swimmer Manuscript" (p. 192); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 25) | |

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| Rubus idaeus ssp. strigosus (Michx.) Focke | Grayleaf Red Raspberry | Cathartic; Emetic; Gynecological Aid | Cherokee | Bryan, Comanche, Greer, Kiowa, Osage, Rogers, Tulsa, Wagoner | East & West | Mooney "The Swimmer Manuscript" (p. 246); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 30) | |
| Carex sp.(Carex L.) | Sedge | Antidiarrheal | Cherokee | All counties | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54) | |

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| Galium aparine L. | Stickywillow | Laxative | Cherokee | Alfalfa, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36) | |
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| Cichorium intybus L. | Chicory | Tonic; Dermatological Aid | Cherokee | Adair, Alfalfa, Atoka, Beaver, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29) | |
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| Cinchona calisaya | Quinine | Reproductive Aid; Tonic | Cherokee | Adair, Carter, Cherokee, Choctaw, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, Murray, Osage, Ottawa, Pontotoc, Pushmataha, Sequoyah, Stephens, Tulsa, Wagoner | | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 49) | Error c USDA |
| Frasera caroliniensis Walt. | American Columbo | Antidiarrheal; Antiemetic; Dietary Aid; Disinfectant; Gastrointestinal Aid; Tonic | Cherokee | Le Flore, McCurtain | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30) | |
| Pteridium aquilinum (L.) Kuhn | Western Brackenfern | Antiemetic; Disinfectant; Misc. Disease Remedy; Tonic | Cherokee | Adair, Atoka, Cherokee, Choctaw, Delaware, Latimer, Le Flore, McCurtain, Pushmataha | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33) | |
| Robinia hispida L. | Bristly Locust | Emetic; Toothache Remedy | Cherokee | Adair, Bryan, Caddo, Carter, Choctaw, Cleveland, Custer, Haskell, Johnston, Lincoln, McCurtain, McIntosh, Oklahoma, Okmulgee, Pawnee, Payne, Pottawatomie, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43) | |

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| <p>Robinia pseudoacacia L.</p> | <p>Black Locust</p> | <p>Emetic; Toothache Remedy</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Beckham, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Custer, Delaware, Ellis, Garvin, Grady, Grant, Greer, Harper, Haskell, Hughes, Jackson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Love, Major, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Sequoyah, Stephens, Texas, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East & West</p> | <p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)</p> | |
| <p>Tanacetum vulgare L.</p> | <p>Common Tansy</p> | <p>Analgesic; Anthelmintic; Gynecological Aid; Orthopedic Aid; Tonic</p> | <p>Cherokee</p> | <p>Delaware</p> | <p>East & West</p> | <p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)</p> | |

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| Ulmus sp. (Ulmus L.) | Elm | Toothache Remedy | Creek | All counties | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660) | |
| Aesculus sp. (Aesculus L.) | Buckeye | Poultice | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 31); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74) | |

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| Aesculus sp. | Buckeye | Tuberculosis remedy ("pulmonary consumption" | Creek | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Comanche, Craig, Creek, Delaware, Garvin, Grady, Johnson, Kay, Latimer, Le Flore, Look Up, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner, Washington | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 39) | |
| Alisma subcordatum Raf. | American Water Plantain | Dermatological Aid; Gastrointestinal Aid | Cherokee | Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Creek, Delaware, Garvin, Johnston, Latimer, Le Flore, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Washington | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |

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| Iris cristata Ait. | Dwarf Crested Iris | Dermatological Aid; Liver Aid; Urinary Aid | Cherokee | Adair, Cherokee, Le Flore, McCurtain, Pushmataha, Sequoyah | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41) | |
| Iris virginica L. | Virginia Iris | Dermatological Aid; Liver Aid; Urinary Aid | Cherokee | Atoka, Cherokee, Choctaw, McCurtain | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41) | |
| Celastrus scandens L. | American Bitterswe et | Analgesic; Antirheumatic (external); Cough Medicine; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid | Cherokee | Alfalfa, Blaine, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Logan, Major, Mayes, McIntosh, Murray, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Roger Mills, Rogers, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25) | |

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| Celastrus scandens L. | American Bittersweet | Analgesic; Gynecological aid; Orthopedic Aid; Urinary Aid | Creek | Alfalfa, Blaine, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Delaware, Ellis, Garfield, Garvin, Grady, Haskell, Johnston, Kay, Logan, Major, Mayes, McIntosh, Murray, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Roger Mills, Rogers, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661) | |
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| <p>Ampelopsis cordata Michx.</p> | <p>Heartleaf Peppervin e</p> | <p>Urinary Aid</p> | <p>Cherokee</p> | <p>Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Greer, Harmon, Haskell, Hughes, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Lincoln, Look Up, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward</p> | <p>East</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 85); Mooney "The Swimmer Manuscript" (p. 254, 283); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 41)</p> | |
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| Chamaesyce hypericifolia (L.) Millsp. | Graceful Sandmat | Urinary Aid | Cherokee | Grady, Greer, Marshall | East & West | Mooney, "Sacred Formulas of the Cherokees," pg. 325; Mooney "The Swimmer Manuscript" (p. 180, 307); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 35) | Moone calls it "Euphonia - Milkw |
| Citrullus lanatus var. lanatus | Watermelon | Kidney Aid; Pediatric Aid; Urinary Aid | Cherokee | Comanche, Custer, Marshall, McCurtain, Murray, Muskogee, Pottawatomie | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61) | |

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

Medicinal Plant Spread Sheet

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| Citrullus lanatus var. lanatus | Watermelon | Urinary Aid | Chickasaw | Comanche, Custer, Marshall, McCurtain, Murray, Muskogee, Pottawatomie | East & West | Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 59) | |
| Echium vulgare L. | Common Vipersbugloss (common viper's bugloss) | Urinary Aid | Cherokee | Oklahoma | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 107, 108); Mooney "The Swimmer Manuscript" (p. 307); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60) | |
| Houstonia caerulea L. | Azure Bluet | Urinary Aid | Cherokee | Rogers | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26) | |

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| <p>Parthenocissus sp. (Parthenocissus vitacea (Knerr) Hitchc.)</p> | <p>Woodbine</p> | <p>Venereal Aid (Gonorrhea)</p> | <p>Creek</p> | <p>Alfalfa, Cimarron, Cleveland, Comanche, Johnston, Murray, Roger Mills, Woods</p> | <p>East & West</p> | <p>Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 662); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 41)</p> | |
| <p>Stillingia sylvatica Garden ex L.</p> | <p>Queensdelight</p> | <p>Venereal Aid</p> | <p>Cherokee</p> | <p>Beaver, Ellis, Roger Mills, Beckham, Greer, Jackson, Kiowa, Washita, Custer, Dewey, Woodward, Woods, Alfalfa, Blaine, Caddo, Comanche, Grady, Canadian, Garfield, Grant, Noble, Logan, Oklahoma, Cleveland, McClain, Love, Murray, Payne, Osage, Tulsa, Hughes, Johnston, Marshall, Bryan, McCurtain, Muskogee</p> | <p>East & West</p> | <p>Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)</p> | |

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| Stillingia sylvatica ssp. sylvatica | Queensdel ight | Antidiarrheal; Antiemetic; Blood Medicine; Dietary Aid; Other; Pediatic Aid; Strengtheners | Seminole | Beaver, Ellis, Roger Mills, Beckham, Greer, Jackson, Kiowa, Washita, Custer, Dewey, Woodward, Woods, Alfalfa, Blaine, Caddo, Comanche, Grady, Canadian, Garfield, Grant, Noble, Logan, Oklahoma, Cevland, McClain, Love, Murray, Payne, Osage, Tulsa, Hughes, Johnston, Marshall, Bryan, McCurtain, Muskogee | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 168, 234, 247, 275) | |
| Chaerophyllum procumbens (L.) Crantz | Spreading Chervil | Emetic; Poison | Chickasaw | Adair, Atoka, Blaine, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Creek, Delaware, Garfield, Grady, Haskell, Johnston, Kay, Latimer, Logan, Mayes, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Rogers, Sequoyah, Tulsa, Wagoner, Washington | East & West | Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 289) | |

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| Asarum sp. (Asarum L.) | Wild Ginger (wildginger) | Dermatological Aid | Cherokee | Adair, Cherokee, Delaware, Look Up, Mayes, McCurtain, Murray, Ottawa, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 38); Mooney "The Swimmer Manuscript" (p. 209, 252); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74) | |
| Heteranthera reniformis Ruiz & Pav. | Kidneyleaf Mudplantain | Dermatological Aid | Cherokee | McCurtain, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |
| Polypodium virginianum L. | Rock Polypody | Dermatological Aid | Cherokee | unknown | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 60, 61) | |

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| <p>Amelanchier canadensis (L.) Medik.</p> | <p>Canadian Serviceberry</p> | <p>Anthelmintic; Pediatric Aid</p> | <p>Cherokee</p> | <p>Latimer, Mayes, Osage, Payne, Rogers</p> | <p>East</p> | <p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 60); Mooney, "Sacred Formulas of the Cherokees," (pg. 356); Mooney "The Swimmer Manuscript" (p. 283); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 27)</p> | |
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| Bidens bipinnata L. | Spanish-needles | Anthelmintic; Throat Aid | Cherokee | Adair, Alfalfa, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Creek, Delaware, Dewey, Garvin, Grady, Haskell, Jefferson, Johnston, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Tulsa, Washington, Woods, Woodward | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57) | |
| Cerastium fontanum ssp. vulgare (Hartman) Greuter & Burdet | Big Chickweed | Anthelmintic; Pediatric Aid | Cherokee | Atoka, Bryan, Caddo, Canadian, Cherokee, Choctaw, Cleveland, Delaware, Johnston, Latimer, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Pittsburg, Pottawatomie, Pushmataha, Seminole | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 21); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29) | |
| Dryopteris filix-mas (L.) Schott | Male Fern | Anthelmintic | Cherokee | Adair, Cimarron | West & Northeast | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 34) | |

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| Fagus grandifolia Ehrh. | American Beech | Anthelmintic | Cherokee | Le Flore, McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17, 25, 30, 31, 32, 50, 58, 59, 81, 86, 87, 90); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25) | |
| Melia azedarach L. | Chinaberry tree | Anthelmintic; Dermatological Aid | Cherokee | Bryan, Choctaw, Johnston, Le Flore, Marshall, McCurtain, Muskogee, Payne, Tulsa | East & West | Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29) | |
| Portulaca oleracea L. | Little Hogweed | Anthelmintic; Ear Medicine | Cherokee | Adair, Beaver, Canadian, Cherokee, Cimarron, Cleveland, Ellis, Grady, Grant, Harmon, Harper, Haskell, Hughes, Le Flore, Major, McClain, McCurtain, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Roger Mills, Texas, Tillman, Tulsa, Washington, Woods | East & West | Mooney, "Sacred Formulas of the Cherokees," pg. 322-323; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51) | Moone calls is commo purslar chickw |
| Add on | | | | | | | |

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| Eupatorium perfoliatum L. | Common Boneset | Epilepsy Aid; Gynecological Aid(?)- herbal steam for aches and pains in the hips of women | Creek | Atoka, Beaver, Bryan, Cherokee, Choctaw, Cleveland, Craig, Ellis, Grady, Johnston, Latimer, Le Flore, Marshall, McCurtain, Muskogee, Okfuskee, Oklahoma, Osage, Payne, Sequoyah | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658) | This is Moern listing |
| Vitis aestivalis Michx. | Summer Grape | Snake bite; Throat Aid | Creek | Adair, Atoka, Bryan, Canadian, Carter, Cherokee, Choctaw, Coal, Craig, Creek, Delaware, Grady, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Muskogee, Ottawa, Pittsburg, Pontotoc, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 17; 31, 81, 85, 86); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 660) | |
| ? -see Swanton dwarf variety of wild rose or wild rose | | Antidiarrheal (dysentery); Gynecological Aid | Creek | | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660) | Not lis by Moern but fou Swant |

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| Cornus L. | Dogwood | Flux | Creek | All counties except Cimarron and Texas per OK Vascular | East & West | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660) | Not listed by Moern but found Swanton |
| Smilax glauca Walt. (Smilax Rotundifolia, S. Tamnifolia, S. Herbacea per Hamel) | Cat Greenbrier (common greenbrier, carrion flower, sawbrier per Hamel) | Ulcer medicine | Creek | Bryan, Cherokee, Chotaw, Johnston, Latimer, Le Flore, McCurtain, Muskogee, Ottawa, Payne, Pittsburg, Pontotoc, Pushmataha, Sequoyah, Tulsa, Washington | | Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37) | This is Moern listing |
| Arnoglossum atriplicifolium (L.) H. Rob. | pale Indian plantain | Poultice (for cuts, bruises, and cancer, to draw out the blood or poisonous matter) | Cherokee | Pawnee | East & West | Mooney, "Sacred Formulas of the Cherokees, pg. 326; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58) | Moone calls it "Cacal atriplic - Tasse Flower |

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| Pastinaca sativa L. | Wild Parsnip | Analgesic | Cherokee | Cleveland, Oklahoma | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 95); Mooney, "Sacred Formulas of the Cherokees, pg. 368; Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47) | |
| Geaster Hycometricus (Lycoperdon Pyriforme or Geaster spp.) | Persoon, Puffball | to make funiculus fall off newborn child; used as a powder on old sores | Cherokee | Atoka, Bryan, Carter, Choctaw, Cleveland, Coal, Comanche, Garvin, Haskell, Hughes, Jefferson, Johnston, Latimer, Le Flore, Lincoln, Look Up, Marshall, McClain, McCurtain, Murray, Muskogee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Seminole, Stephens | West | Banks, William (1953). Ethnobotany of the Cherokee Indians, pg. 1; Mooney "The Swimmer Manuscript" (p. 124); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33) | Was not listed in Moerman's site; is found in USDA under scientific name, shows when puffball searched "Marsh caespit Nutt. e DC." |

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| Sagittaria latifolia Willd. | Broadleaf Arrowhead | Febrifuge; Pediatric Aid | Cherokee | Adair, Atoka, Beaver, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Grant, Harper, Haskell, Kay, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Wagoner, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |
| Sagittaria latifolia Willd. | Broadleaf Arrowhead | Dermatological Aid (Plant used for alligator bites) | Seminole | Adair, Atoka, Beaver, Blaine, Bryan, Canadian, Cherokee, Choctaw, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Grant, Harper, Haskell, Kay, Marshall, Mayes, McCurtain, Murray, Muskogee, Nowata, Okfuskee, Okmulgee, Osage, Ottawa, Payne, Pittsburg, Pushmataha, Wagoner, Washington, Washita, Woods, Woodward | East & West | Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 298); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |

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| Schoenoplectus tabernaemontani (K.C. Gmel.) Palla (Scirpus Validus per Hamel) | Softstem Bulrush (great bulrush per Hamel) | Emetic; Oral Aid | Cherokee | Adair, Alfalfa, Atoka, Beckham, Bryan, Caddo, Cimarron, Cleveland, Comanche, Custer, Garvin, Grady, Grant, Harmon, Huges, Johnston, Kay, Kingfisher, Logan, Love, Major, Marshall, Mayes, McClain, Murray, Noble, Oklahoma, Ottawa, Pawnee, Pontotoc, Seminole, Texas, Washita | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 10); Mooney "The Swimmer Manuscript" (p. 91, 198); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 6); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27) |
| Juncus tenuis Willd. | Poverty Rush | Oral Aid; Orthopedic Aid; Pediatric Aid; Strengthner | Cherokee | Adair, Atoka, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cimarron, Comanche, Craig, Custer, Delaware, Garvin, Grant, Haskell, Johnston, Kingfisher, Latimer, Le Flore, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Nowata, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pontotoc, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Tulsa, Washington, Woods | | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 13); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53) |

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| Aplectrum hyemale (Muhl. ex Willd.) Torr. | Adam And Eve | Dietary Aid; Pediatric Aid | Cherokee | Le Flore, McCurtain | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 20); Mooney "The Swimmer Manuscript" (p. 128); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51) | |
| Saururus cernuus L. | Lizards Tail | Dermatological Aid; Poultice | Cherokee | Bryan, Cherokee, Choctaw, Delaware, Haskell, Latimer, Mayes, McCurtain, Muskogee, Ottawa, Pushmataha, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 23); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43) | |
| Saururus cernuus L. | Lizards Tail | Dermatological Aid | Choctaw | Bryan, Cherokee, Choctaw, Delaware, Haskell, Latimer, Mayes, McCurtain, Muskogee, Ottawa, Pushmataha, Sequoyah | East & West | Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 23) | |

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| Corylus americana Walt. | American Hazelnut | Dermatological Aid; Emetic | Cherokee | Adair, Cherokee, Delaware, Johnston, Le Flore, McCurtain, Ottawa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 30); Mooney "The Swimmer Manuscript" (p. 218); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 16); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37) | |
| Pilea pumila (L.) Gray | Canadian Clearweed | Dermatological Aid; Dietary Aid | Cherokee | Adair, Caddo, Canadian, Cherokee, Cleveland, Comanche, Craig, Delaware, Grady, Jackson, Kay, Mayes, McCurtain, Murray, Muskogee, Osage, Ottawa, Pontotoc, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 34, 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52, 53) | |

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| Comandra umbellata (L.) Nutt. | Bastard Toadflax | Dermatological Aid; Kidney Aid | Cherokee | Adair, Blaine, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Custer, Delaware, Ellis, Garvin, Grady, Greer, Harper, Jackson, Kiowa, Love, Major, Mayes, McClain, Murray, Muskogee, Oklahoma, Ottawa, Pottawatomie, Pushmataha, Roger Mills, Texas, Tulsa, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 35); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24) | |
| Rumex acetosella L. | Common Sheep Sorrel | Dermatological Aid | Cherokee | Adair, Alfalfa, Bryan, Caddo, Cherokee, Choctaw, Creek, Delaware, Grady, Johnston, Le Flore, McCurtain, Muskogee, Oklahoma, Okmulgee, Ottawa, Pushmataha, Sequoyah, Stephens | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 39); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
| Amaranthus retroflexus L. | Redroot Amaranth | Ceremonial Medicine; Dermatological Aid; Gynecological Aid | Cherokee | Beaver, Blaine, Bryan, Caddo, Canadian, Cherokee, Cimarron, Cleveland, Comanche, Custer, Grady, Grant, Greer, Harper, Hughes, Jackson, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Logan, Marshall, McCurtain, Murray, Muskogee, Noble, Oklahoma, Osage, Payne, Pottawatomie, Roger Mills, Texas, Tulsa, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |

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| Amaranthus spinosus L. | Spiny Amaranth | Ceremonial Medicine; Dermatological Aid; Gynecological Aid | Cherokee | Bryan, Cherokee, Cleveland, Craig, Creek, Delaware, Garfield, Grady, Haskell, Jackson, Johnston, Kingfisher, Latimer, Le Flore, Logan, McClain, McCurtain, Murray, Muskogee, Oklahoma, Osage, Ottawa, Payne, Pittsburg, Pontotoc, Pottawatomie, Sequoyah, Texas, Tulsa, Washington, Woods | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 41); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23) | |
| Clitoria mariana L. | Atlantic Pigeonwings | Oral Aid | Cherokee | Adair, Atoka, Bryan, Carter, Cherokee, Choctaw, Cleveland, Comanche, Creek, Delaware, Garvin, Hughes, Johnston, Latimer, Le Flore, Love, Marshall, Mayes, McCurtain, McIntosh, Murray, Muskogee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Sequoyah, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 70); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47) | |
| Desmodium nudiflorum (L.) DC. | Nakedflower Ticktrefoil | Analgesic; Oral Aid; | Cherokee | Adair, Canadian, Cherokee, Choctaw, Comanche, Creek, Delaware, Johnston, Latimer, Le Flore, Mayes, McCurtain, Oklahoma, Osage, Ottawa, Pushmataha, Rogers, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 71); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59) | |

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| Stylosanthes biflora (L.) B.S.P. | Sidebeak Pencilflower | Abortifacient; Gynecological Aid | Cherokee | Adair, Atoka, Bryan, Caddo, Carter, Cherokee, Choctaw, Cleveland, Coal, Craig, Creek, Delaware, Ellis, Grady, Haskell, Hughes, Johnston, Kingfisher, Latimer, Le Flore, Lincoln, Logan, Love, Marshall, Mayes, McCurtain, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Sequoyah, Tulsa, Wagoner, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 72, 73, 88); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57) | |
| Trifolium pratense L. | Red Clover | Febrifuge; Gynecological Aid; Kidney Aid | Cherokee | Adair, Bryan, Caddo, Cherokee, Choctaw, Cleveland, Creek, Delaware, Johnston, Kay, Le Flore, Logan, Mayes, McCurtain, Muskogee, Nowata, Oklahoma, Osage, Ottawa, Payne, Pottawatomie, Pushmataha, Rogers, Tulsa, Wagoner | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 29) | |

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| Oxalis corniculata L. | Creeping Woodsorrel 1 | Anthelmintic; Antiemetic; Blood Medicine; Cancer Treatment; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid | Cherokee | Adair, Alfalfa, Atoka, Beckham, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, Choctaw, Cleveland, Coal, Comanche, Cotton, Craig, Creek, Custer, Delaware, Dewey, Ellis, Garfield, Garvin, Grady, Grant, Greer, Harmon, Harper, Haskell, Hughes, Jackson, Jefferson, Johnston, Kay, Kingfisher, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Sequoyah, Stephens, Texas, Tillman, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
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| Oxalis violacea L. | Violet Woodsorrel 1 | Anthelmintic; Antiemetic; Blood Medicine; Cancer Treatment; Dermatological Aid; Oral Aid; Pediatric Aid; Throat Aid | Cherokee | Adair, Atoka, Blaine, Bryan, Caddo, Canadian, Carter, Cherokee, West Choctaw, Cleveland, Coal, Comanche, Craig, Creek, Custer, Delaware, Ellis, Garfield, Garvin, Grady, Greer, Haskell, Hughes, Jefferson, Johnston, Kay, Kiowa, Latimer, Le Flore, Lincoln, Logan, Love, Major, Marshall, Mayes, McClain, McCurtain, McIntosh, Murray, Muskogee, Noble, Okfuskee, Oklahoma, Okmulgee, Osage, Ottawa, Pawnee, Payne, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Rogers, Seminole, Sequoyah, Stephens, Tulsa, Wagoner, Washington, Washita, Woods, Woodward | East & Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 75); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56) | |
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

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| Polygala verticillata L. | Whorled Milkwort | Other | Cherokee | Adair, Atoka, Bryan, Caddo, Carter Cherokee, Choctaw, Cleveland, Comanche, Cotton, Delaware, Garvin, Grady, Johnston, Latimer, Le Flore, Marshall, McClain, McCurtain, Muskogee, Noble, Okfuskee, Oklahoma, Osage, Payne, Pontotoc, Pottawatomie, Pushmataha, Roger Mills, Seminole, Stephens, Tulsa, Woodward | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 76); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 45) | |
| Monotropa uniflora L.Indianpipe | | Anticonvulsive; Dermatological Aid; Eye Medicine; Pediatric Aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Latimer, Le Flore, McCurtain, Muskogee, Pushmataha, Tulsa | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 97, 98); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40) | |
| Pedicularis canadensis L. | Canadian Lousewort | Antidiarrheal; Cough Medicine; Dermatological Aid; Gastrointestinal Aid | Cherokee | Adair, Atoka, Bryan, Cherokee, Choctaw, Craig, Delaware, Latimer, Le Flore, McCurtain, Muskogee, Oklahoma, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 117); Mooney "The Swimmer Manuscript" (p. 275); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43) | |

Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,

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| Mitchella repens L. | Partridgeberry | Analgesic; Antidiarrheal; Dermatological Aid; Diaphoretic; Dietary Aid; Diuretic; Gastrointestinal Aid; Gynecological Aid; Hemorrhoid Remedy; Pediatric Aid | Cherokee | Choctaw, Le Flore, McCurtain, Pushmataha | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 120); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 47) |
| Lobelia spicata Lam. | Palespike Lobelia | Orthopedic Aid | Cherokee | Adair, Bryan, Cherokee, Choctaw, Comanche, Craig, Delaware, Haskell, Hughes, Johnston, Latimer, Le Flore, Mayes, McCurtain, McIntosh, Muskogee, Nowata, Osage, Ottawa, Pittsburg, Pushmataha, Rogers, Sequoyah, Tulsa, Washington | East & West | Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 123, 124); Mooney "The Swimmer Manuscript" (p. 226); Taylor, Linda Averill 1940 Plants Used As Curatives by Certain Southeastern Tribes. Cambridge, MA. Botanical Museum of Harvard University (p. 60); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p.43) |
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Note: Any cell that is blank has missing information that was not found/verified in resources including OK vascular, USDA website,